Generational Differences in Volunteerism:

Tailoring the Ask for Success



Lisa Morin

- Bodwell Center for Service and Volunteerism at University of Maine since 2010
- More than 25 years experience working with non-profit organizations largely supported by volunteers and creating community service opportunities
- Heart of Maine United Way Community Impact Committee Member since 2011
- Served on community boards and committees as well as City Council and School Board



Trisha A Mason, MA

- Founded the UNE office of service learning
- Created mutually beneficial long term partnerships, created positive community impact
- Engaged hundreds of health professions student in service to vulnerable populations
- Continually adapting programming to changes in student demographics, motivations, environment, schedules, community needs, etc.

SO WHO ARE THE DIFFERENT GENERATIONS?

Here is how they are often grouped:



TRADITIONALISTS:

Value authority and a top-down management approach; hard working; 'make do or do without'.



BABY BOOMERS:

Expect some degree of deference to their opinions; workaholics



GENERATION X:

Comfortable with authority; will work as hard as is needed: importance of work life balance.



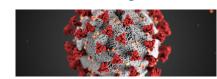
Respect must be earned. Technologically savvy; goal and achievement oriented.



GENERATION Z:

Many traits still to emerge. Digital natives, fast decision makers, highly connected.

Covid Generation a.k.a. Gen Alpha



Engaging the Generations in Volunteerism: *Characteristics*



Dedicated, disciplined, rule followers, respect for authority. Least likely volunteers, but contribute most hours.



Team Orientated, financially stable, workaholics, loyal. Contribute more hours than their share of the population.



Self Reliant, skeptics, task oriented, risk taker, work/life balance.

Younger ones contribute more than older within this subset.



Tech Savvy, high expectations, goal focused, work smarter not harder.



Younger ones contribute more than older within this subset.

Curious, creative, entrepreneurial, social justice, immediate satisfaction. Most likely to volunteer and/or be required to.

Engaging the Generations in Volunteerism: Motivation/Influences



My Duty/Your experience is respected/Officials



I can help make things better/You are needed/Experts



Why do I get involved?/Do it your way/Practitioners



I have great ideas/You'll be part of a great team/Peers



Trackable change/Receive mentorship & feedback/Ethics & diversity

Engaging the Generations in Volunteerism: *Engagement*



Leave a legacy, be a mentor



725 - 1944



Raise your status, create an impact, accessibility & regular communication



Gain skills, achieve more, build like minded community



Be creative, provide input, family friendly



Demonstrate, show value, flexibility

Engaging the Generations in Volunteerism: Communication



Traditional, print, face to face



Broadcast, mass media, face to face, email

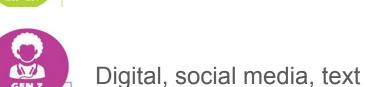


Direct, targeted, email, text

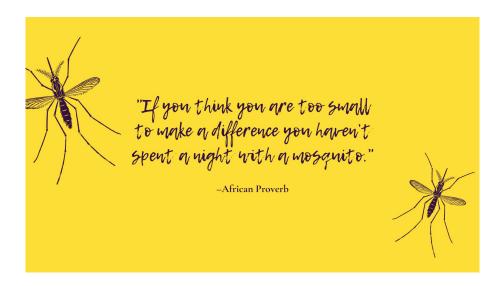




Online, linked, text, social media



Keys to Creating (and maintaining) a Lifelong Commitment to Service



Create Multiple Pathways for



SPRING 2024 WCHP SERVICE LEARNING*

TRISHA MASON, DIRECTOR
TMASON2@UNE.EDU
WWW.UNE.EDU/WCHP/SERVICE

Meals for Maine Food Insecurity Project Planning Team (September 2024)

In partnership with the Office of Student Life close to 250 volunteers will pack 50,000 non-perishable meals (on each campus) that will be distributed state

Harm Reduction Public Health Project with Maine Dept. of Corrections -March 25th AND April 1st 5-8pm in Windham

Four the Maine Correctional Center in Windham, be criented on harm reduction by wardens, health care providers, parole officers and their clients and learn as the positive impact you can have on individuals as they are released from invarceration. Students will work together with clients officers and staff as

they assemble 1,000 wellness kits that will be distributed state-wide. By application only, limited space available for participation.

Baron Center Dinner with Friends & Craft Night - 5-6:30pm (2/5, 3/5, 4/4 & 3/28)

Chose to spend an evening (or multiple) getting to know an elder in our community. Residents range from 49 to 96 with a variety of backgrounds. Students will tine in pairs with residents (dinner provided). A "Sun & Bloom" Craft night will have uou creating and planting fun spring projects alongside residents.

<u> Vellness Center at Westbrook Public Housing - Wii Bowling League & Mini Wellness Fair (Dates TBD)</u>

he UNE wellness center links students, faculty and staff with the 650* residents of Westbrook Housing Authority, a leading provider of affordable housing for older, adults in Maine (average age 72). Students collaboratively organize wellness activities for residents and host fun and interactive events.

Milestone Recovery - Info Session & Sandwich Making - Dates TBD

Learn about homelessness and substance use disorders while assisting the shelter. We will assemble nearly 50 PB&J sandwiches and discuss voluntee opportunities. Following students can sign up to lead a supply drive, shadow the HOME Team, serve dispersand on help staff with other tasks.

Boys & Girls Club of Greater Portland - Mentoring, Tutoring & Special Events - Info & Orientation Feb 8 @ 12pm
Attend this required orientation presented by club staff to learn about volunteer opportunities in and around the Portland Clubs

Portland Schools STEM Expos - 3/22, 4/4, 4/5 - 8:30-12:45

Gather some classmates and create an interactive and educational station that showcases STEM elements of your academic progr

Register using the QR code to receive more information including applications, deadlines, etc. for your top choices:







GRAB SOME LUNCH & LEARN ABOUT THE WIDE VARIETY OF SERVICE OPPORTUNITIES

AVAILABLE THIS SEMESTER

FMI: TRISHA MASON, TMASON2@UNE,EDU

DINNER WITH FRIENDS Good Company, Good Conversation and Good Food! 5:00-6:30PM MONDAY, FEBRUARY 5TH TUESDAY, MARCH 5TH THURSDAY APRIL 4TH CRAFTS & PLANTING HERBS-THURSDAY MARCH 28TH The Barron Center, 1145 Brighton Ave, Portland Join us at the Barron Center for dinner and get to know the residents! Share wisdom, share lokes, share stories and make a new friend. Sign up via Google Sheets

Diversity Communication





INNOVATION FOR A HEALTHIER PLANET



A Collaboration of the Office of Student Life and WCHP Office of Service Learning in Observance of the September 11 National Day of Service and Remembrance

Thank you to our generous sponsors:

















Demonstrate value to each constituency



Connect multiple generations with each other



Engage early...

Be inclusive, flexible and adaptable





THANK YOU

Trisha Abramson Mason, M.A.

Director, Service Learning

Westbrook College of Health Professions

University of New England

tmason2@une.edu

(207) 221-4112

www.une.edu/wchp/service

References

https://www.speechpathology.com/articles/multiple-generations-in-workplace-effective-20613

https://www.ndcompass.org/trends/ask-a-researcher/Rachelle Vettern October 2018.php

https://upwithpeople.org/uwp-blog/meet-generation-volunteers/

https://www.treefarmsystem.org/stuff/contentmgr/files/2/b02ef00aae0f0a75a5a57fb0d3f8f20c/files/atfs_national_conference___pwc_presentation.pdf

https://www.galaxydigital.com/blog/engaging-generations-of-volunteers

https://www.slideshare.net/slideshow/engaging-four-generations-infographic-options-with-learning-ltd/29240103

https://pointapp.org/blog/gen-z-and-millennial-volunteers/

https://cadm.com/our-generation-does-not-define-us/

https://www.shrm.org/topics-tools/news/inclusion-diversity/motivates-workers-depends-generation

https://www.linkedin.com/pulse/generations-matter-when-recruiting-retaining-jolene-ondrik

Who are we?

- Non-Profits
- Educators (early childhood through HED)
- Companies with lots of employees
- Rely on volunteers

- Volunteered as a child (18 and under)
- Serve on a committee or board
- Volunteered with friends
- Volunteered with family/children
- Moved to a new State or Country







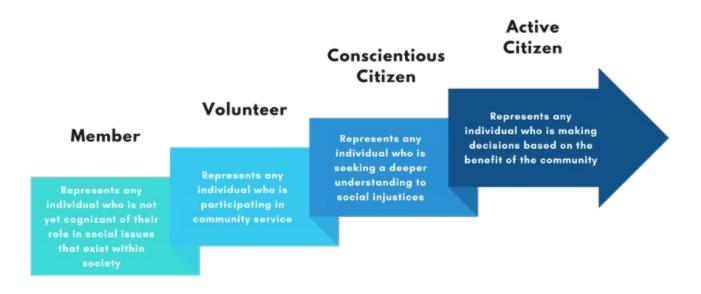




Creating a Lifelong Commitment to Service

ACTIVE CITIZEN CONTINUUM MODEL

Adapted from Break Away (2014)



Types of Volunteer Opportunities

Episodic/One Time vs Regular

Individual vs Group

Skilled vs Unskilled

Career vs Hobby

Direct Contact vs Indirect Contact

Family Opportunities

Barriers by Generation



immediate satisfaction, but less face-to-face



Online advertising or signup, don't use email, transportation



Online advertising or signup (older), transportation, caring for



grandchildren



Working full-time, families (younger)

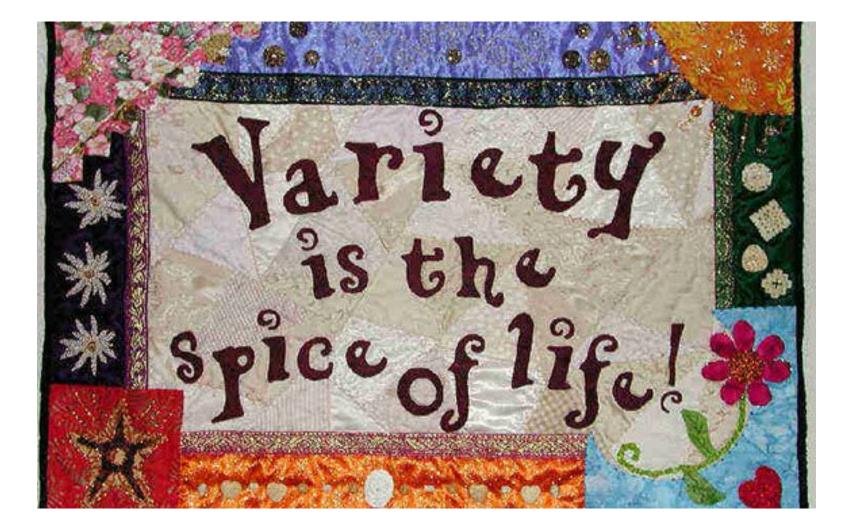






Working full-time, families, time for dinner Don't use email or social media as much, too many accounts, over committed, transportation, what about the ones that didn't go to college,







Lisa Morin
Coordinator
Bodwell Center for Service & Volunteerism
University of Maine
lisa.morin@maine.edu
(207) 581-4194
umaine.edu/volunteer



Trisha Abramson Mason, M.A.

Director, Service Learning

Westbrook College of Health Professions

University of New England

tmason2@une.edu

(207) 221-4112

www.une.edu/wchp/service