

2013 MAINE NATIONAL SERVICE IMPACT

The Public's Return
on Investment





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THIS REPORT

This document profiles the 2013 AmeriCorps, Senior Corps, and Volunteer Generation Fund grantees operating in Maine. Their accomplishments improve the quality of life in the communities they serve.

Report Format

- ◆ Overview pages describe each National Service program type, summarize data, and list the community organizations that partnered with the grantee and hosted a National Service participant.
- ◆ Each profile that follows an overview summarizes the individual grantee's program, its purpose, funding, accomplishments, and offers comments from those who benefited.

We hope you find this report informative. We urge you to contact the staff of National Service programs to arrange a visit or have your questions answered.

THE GOVERNMENT PARTNERS

THE CORPORATION FOR NATIONAL AND COMMUNITY SERVICE (CNCS)

NATIONALSERVICE.GOV

CNCS is the federal agency that administers Senior Corps, AmeriCorps, and the Volunteer Generation Fund.

In 2013, **CNCS invested more than \$5,210,000** in Maine communities through national service programs and grants.



THE MAINE COMMISSION FOR COMMUNITY SERVICE (MCCS)

MAINESERVICECOMMISSION.GOV

MCCS awards National Service grants worth **over \$2 million** to Maine non-profit, government, and educational organizations.

MCCS was established in Maine statute in 1995. The Commission is state government's partner for CNCS.

The 25 citizens on the Commission are appointed by the governor and each represents a different facet of Maine's volunteer sector.

MCCS builds capacity and sustainability in Maine's volunteer sector by

- ◆ funding national and community service programs,
- ◆ providing technical assistance and training to all National Service grantees in Maine,
- ◆ raising awareness of the impact of Maine's volunteer and national service efforts, and
- ◆ promoting service as a strategy to tackle local problems and meet urgent local needs.



Did You Know?

NATIONAL SERVICE MEANS

- ★ Senior Corps, which is comprised of



- ◆ Foster Grandparents
- ◆ Senior Companions
- ◆ Retired and Senior Volunteer Program (RSVP)

- ★ AmeriCorps, which has three programs



- ◆ AmeriCorps*State/National
- ◆ AmeriCorps*VISTA
- ◆ AmeriCorps*NCCC

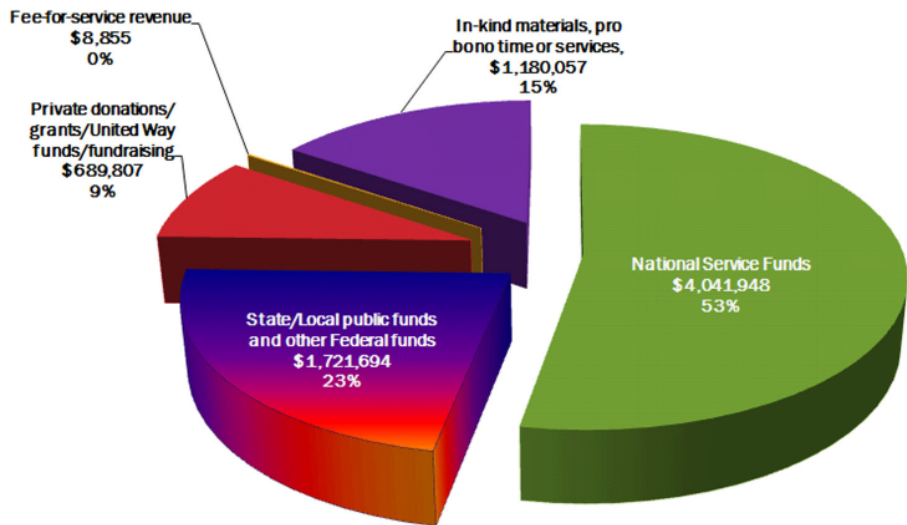
- ★ The Volunteer Generation Fund which,



through grants to regional volunteer centers, develops strong volunteer management and promotes volunteer engagement in solutions to local problems.

- ★ A model public/private partnership. National Service funds are granted to community agencies.

- ◆ leverage local resources (\$1 federal National Service Funds to \$0.89 local resources)
- ◆ underwrite the core training, supervision, materials, tools, and support required for National Service participants to be effective in their assigned tasks.



- ★ 2,223 Senior Corps and AmeriCorps participants who serve at least 100 hours during 12 months and many devote over 2,000 hours a year to their assignment. [Note, Maine community volunteers contribute 37 hours/year which is significantly higher than the national average.]

- ★ Strong program operation (Foster Grandparents, Senior Companions, AmeriCorps Members, RSVP volunteers) that is reflected in high volunteer retention.

- ◆ 74% is the overall retention rate of community volunteers in local Maine programs; the retention rate in National Service is much higher.
- ◆ 96% of AmeriCorps members serving in Maine completed the term of service they agreed to do.

- ★ 693 Maine schools, municipal and state agencies, local nonprofits, and faith-based organizations benefit from National Services participants' help.

RSVP

Lead With Experience

PROGRAM OVERVIEW

RSVP SERVICE SITES IN MAINE

Established in 1971, RSVP is now one of the largest volunteer organizations for older Americans in the country. RSVP offers maximum flexibility and choice to its volunteers as it matches the personal interests and skills of older Americans with opportunities to serve their communities.

Volunteers choose how and where they want to serve—from a few hours to more than 40 hours a week.

Eligibility: RSVP is open to people 55 and older.

Benefits: Volunteers do not receive monetary incentives but sponsoring organizations may reimburse them for expenses incurred during service, including meals and transportation.

Aroostook RSVP

Community Partners: 49

- Ashland, Good Shepherd Thrift Shop
- Ashland, Meals on Wheels AAAA
- Caribou, American Red Cross-Pine Tree Chapter
- Caribou, Caribou Historical Society
- Caribou, Catholic Charities of Maine
- Caribou, Caribou Ecumenical Food Pantry
- Caribou, Good Samaritan Thrift Shop
- Caribou, Maine Veterans Home
- Caribou, Visiting Nurses of Aroostook
- Fort Kent, Fort Kent Historical Society
- Fort Kent, Good Shepherd Thrift Shop
- Fort Kent, Greater Fort Kent Ecumenical Food Pantry
- Fort Kent, Meals on Wheels AAAA
- Fort Kent, University of Maine
- Frenchville, Good Samaritan Thrift Shop
- Frenchville, Meals on Wheels AAAA
- Houlton, Aroostook Historical & Art Museum
- Houlton, Good as New Thrift Shop
- Houlton, Meals on Wheels AAAA
- Limestone, Aroostook National Wildlife Refuge
- Limestone, St Louis Ecumenical Food Pantry
- Littleton, Southern Aroostook Agricultural Museum
- Madawaska, Meals on Wheels AAAA
- Mars Hill, Community Cupboard
- Mars Hill, Meals on Wheels AAAA
- Oakfield, Meals on Wheels AAAA
- Oakfield, Oakfield Historical Society
- Presque Isle, Aroostook Community Action Program
- Presque Isle, A.R.T.S.
- Presque Isle, The Chamber of Commerce
- Presque Isle, Helping Hands for Children and Families
- Presque Isle, The Gift Food Pantry
- Presque Isle, Meals on Wheels AAAA
- Presque Isle, Friendly Visiting AAAA
- Presque Isle, Medicare Benefits Assistance
- Presque Isle, R.S.V.P.
- Presque Isle, United Way of Aroostook
- Presque Isle, University of Maine
- Sherman, Upper Room Thrift Store
- Sherman, Upper Valley Ecumenical Council
- St. Agatha, Ste Agathe Historical Society
- St. Agatha, Long Lake Public Library
- St. David, Frenchville Friendly Visitors
- Stockholm, Stockholm Historical Society & Museum
- Van Buren, Acadian Village
- Van Buren, Meals on Wheels AAAA
- Van Buren, People Helping People Thrift Shop
- Washburn, Meals on Wheels AAAA

MAINE 2013 RSVP HIGHLIGHTS

1,473	Volunteers
150,686	Hours served
102	Average hours/volunteer
5	Number of grantees
126	Veterans served
6,410	Seniors receiving independent living services
4,634	Hours of transportation services
\$403,836	Annual Federal CNCS funding
\$242,956	Non-Federal support

Maine General RSVP
Community Partners: 55

Athens, Cornville Athens Food Pantry
 Augusta, Chateau Cushnoc
 Augusta, Kennebec County Correctional Facility
 Augusta, St. Mark's Home for Women
 Canaan, Canaan Community Food Bank
 East Vassalboro, Vassalboro Public Library
 Fairfield, Fairfield Historical Society
 Farmingdale, Southern Kennebec Child Development Corp
 Farmington, Franklin Memorial Hospital
 Farmington, United Way of the Tri-Valley Area
 Farmington, Pinewood Terrace
 Hallowell, William S. Cohen Community Center
 Hinckley, Good Will-Hinckley
 Jackman, Jackman Library Association
 Jackman, Jackman-Moose River Historical Society
 Litchfield, Libby Tozier School
 Litchfield, Litchfield Community Food Bank
 Madison, Old Point Avenue School - Bone Builders
 Madison, People Who Care
 Madison, Somerset County Sheriff's Office
 Mt. Vernon, Regional School Unit #38
 New Sharon, Jim Ditzler Memorial Library
 North Anson, Madison-Anson Senior Citizens Group
 North Anson, Town of Emden Elementary School Building - Bone Builders
 Oakland, Messalonskee School District - RSU 18
 Pittsfield, Pittsfield Community Project
 Pittsfield, Pittsfield Public Library - Bone Builders
 Sidney, James H. Bean School
 Skowhegan, Hospice Volunteers of Somerset County
 Skowhegan, Newborns In Need
 Skowhegan, Redington-Fairview General Hospital
 Skowhegan, Skills Inc. Thrift Shop
 Skowhegan, Skowhegan Community Food Cupboard
 Solon, Solon Thrift Shop & Food Cupboard
 Togus, Togus Veterans Hospital
 Topsham, American Cancer Society
 Waterville, Alford Youth Center
 Waterville, Corpus Christi Parish Soup Kitchens
 Waterville, Greater Waterville Area Food Bank
 Waterville, HealthReach Community Health Centers
 Waterville, Hospice Volunteers of Waterville Area
 Waterville, Inland Hospital
 Waterville, Lakewood Manor



Waterville, Maine Children's Home
 Waterville, Mount St. Joseph
 Waterville, Muskie Community Center
 Waterville, New Beginnings Church of God
 Waterville, South End Teen Center/KVCAP
 Waterville, United Methodist Church - Bone Builders
 Waterville, United Way of Mid-Maine
 Waterville, Waterville Public Library
 Waterville, Waterville Public School
 Wilton, Literacy Volunteers of Franklin & Somerset Counties
 Wilton, Seniors Plus Serving Farmington
 Winthrop, Telephone Pioneers

Penquis RSVP
Community Partners: 59

Augusta, CASA
 Augusta, The Maine Long-Term Care Ombudsman Program
 Bath, AARP Tax Aid Program
 Belfast, Belfast Chamber of Commerce
 Belfast, Broadreach
 Belfast, TRIAD Waldo County Law Enforcement
 Belfast, Waldo Community Action Head Start
 Boothbay Harbor, TRIAD Lincoln County
 Brooks, Jolly Neighbors
 Camden, Camden Public Library
 Camden, Merry Gardens Estates
 Camden, Midcoast Habitat for Humanity
 Camden, Quarry Hill
 Camden, Sixty-Three Washington Street
 Damariscotta, Coastal Resource (Spectrum Generations)
 Damariscotta, Skidompha Library
 Owls Head, Owls Head Transportation Museum
 Rockland, American Red Cross/Homeland Security
 Rockland, Area Interfaith Outreach (AIO)
 Rockland, Big Brothers/Big Sisters
 Rockland, Camden Meal Site
 Rockland, Farnsworth Art Museum
 Rockland, Georges River Land Trust
 Rockland, Head Start/Rockland Born to Read
 Rockland, Head Start/Rockland Library Project
 Rockland, Hospitality House
 Rockland, Island Institute
 Rockland, Knox Center for Long Term Care
 Rockland, Knox County Health Clinic
 Rockland, Knox County TRIAD

Rockland, Marine Lighthouse Museum/American Light-
house Foundation
 Rockland, Matter of Balance
 Rockland, Methodist Conference Home B
 Rockland, Midcoast Regional Child Development
 Rockland, New Hope for Women
 Rockland, R.S.V.P. Special Projects Waldo
 Rockland, R.S.V.P. Tri-County Advisory Council
 Rockland, Rankin Center
 Rockland, Spectrum Generations
 Rockland, St. Bernard's Soup Kitchen
 Rockland, Stella Maris Housing
 Rockland, The Coastal Children's Museum
 Rockland, The Toy Library
 Rockport, Bay Chamber Concerts
 Rockport, Pen Bay Medical Center
 Thomaston, The General Henry Knox Museum
 Thomaston, Thomaston Public Library
 Union, Come Spring Food Pantry
 Union, Matthews Museum
 Union, Mildred Stevens Williams Library
 Union, Thompson Community Center
 Union, Vose Library
 Waldoboro, Friendship Street Head Start
 Warren, Bread for the Journey
 Warren, Thomaston Interchurch Food Pantry

***RSVP - Southern Maine Agency on Aging
Community Partners: 105***

Augusta, Long Term Care Ombudsman Program
 Berwick, Table of Plenty
 Biddeford, Adult Education
 Biddeford, Bon Appetit Community Meal Program
 Biddeford, Books Revisited
 Biddeford, Community Bicycle Center
 Biddeford, Biddeford Primary School
 Biddeford, SMAA/Nutrition
 Bridgton, Bridgton Health Care Center
 Cape Elizabeth, Pond Cove Elementary School
 Eliot, SMAA/Nutrition-Kittery
 Falmouth, Maine Audubon
 Gorham, Gorham House
 Gorham, Gorham School
 Hiram, SMAA/Nutrition-Kezar Falls
 Kennebunk, Huntington Common-Bradford
 Kennebunk, Kennebunk Nursing & Rehabilitation Center
 Kennebunk, SMAA/Nutrition
 Kennebunkport, AARP Tax-Aide Program
 Naples, Naples Public Library
 Naples, SMAA/Nutrition
 North Berwick, Varney Crossing Nursing Home
 Old Orchard Beach, Old Orchard Beach Historical Society
 Portland, American Red Cross
 Portland, Barron Center
 Portland, Big Brothers/Big Sisters
 Portland, Boy Scouts of America

Portland, Habitat for Humanity of Greater Portland
 Portland, Hall School
 Portland, Learning Works
 Portland, Literacy Volunteers of Greater Portland
 Portland, Lyseth School
 Portland, Maine Medical Center Elder Life Program
 Portland, Maine Medical Center
 Portland, Maine Narrow Gauge Railroad
 Portland, Ocean Ave Elementary School
 Portland, Portland Adult Education
 Portland, Goodwill Industries
 Portland, Portland Mentoring Alliance
 Portland, Portland Museum Of Art
 Portland, Portland Veterans Center
 Portland, Reiche School
 Portland, Seventy Five State Street
 Portland, The Atrium at the Cedars
 Portland, The Cedars
 Portland, The Iris Network
 Portland, The Woods at Canco
 Portland, Volunteer Lawyers Project
 Raymond, Raymond Village Library
 Saco, Evergreen Manor
 Saco, Home Health-VNSM
 Saco, SMAA/Truslow Adult Day Center
 Saco, Sweetser-York
 Saco, Wardwell Retirement Neighborhood
 Sanford, Books Revisited
 Sanford, Caring Unlimited
 Sanford, Goodall Hospital
 Sanford, Greenwood Center
 Sanford, Literacy Volunteers of
 Greater Sanford
 Sanford, Old Timer's Shop
 Sanford, The Newton Center Rehabilitation
 Scarborough, AARP Tax-Aide Program
 Scarborough, Alzheimer's Association
 Scarborough, Holbrook Health Center
 Scarborough, Hospice of Southern Maine
 Scarborough, Pine Point Center Health Care/Rehab
 Scarborough, RSVP/Entertainers-Cumberland County
 Scarborough, Scarborough Land Conservation Trust
 Scarborough, Scarborough Public Library
 Scarborough, Scarborough Terrace
 Scarborough, SMAA/Board
 Scarborough, SMAA/Caregivers Program
 Scarborough, SMAA/CATCH Healthy Habits-CC
 Scarborough, SMAA/Community Relations
 Scarborough, SMAA/Council
 Scarborough, SMAA/Development
 Scarborough, SMAA/I&R
 Scarborough, SMAA/Living Well
 Scarborough, SMAA/Maine Senior Games
 Scarborough, SMAA/Matter of Balance
 Scarborough, SMAA/Money Minders
 Scarborough, SMAA/Nutrition-Office
 Scarborough, SMAA/Volunteer Services
 South Portland, Beacon Hospice
 South Portland, Cancer Community Center



South Portland, SMAA/Nutrition
 South Portland, South Portland Nursing Home
 South Portland, South Portland Schools
 Springvale, SMAA/Nutrition-Sanford
 Topsham, American Cancer Society/NE Division
 Wells, Town of Wells
 Wells, Wells Ogunquit Senior Center
 Wells, Wells Reserve at Laudholm
 Westbrook, Independent Transportation Network
 Westbrook, Westbrook Little Dolphin
 Westbrook, SMAA/Nutrition-Portland/Westbrook
 Westbrook, Springbrook Nursing Care Center
 Windham, Ledgewood Manor
 Windham, SMAA/Nutrition
 Yarmouth, Brentwood Rehabilitation & Nursing Center
 Yarmouth, SMAA/Nutrition
 York, Sentry Hill
 York, York Art Association
 York, York Hospital
 York, York Senior Center

**UMaine Center on Aging RSVP
 Community Partners: 44**

Bangor, Eastern Area Agency on Aging
 Bangor, Eastern Maine Medical Center
 Bangor, Encore Leadership Corps
 Bangor, Galen Cole Family Foundation
 Bangor, Hospice of Eastern Maine
 Bangor, Maine Military & Community Network
 Bangor, Meals for ME Bangor Kitchen
 Bangor, My Friend's Place
 Bangor, Phillips-Strickland House

Bangor, St. Joseph Hospital
 Bangor, Stillwater Healthcare
 Bangor, Sunbury Village – Bone Builders
 Bangor, UMaine Center on Aging
 Bangor, United Way of Eastern Maine
 Bar Harbor, MDI Housing Authority Meals for ME
 Blue Hill, Friendship Cottage
 Blue Hill, Parker Ridge - Bone Builders
 Brewer, Brewer Housing Authority
 Brewer, Brewer Housing Authority - Bone Builders
 Brewer, Ellen Leach Memorial Home
 Bucksport, Bucksport Area Child Care Center
 Dover-Foxcroft, Hibbard Nursing Home
 Dover-Foxcroft, Mayo Regional Hospital
 Dover-Foxcroft, Pine Tree Hospice
 Ellsworth, Friends in Action - Bone Builders
 Greenville, Charles A. Dean Memorial Nursing Home
 Greenville, Greenville Community Café
 Guilford, Guilford Community Café
 Hampden, Avalon Village - Bone Builders
 Hampden, Hampden Neighborhood Food Cupboard
 Hampden, Roe Village Dining Room
 Howland, Cummings Healthcare
 Lincoln, Lincoln Community Café
 Lubec, Lubec Preschool Learning Center
 Milbridge, Women's Health Resource Library – Bone Builders
 Millinocket, Katahdin Area Support Group
 Millinocket, Katahdin Health Care
 Millinocket, Millinocket Community Café
 Newburgh, Hospital Chaplaincy Services
 Old Town, Old Town Housing Authority
 Old Town, Old Town-Orono YMCA – Bone Builders
 Orono, Orono Health Association
 Orono, Parker Dining Room
 Stonington, Island Community Center – Bone Builders

AROOSTOOK RSVP

GRANTEE: AROOSTOOK AREA AGENCY ON AGING, INC.



BACKGROUND

- ★ Focus Area: Healthy Futures
- ★ Service Activity Categories: Medical transportation services, Friendly visiting, Companionship with Veterans, Meal preparation, Meal delivery, Benefits assistance, Health education, Food pantries and thrift stores, Disaster recovery services, Environmental awareness, Financial literacy, Cultural heritage, and other Community needs.
- ★ Serving these areas of Maine: Aroostook County
- ★ Mission of this National Service program: Aroostook RSVP provides an opportunity to meet community needs through rewarding volunteer experiences at non-profit agencies and organizations while improving the quality of life in northern Maine.
- ★ Why National Service program is the best response: Volunteers support activities that are personally meaningful, and contribute to the quality of life of others in need. It is a cost-effective means to provide needed human resources to solve health and human service problems as well as address important community issues.

COMMENTS FROM THE COMMUNITY:

“The lady that comes in to visit me [when my husband runs errands] is just lovely; I love to visit with her, she is so sweet and kind.”

“The volunteer is very helpful; she helps me to get to my doctor, and also my dentist.”

“I really appreciate the volunteer driver; he helped me get to the hospital several times for my shoulder surgery. He was a very pleasant man, he was always on time and he brought me right back home.”

DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2012	FFY 2013
How many participants	408	387
Total hours of service	64,291	56,845
Average hours/participant	157	147

- ★ Status of requests for service or unmet need: The Aroostook Agency on Aging and the Office of Aging and Disability Services (formerly Office of Elder Services) completed a needs assessment of older people. Results indicated a wide array of needs, including: a shortage of informal and formal caregivers to meet the needs of frail and/or cognitively impaired older people and disabled people; difficulty in securing services of primary health care providers; food insecurity caused by insufficient income to meet basic needs; increasingly inadequate housing to meet changing needs; inability to afford home repairs and alterations; growing fears for personal safety at home, and rising need for transportation assistance.
- ★ The function of National Service Program funds: Federal funds provide the core support for the program. Without federal money, the volunteer coordination would end and volunteer services would quickly erode.

✦ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$71,675	\$71,675
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$9,909	\$0
Private donations/fundraising	\$12,000	\$15,539
Private grants (including United Way)	\$6,000	\$6,000
Fee-for-service revenue	\$0	\$0
In-kind materials	\$18,040	\$13,500
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$131,964	\$121,054

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Medical Transportation

410 people received rides to essential medical services including physician appointments, kidney dialysis, cardiac care, day surgery, and cancer therapy, including chemo and radiation treatments.

✦ What it took to do this

3,406	Completed units of service (hours of service)
114,051	Miles traveled by volunteers to assist with medical appointments
17	National Service participants involved in this effort
410	Number of citizens effected
\$2.13	Program cost per unit of service due to National Service volunteer effort
\$17.03	Comparable commercial or market unit cost without volunteers

✦ Major partners in the work: Aroostook Regional Transportation System identified older people and disabled people who lacked the means to get to essential medical service appointments.

Second Accomplishment: Friendly Visiting

135 homebound isolated seniors received daily reassurance telephone calls and/or home visits to assist in lessening feelings of loneliness and depression.

✦ What it took to do this

2,346	Completed units of service (reassurance visits with homebound elderly)
79	National Service participants involved in this effort
135	Number of citizens effected
\$6.72	Program cost per unit of service due to National Service volunteer effort
\$17.03	Comparable commercial or market unit cost without volunteers

✦ Major partners in the work: Aroostook Area Agency on Aging and home health service providers identified homebound older people living in isolation and lacking social support system.





Third Accomplishment: Meals on Wheels

459 homebound seniors and individuals with disabilities received nutritious meals through Meals on Wheels home delivery and congregate meal sites.

★ What it took to do this

29,307	Completed units of service (meals delivered/served)
48	National Service participants involved in this effort
459	Number of citizens effected
\$3.50	Program cost per unit of service due to National Service volunteer effort
\$17.03	Comparable commercial or market unit cost without volunteers

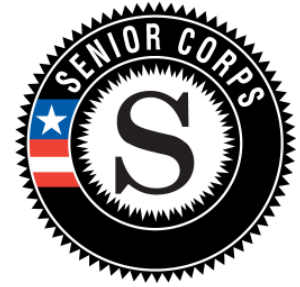
★ Major partners in the work: The Meals on Wheels program of Aroostook Area Agency on Aging provides the food and directs the delivery of meals.

FOR MORE INFORMATION:

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MAINE GENERAL RSVP

GRANTEE: MAINEGENERAL COMMUNITY CARE



BACKGROUND

- ★ Focus Area: Healthy Futures, Education, and Veterans and Military Families
- ★ Service Activity Categories: Exercise and Health Education, Meal Preparation and Delivery, Companionship/Outreach, Independent Living, Food Pantries, Thrift Stores, Veterans' Benefits Assistance.
- ★ Serving these areas of Maine: Franklin, Kennebec, Somerset
- ★ Mission of this National Service program: MaineGeneral RSVP engages people 55 and older in meaningful volunteer services that meet critical community needs and enrich the lives of volunteers. Our service area is Kennebec, Somerset and Franklin Counties.
- ★ Why National Service program is the best response: Many non-profit organizations depend on volunteers to meet their missions and goals, especially given these difficult economic times and the rural nature of the State.

RSVP volunteers serve in food banks and pantries; support families through hospice; deliver meals to elderly and disabled; work with veterans; serve in libraries; visit elderly in nursing homes, and much more. In addition, many of the programs offered through RSVP are unique to this program and would not be offered to the community otherwise. For MaineGeneral RSVP, this includes our two signature programs.

The first is Thresholds, a critical thinking and decision-making program offered by trained RSVP volunteers. It has been brought to soon-to-be released inmates in correctional facilities. This program offers these inmates the actual tools and knowledge to make decisions that can change their lives, as evidenced by a decrease in the recidivism rate for these graduates as compared to the general population.

The Thresholds program was also successfully brought to several school settings during this time period.

The second is Bone Builders, an osteoporosis prevention exercise program that consists of weight training, balance training, and education. The classes are led by trained RSVP volunteers and offered to the public free of charge. The participants enjoy the benefits of being at a lower risk for osteoporosis, being healthier, and enjoying increased muscle strength, flexibility, and balance.

COMMENT FROM THE COMMUNITY:

"I will be forever grateful to the Bone Builders Class. My balance has improved. I have had both knee and hip replacements. I was walking with either a walker or 2 canes. I have parked my walker and use only 1 cane."

"My neck was stiff and I could not turn it to the left without turning my whole upper body. Now it does not bother me at all."

"We were going to Pittsfield to classes. When they no longer held them, 3 of us continued through the summer, fall and winter on our own. Bone Builders classes will start here in Cambridge on January 6th, 2014. We are excited that we will be able to help others also improve their bone health. Evelyn Farrar, Cambridge"



DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2012	FFY 2013
How many participants	236	234
Total hours of service	29,053	36,111
Average hours/participant	155	154

- ★ Status of requests for service or unmet need: There are many more requests for volunteers from the non-profit agencies in the communities we serve than is possible to fill. Decreased funding of all types has negatively impacted staffing staff time.

Critical, unmet needs in our area include meal delivery, transportation to medical appointments and shopping, in-home visits to elderly, programs that keep the elderly healthy and independent.

- ★ The function of National Service Program funds: RSVP is a national program of service, serving every state in the US. Federal dollars guarantee that the advantages of this program are available throughout our country, in every type of community, including rural and low income areas. These programs are supported by the communities served through a required 30% nonfederal match.

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$100,390	\$91,460
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$1,050	\$1,050
Private donations/fundraising	\$23,466	\$24,466
Private grants (including United Way)	\$6,500	\$6,500
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$12,000	\$11,000
TOTAL	\$157,746	\$148,816

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Of the participants who have completed 6 months or more of Bone Builder Classes (Osteoporosis Prevention Exercise Program held twice a week), 86% reported an improvement of 3 or higher (based on a scale of 1 = no change and 5 = significant improvement), in 2 of 3 categories over a six month period.

The categories are (1) consuming the appropriate amount of calcium products; (2) participating in weight-bearing activities; and (3) leading a regular, active daily lifestyle.

★ What it took to do this

1,677	Completed units of service (1 hour served leading Bone Builder classes)
22	National Service participants involved in this effort
95	Number of citizens effected
\$3.43	Program cost per unit of service due to National Service volunteer effort
\$38.50	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Pleasant St. United Methodist Church (Waterville), 1st Congregational Church of Pittsfield, Chateau Cushnoc (Augusta), Embden Community Center, Town of Madison’s Old Point School, Pittsfield Public Library.

Second Accomplishment: 90% of the Meals on Wheels recipients “Agreed” or “Strongly Agreed” that the meals served were an important source of nutritious food and that the personal contact they have through these programs is important to them.

★ What it took to do this

2,327	Completed units of service (1 hour served packing and delivering Meals on Wheels to Homebound Seniors)
12	National Service participants involved in this effort
195	Number of citizens effected
\$2.00	Program cost per unit of service due to National Service volunteer effort
\$10.00	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Spectrum Generations, the Area Agency on Aging in Kennebec and Somerset Counties and Seniors Plus, the Area Agency on Aging in Franklin County.

Third Accomplishment: 100% of the requests from low income people and families at risk of malnutrition were provided with enough nutritious food to supplement their diet for at least one week.

★ What it took to do this

6,611	Completed units of service (1 hour of service picking up food from collection points, keeping shelves stocked and rotated, doing necessary paperwork, filling and packing food orders for pickup.)
58	National Service participants involved in this effort
1,858	Number of citizens effected
\$1.25	Program cost per unit of service due to National Service volunteer effort
\$7.50	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Litchfield Community Food Bank, Greater Waterville Area Food Bank, People Who Care (Madison), Skowhegan Community Food Cupboard, Pittsfield Community Project, Cornville Athens Food Pantry, Canaan Community Food Bank.

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PENQUIS RSVP

GRANTEE: PENQUIS, INC.



BACKGROUND

- ★ Focus Area: Healthy Futures and Education
- ★ Service Activity Categories: Congregate Meals, Independent Living and School Readiness
- ★ Serving these areas of Maine: Knox, Lincoln, & Waldo Counties.
- ★ Mission of this National Service program: The program goal is to engage seniors 55 years of age and older in volunteer service in their communities. The program is structured to help communities meet critical needs while providing high impact experiences to enrich the lives of our seniors.
- ★ Why National Service program is the best response: National Service is the best response because a strong, structured program is needed to identify and recruit volunteers to work with vulnerable populations. This program is supported with federal funds, and therefore is controlled by federal regulations which ensures a high quality, high impact program. The volunteers know they belong to a National Service program that supports and guides them in a way that other programs do not. The volunteers are committed and dedicated to the volunteer work they do.

COMMENT FROM THE COMMUNITY:

Glendelyn Oxtan states, "I just love my work at St. Bernard's Soup Kitchen. I love being out and about and helping people. Many people who come for a meal also need someone to talk to as well. While I am serving meals I am able to give a smile and lend an ear." Glendelyn is from Rockland and volunteers at the soup kitchen two or more days every week. She is one of twenty-five RSVP volunteers there.

DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2012	FFY 2013
How many participants	188	183
Total hours of service	31,182	27,371
Average hours/participant	185	142

- ★ Status of requests for service or unmet need: Maine is one of the states with the fastest growing senior population. With the ever increasing number of seniors, the demand is high for programs and activities to keep them connected to their community and allow them the opportunity to contribute to the health of their community. We receive requests from agencies looking for volunteers to aid them with their programs on a regular basis and we are challenged to meet the demand.
- ★ The role of National Service Program funds: Due to the down turn in the economy over the last several years, many programs and agencies have scaled back or eliminated essential community services. The need for funding has greatly increased. The National Service Program provides the vital funds needed to offer this much needed program in our communities. These federal funds are governed by federal rules and regulations, which provide the program the necessary guidance and support needed to provide services as efficiently and effectively as possible.

✦ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$51,660	\$53,160
State public funds	\$14,340	\$10,755
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$0	\$3,405
Private grants (including United Way)	\$8,000	\$7,071
Fee-for-service revenue	\$0	\$0
In-kind materials	\$5,400	\$8,535
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$79,400	\$82,926

MAJOR ACCOMPLISHMENT THIS YEAR

Penquis RSVP Volunteers served 34,644 meals this year. The program year-end survey revealed that program participants either agreed or strongly agreed with each of these statements: A.) The meals I receive are an important source of nutrition for me- 100%; B.) I feel my health has improved since starting this program- 100%; C.) The personal contact I have is important to me- 100%; D.) Through the meals program I have found out about other services available- 95%.

✦ What it took to do this

- 12,523 Completed units of service (meals served)
- 88 National Service participants involved in this effort
- 5,233 Number of citizens effected
- \$3.40 Program cost per unit of service due to National Service volunteer effort
- \$17.03 Comparable commercial or market unit cost without volunteers

✦ Major partners in the work: Five sites throughout the area provide meals to those in need.

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RSVP

GRANTEE: SOUTHERN MAINE AGENCY ON AGING



BACKGROUND

- ★ Focus Area : Human services
- ★ Service Activity Categories: Independent living, Volunteer Recruitment
- ★ Serving these areas of Maine: Cumberland, York
- ★ Mission of this National Service program: The mission of RSVP of Southern Maine is to provide meaningful and effective volunteer opportunities for adults age 55 and over in York and Cumberland counties and to serve communities by utilizing the talents, expertise, and life-long experience of these older adults in meeting critical community needs.
- ★ Why National Service program is the best response: RSVP is a nationwide network of programs that provide volunteer recruitment and placement services in a very cost-effective manner.

COMMENT FROM THE COMMUNITY:

“The volunteers are wonderful!!! They are friendly and very caring. Always checking to make sure you’re all right and if you need anything. It’s a great comfort knowing someone cares. Thank you so much.” Hugs, Donna

“Great food, great service, awesome, friendly volunteer. Thank you thank you.” G.V. Portland

DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2012	FFY 2013*
How many participants	439	391
Total hours of service	55,479	26,810
Average hours/participant	126	69

*CNCS regulation changes removed certain categories of volunteers from consideration in the total number of RSVP volunteers. Southern Maine RSVP’s grant allows for 330 in FY ’13 vs. 450 in FY’12.

- ★ Status of requests for service or unmet need: Due to a change in Corporation policy, we have reduced the number of volunteer stations and the number of volunteers to focus on recruiting, placing and training volunteers in six service categories: Education, Healthy Futures, Veterans and Military Families, Environmental Stewardship, Economic Opportunity and Disaster Services. We currently have more requests for RSVP volunteers than we can fill
- ★ The role of National Service Program funds: For the past year, RSVP of Southern Maine has changed its focus by placing volunteers in six impact areas - Education, Healthy Futures, Veterans and Military Families, Environmental Stewardship, Economic Opportunity and Disaster Services. RSVP provides its volunteers with a variety of volunteer opportunities within these categories, careful placement, on-going support, recognition of their service, insurance coverage while volunteering and membership in a national volunteer organization

✦ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$80,309	\$80,309
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$5,000	\$0
Private donations/fundraising	\$15,081	\$20,081
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$114,730	\$114,730

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: RSVP of Southern Maine has initiated a pilot Conversations Project to work with adults to prepare and share an Advance Directive to assure that healthcare wishes are fulfilled by friends, family and health care providers when the adult is unable to communicate them personally. SMRSVP has recruited and trained 12 volunteers, using the Gunderson Lutheran model, to initiate such conversations with family and to choose a health care agent willing to carry out their wishes.

✦ What it took to do this

- 30 Hours of training completed by each RSVP volunteer
- 12 National Service participants involved in this effort
- 660 Hours of volunteer service have been given in this effort
- 300 Number of citizens effected
- \$4.27 Program cost per unit of service due to National Service volunteer effort
- \$26.00 Comparable commercial or market unit cost without volunteers

Major partners in the work: Southern Maine Agency on Aging, Maine Health and Maine Medical Partners

Second Accomplishment: RSVP of Southern Maine volunteers provide home delivered meals to elderly and disabled shut-ins, assuring their ability to remain living independently in their own homes.

✦ What it took to do this

- 115,709 Meals were delivered
- 110 National Service participants involved in this effort
- 11,440 Hours of volunteer service have been given in this effort
- 1,356 Number of citizens effected
- \$4.27 Program cost per unit of service due to National Service volunteer effort
- \$17.08 Comparable commercial or market unit cost without volunteers

✦ Major partner in the work: Southern Maine Agency on Aging

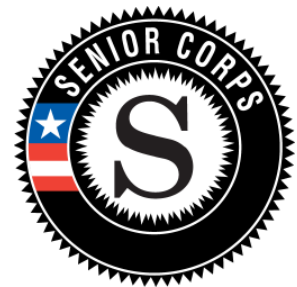


FOR MORE INFORMATION:

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RSVP

GRANTEE: UNIVERSITY OF MAINE CENTER ON AGING



BACKGROUND

- ★ Focus Area(s): Healthy Futures, Education, and Veterans/Military Families
- ★ Service Activity Categories: Exercise/Health Education, Meal Preparation and Delivery, Transportation, Companionship/Outreach to homebound and disabled, Respite, Early childhood literacy, Access to benefits and other community-based events for supporting the needs of veterans/military family members
- ★ Serving these areas of Maine: Hancock, Penobscot, Piscataquis, Washington
- ★ Mission of this National Service program: UMaine Center on Aging RSVP members (aged 55+) invest their skills and life experiences to make a difference for generations of people in Eastern Maine.
- ★ Why National Service program is the best response: The majority of non-profit agencies, especially in rural areas, do not have volunteer coordinators on staff. If someone at an agency is handling volunteers, it is usually not his or her primary function and therefore not a priority. Those agencies have come to rely upon RSVPs for our volunteer management expertise and the ability to recruit, screen, and place motivated volunteers.

As a part of a national program, we gain insights, new techniques, and innovative ways to utilize volunteers in cost-effective, value-added ways, thus inspiring and re-invigorating seniors to meet critical community needs, as well as help agencies to expand their services.

COMMENT FROM THE COMMUNITY:

1. “RSVP has been providing quality patient care volunteers for Hospice of Eastern Maine for many years. Older people facing end of life are able to relate in numerous positive ways to volunteers in the age bracket embodied by RSVP, and they make a real difference.”
-Wayne Melanson, Volunteer Manager, Hospice of Eastern Maine
2. “Bone Builders is an effective program that I heartily endorse. It should serve as an example to the rest of the health care community. It promotes wellness in the context of personal responsibility; it promotes volunteerism and community service. I have seen the results. Bone Builders delivers!”
-Christine Kuhni, Nurse Practitioner and Executive Director, Women’s Health Resource Library

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2012	FFY 2013
How many participants	326	298
Total hours of service	36,400	31,895
Average hours/participant	112	107

★ Status of requests for service or unmet need: We have more volunteer requests from agencies than we can possibly fill. Our office consists of a full time director and part-time coordinator with limited resources to handle recruitment in four counties. With the needs for keeping seniors living independently as long as possible in a state with one of the fastest growing senior populations, the demand for more volunteer services for the aging population of Maine is high.

★ The role of National Service Program funds: Our agencies continually express to us how the majority of their programs either could not exist or services to clients would be greatly diminished without our volunteer support and volunteer management consulting. Most partnering agencies do not have the time, personnel, or expertise to dedicate to volunteer recruitment. In addition, RSVP volunteers frequently leverage additional volunteers across the age span for these organizations. Also, we are engaging a segment of the population that benefits both physically and mentally from the activity and purpose for living which comes with civic engagement. National service funds provide the foundation for us to meet our mission.

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$91,702	\$91,702
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$600	\$1,092
Private grants (including United Way)	\$22,521	\$21,193
Fee-for-service revenue	\$0	\$0
In-kind materials	\$23,880	\$29,680
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$153,043	\$156,007

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: RSVP Bone Builders remains one of our most successful ventures. 88% of participants who returned surveys indicated an increase in muscle strength, flexibility, and balance. 83% of participants who returned surveys indicated they are leading a healthier lifestyle with increased physical activities in leisure time as a result of participating in Bone Builders.



★ What it took to do this

2,591	Completed units of service (exercise/education classes)
26	National Service participants involved in this effort
155	Number of citizens effected
\$2.58	Program cost per unit of service due to National Service volunteer effort
\$38.45	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: These sites provided free space for the classes: Avalon Village (Hampden), Brewer Housing Authority, Friends in Action (Ellsworth), Island Community Center (Stonington), Old Town YMCA, Parker Ridge (Blue Hill), Sunbury Village (Bangor), and Women's Health Resource Library (Milbridge). The United Way of Eastern Maine is the primary funding agent for this program.

Second Accomplishment: 99% of meal recipients responding to a survey feel their health has improved, the personal contact with volunteers is important to them, and they have learned of other services for seniors by being involved with the meals program.

★ What it took to do this

4,469	Completed units of service (meals served/delivered)
90	National Service participants involved in this effort
135	Number of citizens effected
\$2.00	Program cost per unit of service due to National Service volunteer effort
\$10.00	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Eastern Area Agency on Aging, The Housing Foundation (Orono and Hampden), and MDI Housing Authority (established sites and meal delivery routes)

Third Accomplishment: Based on returned surveys, 67% of caregivers of seniors indicated that they received the time they needed to revitalize themselves and to attend to matters away from caregiving, thanks to RSVP volunteers.

★ What it took to do this

1,737	Completed units of service (adult day sessions)
25	National Service participants involved in this effort
44	Number of citizens effected
\$2.88	Program cost per unit of service due to National Service volunteer effort
\$12.00	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: My Friend's Place (Bangor), Friendship Cottage (Blue Hill), United Way of Eastern Maine, and United Methodist Church (Bangor)

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FOSTER GRANDPARENTS

Share Today. Shape Tomorrow

PROGRAM OVERVIEW

FOSTER GRANDPARENT SERVICE SITES IN MAINE

The Foster Grandparent Program (FGP), which began in 1965, provides tutors and mentors to children and youth who are disadvantaged or have disabilities.

Working one-on-one and serving between 15 and 40 hours a week, Foster Grandparents provide support in schools, hospitals, drug treatment centers, correctional institutions, and child care centers.

They review schoolwork, reinforce values, teach parenting skills to young parents, and care for premature infants and children with disabilities. Foster Grandparents often maintain an ongoing, intensive relationship with the children and youth served for a year or longer.

Eligibility: Volunteers must be 55 years of age or older.

Benefits: Those who meet certain income guidelines receive a small stipend. All FGP volunteers receive accident and liability insurance and meals while on duty, reimbursement for transportation, and monthly training.

MAINE 2013 FGP STATISTICAL HIGHLIGHTS

250	Volunteers (109 work with 10 or more children each week)
191,635	Hours served
767	Average hours/volunteer (33 devote 30+ hours/week to this)
2,834	Children served (421 under age 5; 2,238 were 6-12 years old)
2	Number of Program Grantees
\$854,478	Annual Federal Funding
\$250,479	Non-Federal Support

Penquis FGP Community Partners: 63

(#) indicates the number of Foster Grandparents at the site

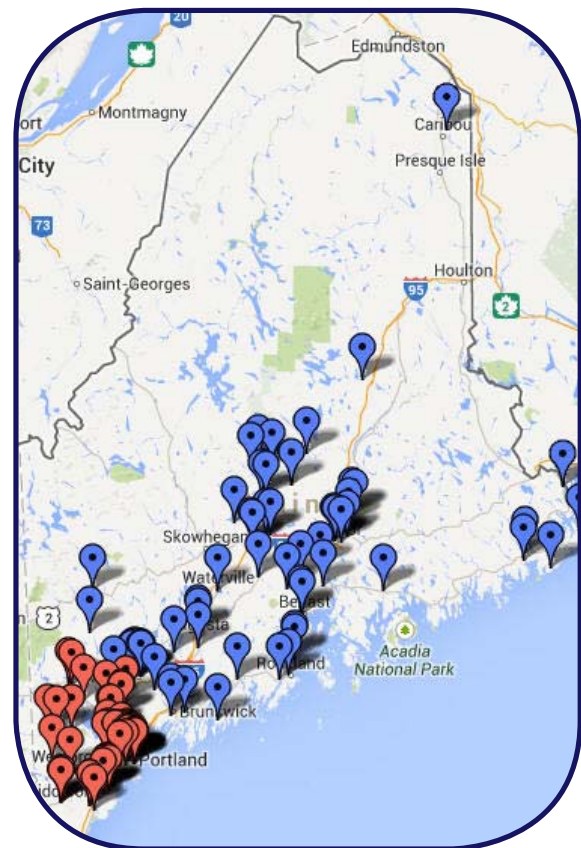
- Auburn, Park Avenue Elementary (1)
- Auburn, Sherwood Heights School (3)
- Auburn, St. Joseph CDC (3)
- Auburn, Androscoggin Head Start Webster Center (1)
- Augusta, Gilbert School (2)
- Augusta, SKCDC-Webster Head Start/Child Care (1)
- Bangor, Bangor Public Library (1)
- Bangor, Penobscot Job Corps (1)
- Bangor, Penquis/Job Corps HS/CC (1)
- Bath, Family Focus-Bath Center (2)
- Belfast, Capt A. Stevens Elementary (1)
- Belfast, Waldo County YMCA (1)
- Boothbay Harbor, Boothbay Regional Elementary (1)
- Brewer, Community School (4)
- Brooks, Morse Memorial School (1)
- Brunswick, Family-Focus Brunswick Center (5)
- Bucksport, Reach School (1)
- Caribou, Aroostook CAP Head Start (1)
- Charleston, Mountain View Youth Development Center (1)
- Cutler, Bayridge School (1)
- Dexter, Penquis/Dexter Head Start (1)
- Dexter, Ridge View Community School (2)
- Dover-Foxcroft, Sedomocha Elementary School (2)
- East Machias, Elm Street School (4)
- East Millinocket, Penquis KRDC Head Start (1)
- Eddington, Eddington Elementary School (0)
- Ellsworth, Ellsworth Elementary (1)
- Gardiner, SKCDC Gardiner Head Start (1)
- Guilford, Piscataquis Community Elementary (6)
- Guilford, Piscataquis Community Secondary School/Alternative Education (2)
- Hartland, Somerset Valley Middle School (1)
- Lewiston, Androscoggin HS/Bates St. (3)
- Lewiston, Farwell Elementary (2)
- Lewiston, Geiger Elementary (2)
- Lewiston, Gov James Longley Elementary (1)
- Lewiston, McMahon School (2)

Lewiston, Montello Elementary School (1)
 Lisbon, Lisbon Community School (1)
 Lubec, Lubec Elementary (1)
 Machiasport, Fort O'Brien School (1)
 Milo, Penquis/Milo Head Start (1)
 Monroe, Monroe Elementary School (2)
 Newport, Penquis/Newport Head Start (1)
 Newport, Newport Elementary School (1)
 Nobleboro, Central Lincoln County YMCA Child Care (2)
 Old Town, Old Town Elementary School (1)
 Old Town, Penquis/Old Town Head Start (3)
 Orono, Sharing Place (1)
 Pittsfield, Manson Park School (1)
 Pittsfield, Vickery School (1)
 Poland, Poland Community School (1)
 Robbinston, Robbinston Grade School (2)
 Rockland, Penquis/Rockland HS/CC (1)
 Rockport, Camden/Rockport Elementary (1)
 Rockport, Penobscot Bay YMCA Child Care (2)
 Rumford, Community Concepts - Chisholm High School (1)
 Thomaston, Lura Libby School (1)
 Topsham, Woodside Elementary (1)
 Unity, Waldo CAP / Unity Head Start (2)
 Waterville, KVCAP - Educare (2)
 West Gardner, Helen Thompson School (2)
 West Paris, Agnes Gray School (1)
 Winterport, Leroy Smith Elementary Head Start (1)

The Opportunity Alliance
Community Partners: 58

(#) indicates the number of Foster Grandparents at the site

Alfred, Alfred Elementary (1)
 Biddeford, Biddeford Primary School (2)
 Biddeford, St. James School (1)
 Bridgton, TOA Child Development Center (1)
 Casco, TOA Head Start (1)
 Cornish, Cornish Elementary (2)
 Gorham, Great Falls School (3)
 Gorham, Narragansett School (4)
 Gorham, TOA Child Development Center (1)
 Gorham, Village School (1)
 Gray, Russell School (2)
 Hiram, Sacopee Valley Middle School (2)
 Kennebunk, Kennebunk Elementary (1)
 Kennebunk, Parks & Rec Summer program (2)
 Naples, Lakes Region Vocational Center (1)
 New Gloucester, Memorial School (2)
 Portland, Catherine Morrill Child Development Center (2)
 Portland, East End Community School (4)
 Portland, Hall School (1)
 Portland, LearningWorks Summer Program (5)
 Portland, Longfellow School (4)
 Portland, Lyseth School (5)
 Portland, Multilingual summer program (6)
 Portland, Ocean Ave School (4)
 Portland, PATHS Early Learning Center (1)
 Portland, Portland High School (1)



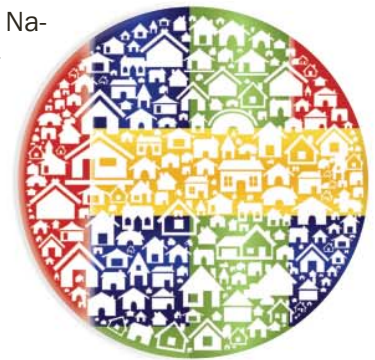
Portland, Presumpscot School (3)
 Portland, Reiche School (6)
 Portland, Riverton School (5)
 Portland, St. Brigid's School (3)
 Portland, St. Elizabeth's Child Development (1)
 Portland, The Children's Center (1)
 Portland, TOA Deering Place Child Development (1)
 Portland, TOA East End Children's Workshop (1)
 Portland, TOA Kennedy Park Head Start (1)
 Portland, Trinity Child Development (1)
 Portland, Youth and Family Outreach (3)
 Raymond, Raymond Elementary School (1)
 Saco, Fairfield School (5)
 Saco, Saco Middle School (1)
 Saco, Seeds of Learning Summer Program (3)
 Saco, Young School (5)
 Sanford, Kids Club summer program (2)
 Sanford, Margaret Chase Smith School (1)
 Sanford, Willard School (1)
 Scarborough, Eight Corners Elementary (1)
 South Portland, Brown School (4)
 South Portland, Kaler School (2)
 South Portland, Skillin School (1)
 South Portland, Small School (1)
 West Baldwin, Consolidated School (1)
 West Newfield, Line School (4)
 Westbrook, Congin School (1)
 Westbrook, Saccarappa School (1)
 Westbrook, TOA Head Start (2)
 Windham, Manchester School (4)
 Windham, Windham Primary School (8)

PENQUIS FOSTER GRANDPARENTS

GRANTEE: PENQUIS, INC.

BACKGROUND

- ★ Focus Area: Education
- ★ Service Activity Categories: Mentoring for Educational Success.
- ★ Serving these areas of Maine: Aroostook, Androscoggin, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, and Washington
- ★ Mission of this National Service program: Our goal is to promote the success of at-risk children by placing them with senior volunteers, who will assist them with academic and social skills. Our secondary goal is to keep senior volunteers active in their communities, in turn improving their health and their ability to continue to live independently in their own homes.
- ★ Why National Service program is the best response: National Service is the best response because a strong structured program is needed to seek out and recruit volunteers to work with at-risk populations. National Service provides strict guidelines that we follow to assure that volunteers are trained and qualified to volunteer at their assigned site. National service background check requirements also assure sites that volunteers have been carefully screened for working with children. National service performance based measures assure that volunteers are indeed making a difference in children’s lives.



COMMENT FROM THE COMMUNITY:

“She (our Foster Grandparent) has become an integral part of the Lura Libby School community. She has made connections with teachers, staff members and students at the school that have grown over the two years that she has been with us. I am a new principal to the school this year, but I can’t imagine walking through the halls and no longer seeing Mary’s smiling face while she is working with our students.”

Ainslee Riley, Principal

DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2012	FFY 2013*
How many participants	80	108
Total hours of service	66,749	75,540
Average hours/participant	834	699

- ★ Status of requests for service or unmet need: Potential and current sites call frequently, requesting volunteers or additional volunteers; the problem we face is finding volunteers to fill these slots and meet the needs of the communities we serve. Without federal funds to recruit and market the program, we have to rely on word of mouth from the existing volunteers, or buy “volunteer wanted” ads sent out by sites with their monthly newsletters. It takes approximately a month to process a new volunteer because background checks and an orientation process are required before placement.
- ★ The role of National Service Program funds: National Service Program funds are vital because the Foster Grandparent Program pays a stipend to low income seniors who volunteer. It would be impossible to raise the amount of revenue needed to support the volunteers without these federal funds.

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$361,119	\$346,675
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$7,000	\$7,000
Private donations/fundraising	\$7,605	\$1,601
Private grants (including United Way)	\$4,294	\$5,000
Fee-for-service revenue	\$0	\$0
In-kind materials	\$28,100	\$30,500
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$427,358	\$405,116

MAJOR ACCOMPLISHMENT THIS YEAR

80% of participating Head Start Teachers were surveyed and reported an average score of 3.9 in school readiness, on a scale of 1-5 with 5 being most improved, as a result of Foster Grandparents working with those students.

★ What it took to do this

- 16,526 Completed units of service (hours volunteered)
- 24 National Service participants involved in this effort
- 144 Number of citizens effected
- \$5.52 Program cost per unit of service due to National Service volunteer effort
- \$17.03 Comparable commercial or market unit cost without volunteers

★ Major partners in the work: 25 schools in our 14 county area partnered with us to allow Foster Grandparents to become a part of the school program and assist children that needed extra help.

FOR MORE INFORMATION:

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OPPORTUNITY ALLIANCE FOSTER GRANDPARENTS

GRANTEE: THE OPPORTUNITY ALLIANCE

BACKGROUND

- ★ Focus Area: Education
- ★ Service Activity Categories: Tutoring and mentoring in Head Start, child development centers and K-12 classrooms improving school readiness and academic achievement.
- ★ Serving these areas of Maine: Cumberland, southern Oxford, York
- ★ Mission of this National Service program: Foster Grandparents, adults 55 and over whose income is below 200% of poverty, are provided nontaxable stipends in return for volunteering 15-40 hours a week as role models, mentors, and friends to children with exceptional needs.
- ★ Why National Service program is the best response: The program provides a way for volunteers age 55 and over to stay active by serving children and youth in their communities. Older men and women, living on a fixed incomes who have an interest in serving their communities, benefit. The children with special needs benefit from individualized attention. Schools and child development centers benefit from trained and committed volunteers.

COMMENT FROM THE COMMUNITY:

“Our Foster Grandparent helps students with so many things—reading, writing and math; giving much-needed hugs and encouragement to students who may not have a strong at-home support system; modeling successful social interaction and problem-solving—the list goes on and on. I believe the Foster Grandparent Program fills a great need in our class by providing another caring and dedicated adult to increase children’s involvement and enjoyment at school.”

Teacher at Fairfield School, Saco



DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2012	FFY 2013*
How many participants	152	142
Total hours of service	116,900	116,829
Average hours/participant	770	822

- ★ Status of requests for service or unmet need: 23 schools and child development centers are waiting for a Foster Grandparent placement
- ★ The role of National Service Program funds: National service funds support staff and volunteers who provide professional volunteer management including training, background checks, recognition, and supervision for 142 volunteers placed in 100 classrooms in 45 schools and children development centers.

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$510,062	\$507,803
State public funds	\$17,340	\$14,340
Other federal funds	\$0	\$12,000
Local public funds	\$71,709	\$62,323
Private donations/fundraising	\$7,030	\$12,214
Private grants (including United Way)	\$29,500	\$25,954
Fee-for-service revenue	\$0	\$0
In-kind materials	\$31,153	\$47,000
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$666,794	\$681,634

MAJOR ACCOMPLISHMENT THIS YEAR

- ◆ 89% of teachers reported Foster Grandparents were significant in helping student's improve their reading skills
- ◆ 91% of teachers reported Foster Grandparents were significant in helping student's improve their math skills

★ What it took to do this

- 105,500 Completed units of service (hours volunteering in schools, child development centers and Head Start)
- 142 National Service participants involved in this effort
- 1,453 Number of citizens effected
- \$6.43 Program cost per unit of service due to National Service volunteer effort
- \$16.50 Comparable commercial or market unit cost without volunteers

- ★ Major partners in the work: Schools in Alfred, Baldwin, Biddeford, Cornish, Gorham, Gray, Hiram, Kennebunk, Limerick, Naples, New Gloucester, Portland, Raymond, Saco, Sanford, Scarborough, Songo Locks, South Hiram, South Portland, Waterboro, Westbrook, West Newfield, Windham.

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SENIOR COMPANIONS

Make Independence A Reality.

PROGRAM OVERVIEW

The Senior Companion Program (SCP), which began in 1974, helps frail seniors and other adults maintain independence, primarily in the clients' own homes.

Senior Companions serve between 15 and 40 hours a week and typically serve between two and four clients.

They assist with daily living tasks, such as grocery shopping and bill paying; provide friendship and companionship; alert doctors and family members to potential problems; and provide respite to family caregivers.

Eligibility: Volunteers must be 55 years of age or older.

Benefits: Those who meet certain income guidelines receive a small stipend. All SCP volunteers receive accident and liability insurance, meals while on duty, reimbursement for transportation, and monthly training.

MAINE SENIOR COMPANION HIGHLIGHTS

157	Volunteers (35 assisting 6 or more clients each week)
102,453	Hours Served
653	Average Hours/Volunteer
849	Clients served: <ul style="list-style-type: none"> • 410 were over the age of 85 • 377 had chronic care disabilities • 258 had Alzheimers disease
2	Number of Grantees
\$459,930	Annual Federal CNCS Funding
\$311,075	Non-Federal Support

MAINE SENIOR COMPANION SITES

Opportunity Alliance Senior Companions Community Partners: 51

(#) indicates the number of Senior Companions at the site

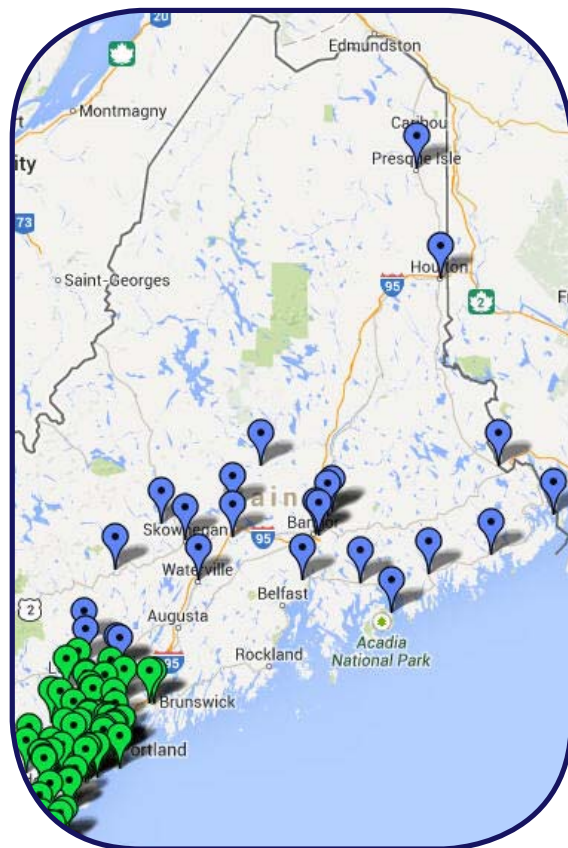
- Alfred, York County Community (1)
- Baldwin, The Opportunity Alliance (1)
- Bar Mills, The Opportunity Alliance (1)
- Brunswick, Brunswick Area Respite Care (1)
- Brunswick, The Opportunity Alliance (1)
- Buxton, The Opportunity Alliance (1)
- Cape Elizabeth, The Opportunity Alliance (1)
- Casco, The Opportunity Alliance (1)
- Cumberland Center, The Opportunity Alliance (1)
- Eliot, York Hospital (1)
- Falmouth, The Opportunity Alliance (1)
- Gorham, AVESTA (1)
- Gorham, Gorham House (3)
- Gorham, The Opportunity Alliance (1)
- Gray, The Opportunity Alliance (2)
- Hollis, The Opportunity Alliance (1)
- Kittery, Durgin Pines Rehabilitation Center (1)
- Kittery, The Opportunity Alliance (1)
- Kittery, York Hospital (1)
- Kittery Point, York Hospital (1)
- Lyman, The Opportunity Alliance (1)
- Naples, The Opportunity Alliance (1)
- New Gloucester, The Opportunity Alliance (1)
- Old Orchard Beach, The Opportunity Alliance (1)
- Peaks Island, The Opportunity Alliance (1)
- Portland, Barron Center (4)
- Portland, Community Counseling Center (2)
- Portland, Jewish Family Services (1)
- Portland, Portland Housing Authority (1)
- Portland, Southern Maine Agency on Aging (1)
- Raymond, AVESTA (2)
- Raymond, The Opportunity Alliance (1)
- Saco, AVESTA (1)
- Saco, The Opportunity Alliance (1)

Saco, Truslow Center (2)
 Sanford, The Opportunity Alliance (1)
 Sanford, York County Community (1)
 Scarborough, Southern Maine Agency on Aging (2)
 Scarborough, The Opportunity Alliance (1)
 South Portland, South Portland Housing Authority (1)
 South Portland, The Opportunity Alliance (2)
 Standish, The Opportunity Alliance (1)
 Steep Falls, The Opportunity Alliance (1)
 Waterboro, The Opportunity Alliance (1)
 Wells, The Opportunity Alliance (1)
 Westbrook, Community Counseling Center (1)
 Westbrook, The Opportunity Alliance (2)
 Windham, AVESTA (2)
 Windham, Southern Maine Agency on Aging (1)
 Windham, The Opportunity Alliance (2)
 York, York Hospital (3)

**University of Maine Cooperative Extension
 Senior Companions
 Community Partners: 26**

(#) indicates the number of Senior Companions at the site

Auburn, Catholic Charities Maine S.E.A.R.C.H.
 Auburn, Clover Health Care
 Augusta, Chateau Cushnoc/John Marvin Manor
 Baileyville, Town of Baileyville
 Bangor, Bangor Housing Authority
 Bar Harbor, Acadia Community Assoc.
 Brewer, Brewer Housing Authority
 Bucksport, Bucksport Community Concerns
 Cherryfield, Maine Sea Coast Mission
 Eastport, Eastport Health Care Inc.
 Ellsworth, Friends in Action
 Houlton, Aroostook County Extension
 Lewiston, Senior Plus- Franklin
 Machias, Washington County Extension Association
 Madison, Christ the King Parish – St. Sebastian/St. Peter
 North Anson, First Congregational Church
 Old Town, Parish of the Resurrection of the Lord
 Orono, SCP State Office
 Oxford, Seniors Plus
 Pittsfield, The First Universalist Church
 Presque Isle, Aroostook Area Agency on Aging
 Skowhegan, Christ the King Parish-Notre Dame De-
 lourdes Church
 Skowhegan, Somerset County Extension
 South Paris, Oxford County Extension
 St Albans, Skills Inc.
 Waterville, Seton Village



SENIOR COMPANIONS

GRANTEE: UNIVERSITY OF MAINE COOPERATIVE EXTENSION



BACKGROUND

- ★ Focus Area: Healthy Futures: Improve Quality Of Life For Older Americans
- ★ Service Activity Categories: Friendly visitor providing companionship to home bound elderly; assisting with routine housework activities, such as meal preparation
- ★ Serving these areas of Maine: Aroostook, Androscoggin, Franklin, Hancock, Kennebec, Oxford, Penobscot, Piscataquis, Somerset, Waldo, Washington counties. (Our current grant allows us to serve in Knox, Lincoln and Sagadahoc Counties as well; however, we do not have the financial resources to do so.)
- ★ Mission of this National Service program: The mission of UMaine Extension SCP is to provide the opportunity for meaningful relationships between Senior Companions and their clients throughout Maine. Through UMaine Extension SCP, active, limited income individuals age 55 and older serve as volunteers providing companionship to homebound adults.

In order to fulfill this mission, the following goals have been defined:

1. to provide cost effective alternatives to institutionalization by encouraging independence of Maine's older adults;
2. to promote a high quality of life for Senior Companion volunteers, their clients and, in some cases, caregivers of clients;
3. to provide a formal structure within which Senior Companion volunteers come together to attain a common understanding of the services they provide;
4. to recognize and reward the efforts of Senior Companion volunteers;
5. to help Maine seniors (both Senior Companion volunteers and their clients) improve their lives through an educational process that uses research-based knowledge focused on community issues and needs.

- ★ Why National Service program is the best response: UMaine Extension SCP provides the opportunity for all participants to remain, regain or acquire independence so they are able to age in place rather than go to long term care. UMaine Extension SCP is at no cost to clients or their families. The program provides a small stipend to limited income individuals age 55 and older who become Senior Companion volunteers so they are able to be vital contributors to their community, i.e., contributing to the economy of their community and assisting homebound, isolated individuals to also contribute to their local economy by remaining in their own home.

COMMENTS FROM THE COMMUNITY:

Kennebec County:

"We have a resident who resides at Chateau Cushnoc and her Senior Companion is Jane Doe (not her real name). Jane is such a blessing to each of our clients that are fortunate enough to have her visit with them. I am so impressed with Jane that I sometimes wish that I could be a client here just so that I could share time with her as she is such a joy. Our lucky resident who is 102 years old and is spry and witty and looks forward to every visit from Jane. The client is hard of hearing and has vision issues, so reading is difficult. Jane reads to her often, helps with mail, and they share stories from the good-ole-days. Some days our resident wants to share one of her most treasured gifts so Jane sits and listens to our resident play her piano!"

Volunteer Station Supervisor

Washington County:

“We hear on a regular basis how good this program is for folks. I have one lady who is taking care of her husband with Alzheimer. She has no one to talk to for long periods of time. She is so appreciative to have what she calls “adult conversation” again. The Senior Companion takes her shopping once a week and this allows her to get food and have some out of the house time. She has always said if we need a letter of support she would be willing to write one.”

Washington County Program Coordinator

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2012	FFY 2013*
How many participants	127	121
Total hours of service	78,675	76,776
Average hours/participant	619	634

★ Status of requests for service or unmet need: Each Program Coordinator maintains a waiting list of clients who would like to receive visits from our Senior Companion Volunteers. To date, 86 home bound elderly are on these lists.

★ The role of national service program funds: The funds we receive from CNCS are the foundation of our program. Because of this strong support from CNCS, we are able to provide information to prospective funders related to how effective these public funds are used in providing limited income elderly with the opportunity to receive a small stipend in exchange for their volunteering to visit home bound elderly clients.

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$351,212	\$351,212
State public funds	\$118,312	\$157,811
Other federal funds	\$0	\$0
Local public funds	\$25,205	\$47,059
Private donations/fundraising	\$19,213	\$16,272
Private grants (including United Way)	\$13,687	\$13,295
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$527,629	\$585,649

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Provided 469 home bound elderly throughout Maine with weekly visits from 121 UMaine Extension Senior Companions.



★ What it took to do this:

24,856	Completed units of service (visits to home bound clients)
121	National Service participants involved in this effort
469	Number of citizens effected
\$11.28/hr	Program cost per unit of service due to National Service volunteer effort
\$21/hr*	Comparable commercial or market unit cost without volunteers

*Maine Senior Guide, Genworth's 2010 Cost of Care Survey, per hour for home health aide

★ Major partners in the work: The Volunteer Stations listed at the beginning of this report worked with UMaine Extension SCP staff and Senior Companion volunteers.

Second Accomplishment: Provided 121 limited income individuals with a stipend (\$2.65 per hour) that enabled them to maintain a higher quality of life. These additional funds are not "income" and, therefore, did not affect their Social Security or other financial benefits.

★ What it took to do this

76,776	Completed units of service (hours served by Senior Companion volunteers)
121	National Service participants involved in this effort
121	Number of citizens effected
\$1,680/yr	Program cost per unit of service due to National Service volunteer effort
\$13,325/yr*	Comparable commercial or market unit cost without volunteers

*Maine Senior Guide, Genworth's 2010 Cost of Care Survey, at \$21 per hour for home health aide

★ Major partners in the work: The Volunteer Stations listed at the beginning of the report worked with UMaine Extension SCP staff and Senior Companion volunteers.

Third Accomplishment: Provided respite for caregivers of 47 clients. Without respite, the caregivers may have had to place their loved one in an institutional facility.

★ What it took to do this

3,146hrs	Completed units of service (respite to caregivers by Senior Companion volunteers)
17	National Service participants involved in this effort
47	Number of citizens effected
\$490/yr	Program cost per unit of service due to National Service volunteer effort
\$3,516/yr	Comparable commercial or market unit cost without volunteers

*www.care.com/senior-care-cost-of-senior-care (\$19 is the average of \$8-\$30 per hour for respite care provider)

★ Major partners in the work: The Volunteer Stations listed at the beginning of the report worked with UMaine Extension SCP staff and Senior Companion volunteers.

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SENIOR COMPANIONS

GRANTEE: THE OPPORTUNITY ALLIANCE

BACKGROUND

- ★ Focus Area: Healthy Futures
- ★ Service Activity Categories: Transportation for elders to medical appointments and grocery shopping, visitation for companionship and in-home support for homebound elders, in-home respite care for caregivers.
- ★ Serving these areas of Maine: Cumberland, York
- ★ Mission of this National Service program: Senior Companions are volunteers age 55 and over who make a difference by providing assistance and friendship to frail elders who have difficulty with daily living tasks, such as shopping or paying bills helping them remain independent in their homes instead of having to move to more costly institutional care. In addition, Senior Companions give families or professional caregivers a much needed time off from their duties, run errands, and often provide friendship for their clients.
- ★ Why National Service program is the best response: National service taps the talents and skills of older Mainers willing to volunteer in their community. Senior Companion Program services are free, provided by older adults who are peers to many of the clients they are visiting. Senior Companions understand the concerns of their aging neighbors and can provide unhurried support and guidance during weekly, four hour visits. Critical needs addressed include respite for caregivers and transportation to medical appointments and grocery shopping.

COMMENT FROM THE COMMUNITY:

“Having a Senior Companion has been a very valuable asset to the care of my mother. My mom moved in with me over 10 years ago when she could not care for and maintain our family home in Presque Isle. As a transplant to southern Maine like myself, the circle of support from friends and family has been reduced greatly, since everyone she has known in her lifetime is in northern Maine. Having someone visit is incredibly important for keeping my mother’s mind stimulated.”

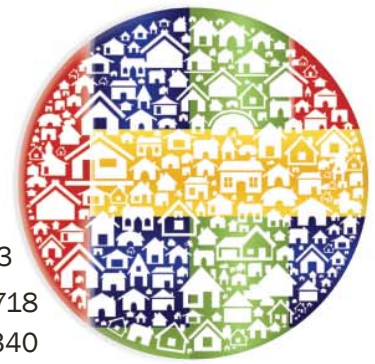
A daughter writing about her mother who has been matched with a Senior Companion

DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2012	FFY 2013
How many participants	36	36
Total hours of service	24,553	25,783
Average hours/participant	682	716

- ★ Status of requests for service or unmet need: 66 clients are on the waiting list for service
- ★ The role of National Service Program funds: National service funds supported staff and volunteers who provided professional volunteer management for Senior Companions who made 2,924 home visits to 144 clients for respite and companionship visits and rides to medical appointments and essential errands.



★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$111,597	\$108,718
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$0	\$5,000
Private donations/fundraising	\$949	\$15,542
Private grants (including United Way)	\$57,121	\$31,756
Fee-for-service revenue	\$0	\$0
In-kind materials	\$12,820	\$10,000
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$196,827	\$185,356

MAJOR ACCOMPLISHMENTS THIS YEAR

Homes visits for respite, companionship, rides to medical appointments and essential errands provided by Senior Companions.

★ What it took to do this

- 2,494 Completed units of service (home and other support visits)
- 25 National Service participants involved in this effort
- 144 Number of citizens effected
- \$6.79 Program cost per unit of service due to National Service volunteer effort
- \$25-50/hr Comparable commercial or market unit cost without volunteers

★ Major partners in the work: AVESTA, Care Partners, Community Counseling, EIM, Jewish Family Services, SMAA/Bessey Commons, Visiting Nurses Association of Southern Maine, Volunteers of America, York County Community Action Agency, York Hospital

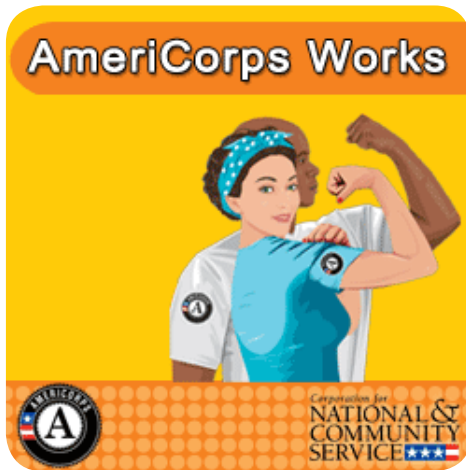
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AMERICORPS

Getting Things Done. Fighting Poverty with Passion



PROGRAM OVERVIEW

AmeriCorps provides opportunities for Americans to give intensive service to their communities and country through three programs:

- ◆ **AmeriCorps State and National** - grants made for 3 year periods award member positions and funds to support the member during service;
- ◆ **AmeriCorps*VISTA** - projects authorized for 3-5 years, award consists of authorized positions; and
- ◆ **AmeriCorps NCCC** (National Civilian Community Corps) - operated by the federal agency directly, responds to natural disasters, does 6-8 week community projects when help for emergency response and recovery is not needed.

AmeriCorps State/National members undertake service activities that provide a direct and measureable benefit to communities and residents.

Since 2005, they also have stepped up their role in recruiting, training, and managing community volunteers.

AmeriCorps members can serve a full year, some serve a summer or fall season, and others just a few hours a week.

AmeriCorps VISTA members make a full-time commitment for one year to serve at nonprofit organizations or local government agencies. They focus their efforts on building the capacity of these organizations to provide services and programs that lift people out of poverty.

- ★ **Eligibility:** At least age 17, out of high school, US citizen, national, or lawful permanent resident aliens.
- ★ **Benefits:** Upon successful completion of service, members earn a Segal Education Award that can be used to pay for post-secondary education or repay qualified student loans.

Members with student loans can apply for forbearance and the interest accrued during service will be paid by the National Trust.

AmeriCorps Members who are age 55 at the start of service can transfer their education award to a child, grandchild, or foster child.

AmeriCorps Members who serve 40+ hours/week receive a living allowance, health coverage, and child care assistance.

MAINE 2013 AMERICORPS HIGHLIGHTS

- 303 AmeriCorps Members serving under 12 program sponsors
- 39 AmeriCorps*VISTAs serving through 3 projects
- 300-2,000 Hours served by each AC Member
- 183 Community host site organizations
- 1,744 Community volunteers recruited to serve with AmeriCorps members

**MAINE AMERICORPS*STATE/
NATIONAL SITES**

**Bangor Opportunity Ameri-
Corps Collaborative
Community Partners : 6**

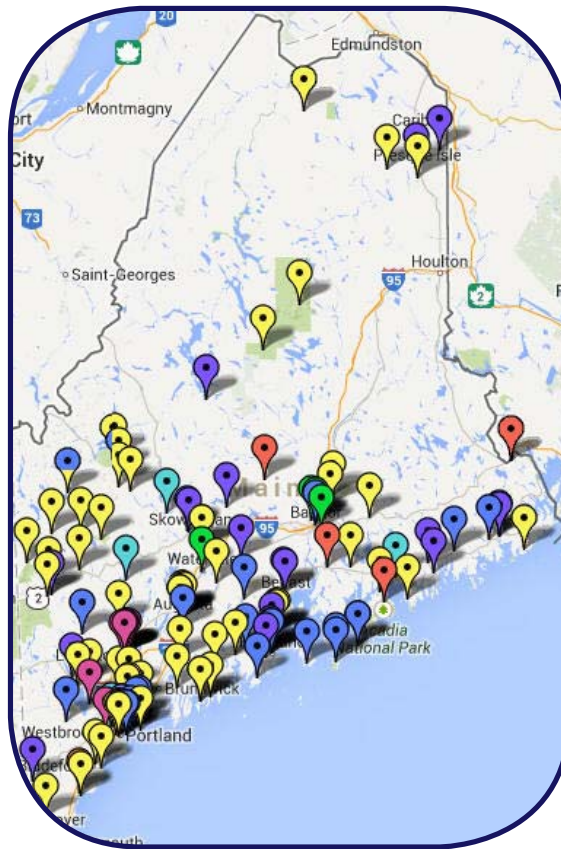
(#) indicates the number of AmeriCorps Members at the partner site

- Bangor, Eastern Maine Community College (5)
- Bangor, Eastern Maine Development Corporation (1)
- Bangor, Food AND Medicine (2)
- Bangor, MaineStream Finance (1)
- Bangor, Salvation Army (3)
- Bangor, United Way of Eastern Maine (1)

**Cooking Matters/Share Our
Strength AmeriCorps
Community Partners: 1**

New York AmeriCorps program with a Maine affiliate working in all 16 counties

Portland, Good Shepherd Food Bank



- Machias
- East Machias
- Jonesport
- Jonesboro
- Rippling Waters Organic Farm:
 - Steep Falls
 - Standish
 - Hollis, Buxton
- University of Maine Cooperative Extension, Penobscot and Piscataquis Counties:
 - Old Town
 - Milo
 - Dover-Foxcroft
 - Dexter
- Regional School Unit #3:
 - Liberty
 - Monroe
 - Troy
- University of Maine Cooperative Extension, Knox and Lincoln Counties:
 - Rockland
 - Warren
 - Washington
 - Waldoboro
- University of Maine Cooperative Extension, Somerset County in partnership with Greater Somerset Public Health Collaborative

**Bonner AmeriCorps
Community Partners: 1**

New Jersey AmeriCorps program with an affiliate in Maine

Lewiston, Bates College

**Food Corps
Community Partners: 12**

- Cultivating Community:
 - Portland
- Healthy Communities of the Capital Area:
 - Gardiner
 - West Gardiner
 - Pittston
 - Augusta
- St. Mary's Nutrition Center:
 - Lewiston
 - Auburn
 - Bowdoinham
- Oxford Hills School District:
 - Norway
 - South Paris
 - West Paris
- Washington County, One Community in partnership with Healthy Acadia:

**Great Strides
Community Partners: 20**

(#) indicates the number of AmeriCorps Members at the partner site

- Belfast, Belfast Community Outreach Program in Education (1)
- Belfast, The Game Loft (4)
- Bethel, Telstar High School (1)
- Camden, Camden Hills Regional High School (3)
- Camden, The Community School (2)
- Cherryfield, Maine Seacoast Mission (2)
- East Machias, Washington Academy (1)
- Farmington, University of Maine Farmington Upward Bound (19)
- Fort Fairfield, Fort Fairfield Schools (1)
- Greenville, Greenville Schools (1)
- Hartland, Hartland Consolidated Schools (1)
- Hinkley, Maine Academy of Natural Sciences (6)
- Lebanon, Lebanon Schools (1)
- Milbridge, Mano en Mano (1)
- Naples, Lake Region Vocational School (1)
- Presque Isle, University of Maine Presque Isle Upward Bound (6)
- Rockland, Youthlinks (3)
- Skowhegan, Skowhegan Area High School (1)
- Thomaston, Trekkers (2)

Unity, Unity College (1)

Island Institute AmeriCorps Fellows Community Partners: 20

(#) indicates the number of AmeriCorps Members at the partner site

Brunswick, Midcoast Fishermen's Association (.25)
Chebeague Island, Chebeague Island
Recreation Center (1)
Chebeague Island, Chebeague Island Civic Association
(.25)
Chebeague Island, Chebeague Community (1)
Deer Isle, Deer Isle-Stonington Historical Society (1)
Isle au Haut, Island Community Development Corp (1.5)
Isle au Haut, Town of Isle au Haut (1)
Islesboro, Town of Islesboro (1)
Long Island, Town of Long Island (1)
Machias, Downeast Salmon Federation (1)
North Haven, North Haven Historical Society (.25)
Peaks Island, Peak's Elementary School (1)
Port Clyde, Herring Gut Learning Center (1)
Portland, Coastal Enterprises, Inc. (0.25)
Rockland, Island Institute (.75)
Stonington, Penobscot East Resource Center (1)
Swan's Island, Swan's Island Library (.25)
Swan's Island, Historical Society (1)
Tenant's Harbor, Jackson Memorial Library (.5)
Vinalhaven, Chamber of Commerce (1)

Learning Works AIMS High Community Partners: 5

(#) indicates the number of AmeriCorps Members at the partner site

Portland, East End Community School (11)
Portland, Riverton Elementary School (11)
Jay, Spruce Mountain High School (5) Members
North Anson, Carrabec High School (3)
Sullivan, Sumner Memorial High School (2)

Maine Conservation Corps Community Partners: 60

Amherst, Eastern Region Public Lands - Amherst Com-
munity Forest
Augusta, Dept. of Justice
Augusta, Dept. of Environmental Protection - Biological
Monitoring
Augusta, Maine Energy Education Program
Augusta, ME Center for Disease Control - Drinking Water
Program
Augusta, Viles Arboretum
Belgrade, Belgrade Regional Conservation Alliance
Camden, Merryspring Nature Center
Camden, Town of Camden - Camden Riverwalk

Carrabassett Valley, Maine Appalachian Trail Club -
North Crocker Mountain
Casco, Sebago Lake State Park
Castle Hill, Aroostook State Park - Haystack Mountain
China, Town of China - Thurston Park
Cutler, Eastern Region Public Lands - Cutler Coast
Damariscotta, Pemaquid Watershed
Ellsworth, City of Ellsworth - Branch Lake
Falmouth, Mackworth Island State Park
Freeport, Wolfe's Neck Woods State Park
Grafton Township, Grafton Notch State Park
Hallowell, Bureau of Parks and Lands - Outdoor Recre-
ation
Hallowell, Maine Conservation Corps
Hallowell, Vaughan Woods Homestead
Hinckley, Maine Academy of Natural Sciences
Indian Island, Penobscot River Restoration Trust
Newry, Maine Appalachian Trail Club - East Baldpate
Mountain
Orono, University of Maine Orono - Orono Bog Boardwalk
Pineland, Western Region Public Lands
Piscataquis County, Baxter State Park
Portland, Southern Parks - Jewell Island
Portland, Dept. of Environmental Protection
Portland, Maine Partners for Cool Communities
Portland, Portland Trails
Pownal, Bradbury State Park
Presque Isle, Aroostook State Park
Rangeley, Rangeley Lakes Heritage Trust
Raymond, Kingsley Pines
Redington Township, Maine Appalachian Trail Club -
Poplar Ridge
Rockland, Georges River Land Trust
Rumford, Mahoosuc Land Trust - Whitecap and Black
Mountains
Saco, Ferry Beach Nature Center
Salisbury Cove, Mt. Desert Island Biological Laboratory
Sanford, Waban Projects
Schoolic Peninsula, Schoolic Woods LLC
South Bath, Kennebec Estuary Land Trust - Lily Pond
Community Forest
South Berwick, Vaughan Woods State Park
South Bristol, Damariscotta River Association - Seal
Cove
Stratton, Maine Huts and Trails
Swan's Island, Town of Swan's Island Lighthouse Com-
mittee
T1 R11 WELS, Eastern Region Public Lands - Nahmak-
anta
T15R9, Northern Region Lands - Deboullie Public Land
Unit
Township 6, Western Region Public Lands - Tumbledown
Mountain
Township C, Maine Appalachian Trail Club - Old Blue
Mountain
Turner, Androscoggin Riverlands State Park
Weld, Mount Blue State Park
Wells, Rachel Carson National Wildlife Refuge
West Boothbay, Dept. of Marine Resources
West Boothbay, Maine State Aquarium

Wyman, Bigelow Preserve
 Yarmouth, Town of Yarmouth
 Yarmouth, West Side Trails



AMERICORPS VISTA SITES
Call to Service Corps,
American Legion Auxiliary
Community Partners: 1

Washington, DC, AmeriCorps VISTA program with an affiliate in Maine

Oakland, Maine American Legion Auxiliary

Multilingual Leadership Corps
Community Partners: 14

(#) indicates the number of AmeriCorps Members at the partner site

- Lewiston, Lewiston Housing Authority (1)
- Lewiston, Lewiston School District (1)
- Lewiston, The Caleb Group (1)
- Lewiston, Tree Street Youth (10)
- Portland, Avesta Housing (1)
- Portland, Big Brothers Big Sisters of Southern Maine (1)
- Portland, Catholic Charities of Maine (1)
- Portland, Cultivating Community (7)
- Portland, Goodwill Industries of Northern New England (1)
- Portland, Multilingual Multicultural Center (3)
- Portland, Portland Housing Authority (6)
- Portland, Portland Public Library (1)
- Portland, The Telling Room (3)
- Westbrook, Westbrook School District (3)

Maine Campus Compact
Community Partners: 8

- Augusta, University of Maine Augusta
- Bangor, Eastern Maine Community College
- Biddeford, University of New England
- Fort Kent, University of Maine Fort Kent
- Lewiston, Bates College
- Lewiston, Maine Campus Compact
- Orono, University of Maine
- Portland, University of Southern Maine

Maine VISTA Project
Community Partners: 27

- Augusta, Kennebec County Sheriff's Office
- Augusta, Finance Authority of Maine
- Augusta, Maine Commission for Community Service
- Bangor, Pine Tree Legal Assistance
- Bryant Pond, UMaine Coop. Ext. 4-H Camp and Learning Center
- Kennebunk, United Way of York County
- Lewiston, Healthy Androscoggin/CMCS
- Lewiston, Tri-County Mental Health Services
- Lincoln, KidCare America
- Mt. Desert, MDI Regional School System
- North Berwick, MSAD 60
- Orono, UMaine VETS Program
- Oxford, Oxford Hills School District
- Portland, American Red Cross of Maine
- Portland, Catholic Charities of Maine
- Portland, Community Financial Literacy
- Portland, Portland Public Schools Multilingual & Multicultural Center
- Portland, Pine Tree Legal Assistance
- Portland, The Telling Room
- Portland, USM Vets Resource Center
- Rockland, Youthlinks – Broadreach Family & Community Services
- Saco, Sweetser
- Scarborough, Southern Maine Agency on Aging
- Waterville, Hardy Girls Healthy Women
- Waterville, HealthReach Community Clinics
- Waterville, Let's Go!/Inland Hospital
- Waterville, MaineGeneral RSVP

Penobscot Community Health Corps
All Member serve at one site

[Maryland AmeriCorps program with Maine sites.]

Bangor, Penobscot Community Health Center (7)

Real School
All Members serve at one site

Mackworth Island, Falmouth, Real School (14)

Student Conservation Association
Community Partners: 6

[New Hampshire AmeriCorps program with Maine sites.]

- Bar Harbor, Acadia National Park
- Baring, Moosehorn National Wildlife Refuge
- East Orland, Craig Brook National Fish Hatchery
- Garland, Maine Appalachian Trail Club
- Milbridge, Maine Coastal Islands National Wildlife Refuge
- Wells, Rachel Carson National Wildlife Refuge

AMERICORPS STATE MAYOR-GOVERNOR PROGRAM
 BANGOR AMERICORPS OPPORTUNITY COLLABORATIVE
 GRANTEE: EASTERN MAINE COMMUNITY COLLEGE



BACKGROUND

- ★ Operating since August 2013
- ★ Focus Area : Economic Opportunity
- ★ Service Activity Categories: Soft/job skills training, financial literacy training, veteran outreach services, promote asset-building opportunities for families in public housing,
- ★ Serving these areas of Maine: Bangor region
- ★ Mission of this National Service program: Our goal is to address critical basic needs while simultaneously working to increase employment opportunities through job/skill training and education. Our efforts, following the evidence-based approach of Bridges Out of Poverty (Payne, DeVol, Dreussi-Smith, 2001), establishes a model of collaboration among community partner organizations to provide the needed resources and assurance to move the economically-disadvantaged out of poverty.
- ★ Why National Service program is the best response: National Service provides the opportunity for work experience while instilling an ethic of volunteerism. National Service is the best response because a strong structured program is needed to recruit volunteers to work with vulnerable populations. National Service programs are controlled by federal regulations and thus ensure a high quality and high impact program.

DATA SNAPSHOTS - NOTE: THIS PROGRAM BEGAN OPERATION 3 MONTHS BEFORE THIS REPORT WAS COMPILED.

★ National Service participants who do the work:

	FFY 2012	FFY 2013*
How many participants	n/a - program	13
Total hours of service	did not exist	2,774
Average hours/participant		213

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2012	FFY 2013*
How many volunteers	n/a - program	not yet
Total hours of service	did not exist	available
Average hours/volunteer		

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	n/a	\$210,336
State public funds	n/a	\$34,935
Other federal funds	n/a	\$0
Local public funds	n/a	\$0
Private donations/fundraising	n/a	\$0
Private grants (including United Way)	n/a	\$0
Fee-for-service revenue		\$0
In-kind materials		\$0
In-kind (pro bono) time or services		\$104,444
	TOTAL	\$349,715

MAJOR ACCOMPLISHMENTS THIS YEAR

The Bangor AmeriCorps Opportunity Collaborative is a new National Service program, having just started in late September 2013. We have had several accomplishments in the few months since our program started, with the anticipation of many more to come in the upcoming years!

First Accomplishment: The development of the Bangor AmeriCorps Opportunity Collaborative program brought together many community organizations and created partnerships among organizations with common goals. The program continues to promote collaboration among Bangor community organizations with the common goal of increasing economic opportunities to people in the Bangor area who are living in poverty.



★ Major partners in the work: Bangor Housing, City of Bangor Health and Community Services, Community Partnership for Protecting Children, Eastern Maine Community College, Eastern Maine Development Corporation, Food AND Medicine, Girl Scouts of Maine, MaineStream Finance, United Way of Eastern Maine, University of Maine Bodwell Center for Volunteerism, Unlimited Solutions Clubhouse

Second Accomplishment: Service project at partnership site, Food AND Medicine, helping with preparations for the Solidarity Harvest. The service completed helped Food AND Medicine prepare for the 250+ volunteers they had coming in the following week to help prepare food bags for delivery to over 1000 families across Maine.

★ What it took to do this

- 36 Completed units of service (Hours of service)
- 9 National Service participants involved in this effort

★ Major partners in the work: Food AND Medicine Brewer, Maine. AmeriCorps Members from Eastern Maine Development Corporation, Eastern Maine Community College, MaineStream Finance, The Salvation Army, and United Way of Eastern Maine.

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AMERICORPS STATE PROGRAM

FOODCORPS

GRANTEE: FOODCORPS



BACKGROUND

- ★ Operating since August 2012
- ★ Focus Area: Health/Wellness
- ★ Service Activity Categories: Nutrition Education, Student Engagement, Food Security
- ★ Serving these areas of Maine: Schools in Androscoggin, Cumberland, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington, York Counties
- ★ Mission of this National Service program: Through the hands and minds of emerging leaders, FoodCorps strives to give all youth an enduring relationship with healthy food. FoodCorps, in partnership with UMaine Cooperative Extension, placed 10 service members in thirteen of Maine's sixteen counties to support school garden and Farm to School programs. FoodCorps members are working with their Service Sites to address childhood obesity and food insecurity through providing garden-based nutrition education to students, building and tending school gardens, and helping school food service staff source fresh, healthy, local food for school cafeterias. FoodCorps members are using UMaine Extension resources (4-H youth development, Eat Well nutrition education, Master Gardener Volunteer programs) to support their work and are also collaborating with representatives of Maine's Farm to School Network, Maine Agriculture in the Classroom and Maine School Garden Network to strengthen food systems programming throughout Maine.
- ★ Why National Service program is the best response: Childhood obesity and food insecurity are significant health issues in Maine that are not being addressed through preventative education and behavior change. Studies show that students need at least 10 hours of exposure to holistic, hands-on food and nutrition education in order to begin to change their knowledge, attitudes, and behavior regarding healthy choices. Nationally, the average student only receives 3.4 hours of nutrition education a year. This disparity needs to be addressed through a collaborative, well-integrated, human resources-based approach. Many hands are needed to engage students in growing, cooking and eating healthy food in order to start the behavior change process. FoodCorps service members teach students skills that will help them develop healthy habits that will last them throughout their lives.

COMMENTS FROM THE COMMUNITY:

"Having (FoodCorps Member) here all year is huge for us and has done so much to advance farm-to-table efforts. We could not be happier and the food is darn good." Principal, Oceanside East High School

"I think the most valuable thing to them (the students) is that they come out here (the garden), they get some fresh air, they explore, they move around which is something we don't often get to do nowadays... they learn a lot. They learn that their food doesn't come from a grocery store, that it doesn't come from a factory, that they can go home and do this on their own and I've seen many, many kids do that. They talk their parents into creating their own gardens and their own beds at home and their parents get really into it, too." Teacher, George E. Jack School

A young student's comment when asked to tell his favorite thing about the school garden: "We used to garden at home but now we don't 'cause we don't have it anymore so now I can garden again!"

DATA SNAPSHOTS:

★ National Service participants who do the work:

	FFY 2012	FFY 2013
How many participants	6	10
Total hours of service	9,781	18,285
Average hours/participant	1,630	1,829

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2012	FFY 2013
How many volunteers	168	216
Total hours of service	1,800	2,121
Average hours/volunteer	11	10

★ Status of requests for service or unmet need: The demand – from both organizations seeking FoodCorps AmeriCorps members and from emerging leaders interested in serving as a FoodCorps AmeriCorps member in Maine – consistently far exceeds what we are able to accommodate.

★ The role of National Service Program funds: The work being done by FoodCorps can only be accomplished through an investment in human capital and – in order to truly serve the children that are disproportionately impacted by the obesity and hunger crises – we need to invest this capital in the places where they spend the most time and eat a majority of their calories: school. Currently, given the funding environment for public education, there are few resources available to dedicate to new programming. AmeriCorps funding fills that gap, allowing FoodCorps to provide an injection of human capital into low-income schools to help build the foundation for long-term programming, and the school food environment to make that programming successful in FoodCorps' absence.



★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$130,000	\$130,000
State public funds	\$0	\$0
Other federal funds	\$0	\$0
Local public funds	\$50,000	\$50,000
Private donations/fundraising	\$35,000	\$11,000
Private grants (including United Way)	\$12,000	\$46,000
Fee-for-service revenue	\$0	\$
In-kind materials	\$19,094	\$20,000
In-kind (pro bono) time or services	\$88,611	\$73,000
TOTAL	\$334,705	\$330,000

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 10 FoodCorps service members taught hands-on nutrition education to 7,037 public school students.

★ What it took to do this

- 1,681 Completed units of service (classroom based nutrition education)
- 10 National Service participants involved in this effort
- 7,037 Number of students effected
- \$18.46/hr Program cost per unit of service due to National Service volunteer effort
- \$26/hr Comparable commercial or market unit cost without volunteers (average hourly salary of ME public school teachers)

- ★ Major partners in the work: Dept of Ed Child Nutrition Services; Eat Well Nutrition Associates; SNAP-ED Nutrition Educators/Healthy Maine Partnerships; Maine School Nutrition Association; local community and school partners in each service site area

Second Accomplishment: 10 FoodCorps service members built or revitalized 46 school/community gardens and used them to teach 1,841 hours of nutrition education.

★ What it took to do this

- 2,236 Completed units of service (garden-based nutrition education)
- 10 National Service participants involved in this effort
- 7,037 Number of students effected
- \$18.46/hr Program cost per unit of service due to National Service volunteer effort
- \$26/hr Comparable commercial or market unit cost without volunteers (average hourly salary of ME public school teacher)

- ★ Major partners in the work: Master Gardener Volunteers; Maine School Garden Network; Maine Agriculture in the Classroom; local community and school partners in each service site area

Third Accomplishment: 10 FoodCorps service members connected 145 local farmers and producers with school food service staff, resulting in 54 cafeteria taste tests, and 61 new healthy, local menu items or ingredients incorporated into school feeding programs.

★ What it took to do this

- 1,477 Completed units of service (connecting and sourcing fresh, local food for school cafeterias)
- 10 National Service participants involved in this effort
- 7,037 Number of students effected
- \$18.46/hr Program cost per unit of service due to National Service volunteer effort
- \$26/hr Comparable commercial or market unit cost without volunteers

- ★ Major partners in the work: Maine Farm to School Network; Maine Dept of Agriculture, Conservation and Forestry; Maine Organic Farmers and Gardeners Association; Maine School Nutrition Association; Maine Agriculture in the Classroom; local community and school partners in each service site area

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AMERICORPS NATIONAL DIRECT OPERATING IN MAINE

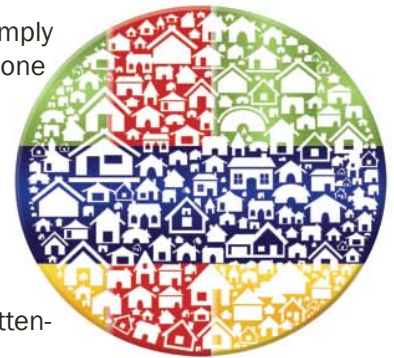
GREAT STRIDES RURAL EDUCATION CORPS

GRANTEE: GOODWILL INDUSTRIES OF NORTHERN NEW ENGLAND



BACKGROUND

- ★ Operating since August 2010
- ★ Focus Area : Education
- ★ Service Activity Categories: Mentoring for Educational Success, Student Engagement, Service-Learning
- ★ Serving these areas of Maine: Aroostook, Cumberland, Hancock, Kennebec, Knox, Oxford, Piscataquis, Somerset, Waldo, Washington, York
- ★ Mission of this National Service program: Great Strides is an AmeriCorps Program serving Maine, New Hampshire, and Vermont. This program places 28 stipended and 47 Education Award Only members in rural schools in order to increase student academic engagement through: mentoring programs and increased mentor relationships; academic support; service-learning opportunities; outreach to the community, such as connecting with businesses, other schools, resources.
- ★ Why National Service program is the best response: The issue cannot be met by simply supplying more staffing for the schools. It involves letting students know that someone cares about their success in school. AmeriCorps members' passionate concern for the students and creative approach to meet the needs of students is one of the strongest ways to meet this need.



COMMENT FROM THE COMMUNITY:

“By having a Great Strides Rural Education Corps AmeriCorps member at Telstar High School we have documented that in the past 3 years test scores have increased and attendance at afterschool enrichment programs has also increased.

For example, in the 2012/2013 school year MKA served 135/250 or 54% of the school population where 81% of those students are low performing. MKA reviewed the NWEA scores administered by the school for the fall and spring of the 12/13 school year. 78% of students served increased in NWEA scores in either math or literacy or both. And of those, 83% went up 5 or more points. 66% went up 10 or more points which is the equivalent of 2.5 years of academic growth. In addition to the school year program, students are provided with summer STEM-based credit recovery, and fun outdoor education to prevent learning loss.

Our community would be greatly affected if this position was lost or not continued. At-risk students would not get the one to one attention they sometimes need to simply stay in school. The relationships the AmeriCorps member develops is key to the success of the program both during the school day and is essential for afterschool programming. The quality of their programs is outstanding and is something that rural schools cannot provide. Mahoosuc Kids has had a very positive experience with Goodwill Industries and would like to continue to be an AmeriCorps host site in the future.”

- Julie Hart, Director Mahoosuc Kids Association (MKA), Telstar High School

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2012	FFY 2013*
How many participants	51	58
Total hours of service	51,801	58,975
Average hours/participant	1,015	1,016

Note: Average of hours reflects the fact that this program has part-time members

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2012	FFY 2013*
How many volunteers	135	149
Total hours of service	Data not tracked	717.5
Average hours/volunteer	Data not tracked	5

★ Status of requests for service or unmet need: The Great Strides Rural Education Corps has an average request of 20% greater need than the program can fund.

★ The role of National Service Program funds: Federal dollars provide a portion of the funds needed while encouraging match to come from local communities. Through a partnership of funds, it is possible to increase impact on community needs. Commitment of federal dollars promotes leverage of local support and establishes accountability that might not otherwise be required by other funding sources.

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$265,000	\$265,000
State public funds	\$0	\$0
Other federal funds	\$20,000	\$20,000
Local public funds	\$31,500	\$41,500
Private donations/fundraising	\$35,000	\$44,000
Private grants (including United Way)	\$20,000	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$290,000	\$290,000
TOTAL	\$661,500	\$660,500

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 58 AmeriCorps Members provided at least 21,622 hours of services to at-risk students. 453 students received at least 1 hour a week for at least 26 weeks. In addition, another 177 at risk students received mentoring services which did not meet the intensity of 1 hour per week for 26 weeks. Activities included, mentoring, academic support, community engagement, and service learning.

★ What it took to do this

21,622	Completed units of service (hours of services to support students)
58	National Service participants involved in this effort
630	Number of students effected
\$21.22	Program cost per unit of service due to National Service volunteer effort
\$35.00	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Host Site Partners, KIDS Consortium, The REAL School, Chip Curry, ABS Consulting.

Second Accomplishment: 58 AmeriCorps Members were provided training throughout their AmeriCorps term, increasing skills, knowledge, and abilities through their service assignment and extra-curricular service leadership.

★ What it took to do this

90	Completed units of service (hours of training per member)
58	National Service participants involved in this effort
58	Number of AmeriCorps Members effected
\$88	Program cost per unit of service due to National Service volunteer effort
\$646	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: ABS Consulting, The REAL School, Thomas College, The Community School at Opportunity Farm and Camden, Chip Curry, Mano en Mano, Maine Commission for Community Service, Ideactive Solutions, Bigelow Preserve, Kingsley Pines, KIDS Consortium, People's United Bank, Institute for Created Future, Cornerstone HR, AmeriCorps Alums.



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AMERICORPS STATE PROGRAM
ISLAND INSTITUTE AMERICORPS FELLOWS
GRANTEE: ISLAND INSTITUTE



BACKGROUND

- ★ Operating since September 2005
- ★ Focus Area: Community Development
- ★ Service Activity Categories: Leadership Development, Volunteer Management
- ★ Serving these areas of Maine: Cumberland, Hancock, Knox, Waldo, Washington
- ★ Mission of this National Service program: The Island Institute Fellows AmeriCorps Program provides support for Maine's island and remote coastal communities. It builds capacity by meeting community stated needs through project-based work; increases capacity for the local management of historical, cultural, natural, economic and information resources; assists local research, planning, education and technology projects; and offers professional development for Island Institute AmeriCorps Fellows
- ★ Why National Service program is the best response: The Island Fellows AmeriCorps Members build capacity around a targeted community need by recruiting and training volunteers, promoting an understanding in the value of service, bringing in resources to sustain projects, cultivating existing community resources and knowledge, and in some cases, creating the capacity for a paid staff position at the end of the service year.

The Island Fellows develop strong relationships with island residents, participate in community at all levels, and experience the challenges and rewards of island living alongside the residents they are serving.

The National Service program provides a solid framework for building local volunteer management capacity and structure. It also provides opportunities for sharing best management practices and collaboration and allows local organizations the opportunity to build and strengthen their ability to provide services.

COMMENT FROM THE COMMUNITY:

"Celia has been a solid, creative, and hardworking addition to our efforts around local food. She has led us into new territory with the tools that she has developed.

There is an increased awareness at the community level of what local food can do for us; increased knowledge and experience in growing, storing, and preparing local food; and a better sense of teamwork.

At the school, Celia developed numerous engaging lessons across grade levels that tied in with the school's curriculum cycle. She empowered students to have an active role in gardening and preparing food, and did so in thoughtful, fun and organized way. Students each have a garden journal which they use over time to document their learning around the garden and food preparation.

It is difficult to believe that Celia hasn't been on the island all along. She fits right into the community."

– Bob Earnest, Community Volunteer at the Chebeague Island School

DATA SNAPSHOTS

★ National Service participants who do the work:

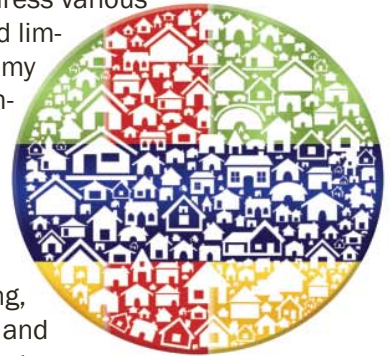
	FFY 2012	FFY 2013
How many participants	18	10
Total hours of service	18,273	20,012
Average hours/participant	1,015	2,001

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2012	FFY 2013
How many volunteers	289	344
Total hours of service	6,283	4,072
Average hours/volunteer	22	12

- ★ Status of requests for service or unmet need: There is strong interest in hosting a Fellow among remote coastal communities who want to address issues around their working waterfronts and fisheries. Among the 15 year-round communities on unbridged islands, 14 are interested in hosting a Fellow. Within each community, multiple groups and organizations want a Fellow to simultaneously address various community needs. However, many of the organizations have stretched budgets and limited resources so local match is a significant barrier to hosting a Fellow. The economy cannot support additional positions. The Island Institute is working with island communities on creative ways to meet the local share of expenses: donated housing offsets, joint applications from multiple organizations, or cross-island partnerships.



- ★ The role of National Service Program funds: AmeriCorps funds provide the Island Fellows AmeriCorps Program the ability to place more Island Fellows, thereby helping communities address urgent community development needs: affordable housing, energy conservation, community planning and development, technology education and integration, public health (eldercare and aging in place), and leadership development.

- ★ National Service Funding: Island Institute's AmeriCorps grant is a "fixed amount" award. In this category of grant, the agency receives \$130,000 to support the AmeriCorps Fellows and is responsible for raising all other program operating revenue from local sources.

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Volunteer Mobilization

10 Island Fellow AmeriCorps members recruited and trained 344 community volunteers in skills necessary to complete and sustain projects addressing targeted community needs. These volunteers contributed 4,072 hours of service toward targeted community need mitigation including:

- ◆ Collecting, cataloguing and preserving oral history recordings.
- ◆ Constructing interior storm windows to weatherize and reduce heating costs of town buildings.
- ◆ Enhancing volunteer management capacity and retention by implementing essential volunteer management practices in local non-profit organizations.
- ◆ Implementing a civic engagement and literacy promotion program, 'One Community, One Book,' that encourages Island residents to read and participate in activities centered around the book theme.
- ◆ Promoting a month long energy reduction competition to reduce school energy use based on the previous year's usage.

- ◆ Stenciling 178 storm drains to raise awareness about storm runoff and water quality issues.
- ◆ Creating maps and supporting documents, reviewing chapters and considering additional policies for a comprehensive town plan.
- ◆ Creating initiatives that would increase local food access for low-income families.
- ◆ Performing culvert assessments to prioritize replacement work to aid salmon migration.
- ◆ Working with at risk youth to restore fish habitat

★ What it took to do this

4,072	Completed units of service (hours volunteered)
10	National Service participants involved in this effort
1,350	Number of citizens effected
\$28.47	Program cost per unit of service due to National Service volunteer effort
\$80	Comparable commercial or market unit cost without volunteers

- ★ Major partners in the work: Downeast Salmon Federation, Chebeague Island Community School, Deer Isle Stonington Elementary School, Islesboro Central School, Peaks Environmental Action Team, Swan’s Island Historical Society, Town of Long Island, Town of Vinalhaven, Long Island Recreation Department, Friends of Casco Bay, Jackson Memorial Library, Cobscook Community Learning Center, Vinalhaven Energy Club

Second Accomplishment: AmeriCorps Member Development

10 Island Fellows received 1,393 hours of professional development training throughout their terms of service. Training helps Members integrate into communities, develop professionally, create ties with the larger service network, support project based training needs, and increases employability upon service completion is important to the overall success of a member’s service year.

Examples of training are the Seed Saving Conference, how to bring gardening into the classroom and curriculum, audio and video editing workshops for use in historical archiving and oral history projects, facilitation training, volunteer management training, and disaster preparedness training to help manage volunteer resources. Fellows attended topic specific events such as the Diadromous Species Restoration Research Network and the Maine Environmental Education Association Conference to network and strengthen host site projects.

★ What it took to do this

1,393	Completed units of service (hours volunteered)
10	National Service participants involved in this effort
933	Number of citizens effected
\$15.07/hr	Program cost per unit of service due to National Service volunteer effort
\$18.60/hr	Comparable commercial or market unit cost without volunteers

- ★ Major partners in the work: KIDS Consortium, Island Institute, UMaine, Chewonki, Downeast Salmon Federation, Chebeague Island Community School, Deer Isle Stonington Elementary School, Islesboro Central School, Swan’s Island Historical Society, Long Island Recreation Department, Jackson Memorial Library, Cobscook Community Learning Center, Vinalhaven Energy Club

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AMERICORPS STATE SCHOOL TURNAROUND PROGRAM

LEARNING WORKS AIMS HIGH

GRANTEE: LEARNING WORKS

BACKGROUND

- ★ Operating since August 2013
- ★ Focus Area: Education
- ★ Service Activity Categories: Tutoring, Mentoring, Student, Parent and Community Engagement.
- ★ Serving these areas of Maine: Cities of Portland, Livermore, Livermore Falls, Jay, Portland, Anson, Embden, New Portland, North Anson, Solon, Steuben, Winter Harbor, Gouldsboro, Sullivan, Sorrento and Franklin
- ★ Mission of this National Service program: The LearningWorks AmeriCorps AIMS HIGH Program places AmeriCorps members in Maine schools that are not meeting Adequate Yearly Progress. These members facilitate or create new programming in the schools around tutoring, mentoring and parent and community outreach. This program aims to increase academic achievement of schools and involve parents and community members in their schools.
- ★ Why National Service program is the best response: All AIMS HIGH school sites are former recipients of a School Improvement Grant (SIG). As these schools have improved, the SIG funding has been funneled out gradually, and they are left with fewer resources, but are tasked with keeping the momentum of improving academic achievement. AmeriCorps Members not only keep this momentum going, but they build on it through creating creative new programming around academics and parent and community engagement.



COMMENT FROM THE COMMUNITY:

“Portland Public Schools is thrilled to be working with the Learning Work-AmeriCorps AIMS HIGH program. Our two School Improvement Elementary Schools are benefitting from the extra hands in the schools assisting both students and teachers to meet our student academic goals in reading and math. AmeriCorps members work one on one with students who can use extra help and assist teachers in differentiating within the classroom. Overall the greatest benefit is that our children have more adults in the school who care about them and their success in school.”

–Maureen Clancy, School Improvement Grants Manager for Portland Public Schools

DATA SNAPSHOTS

(New Program; 4 Months Of 2013 Operation)

- ★ National Service participants who do the work:

	FFY 2012	FFY2013
How many participants	n/a	38
Total hours of service		5,144
Average hours/participant		136

- ★ Status of requests for service or unmet need: Not yet determined.

★ The role of National Service Program funds: Federal dollars provide the majority of program funding along with match funding from LearningWorks and the schools AIMS HIGH works in. This partnership allows AmeriCorps members to be placed in 5 schools across Maine; impacting student achievement and community engagement.

★ Program Budget

*National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds*	\$0	\$727,075
State public funds	\$0	\$0
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$0	\$93,961
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$217,446
TOTAL	\$0	\$1,038,482

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Tutoring program involvement at all partner schools to improve student academic success.

★ What it took to do this

In each school, LW AIMS HIGH members have instituted various tutoring programs ranging from before-school programming, one-on-one tutoring for specific needs, all-day tutoring, and after-school tutoring. The subjects vary but there is a heavy focus on STEM and reading.

Specific examples include:

- ◆ members at Riverton Elementary assist with morning math tutoring;
- ◆ members at East End Community School partner with another LearningWorks after school program to offer extended learning programs;
- ◆ members at Sumner Memorial High School provide a LEAP Tutoring program for 8 students daily; and
- ◆ members at Carrabec High School provide All-Day-Tutoring for more than 50 students.

At Carrabec High School, teachers have provided anecdotal evidence that some students who have been working with AmeriCorps members are showing a significant improvement in their attitude and their school-work. These are students who were described as putting no effort into their classes and who are now described as attentive in class, coming for extra help, and doing their homework.

★ Major partners in the work: Edmodo and LearningWorks After-School Program.

Second Accomplishment: Members operated PLATO daily as a credit recovery program, alternative education program, and independent study program for students.

★ What it took to do this

At Spruce Mountain High School LW AIMS HIGH members were trained to operate the PLATO (Programmed Logic for Automatic Teaching Operations) program. PLATO is a web-based credit recovery program in which students work in a guided format to acquire or recover credits from classes in which they need improvement.

LW AIMS HIGH members have used PLATO to create the structure of a new program that will be in use long after AmeriCorps leaves.

With input from the schools and students, AmeriCorps members have already instituted program guidelines and procedures such as mandatory test proctoring; criteria for assigning, assessing and awarding credit for work; and recommendations for acceptance and completion.

AmeriCorps interactions with students through PLATO and the associated mentoring and tutoring has already resulted in a positive change in behavior and increased class participation from many students.

★ Major partners in the work: PLATO Learning, Inc.

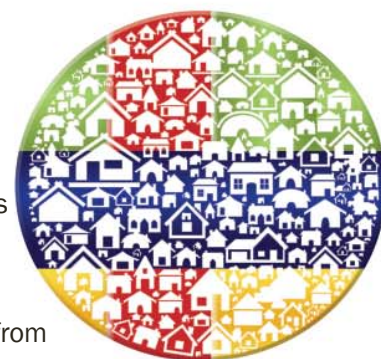
Third Accomplishment: Increased availability of healthy meals.

★ What it took to do this

The LW AIMS HIGH members at Sumner Memorial High School have instituted several programs to increase awareness and availability of nutritional food options. Members have partnered with Healthy Acadia to create a hoop house and grow winter vegetables to be used in the school cafeteria.

A half time member and one of the teachers are conducting a Slow Food educational class being offered during lunch. The program is consistently providing healthy, made from scratch, lunches for students and teachers each week.

★ Major partners in the work: Healthy Acadia and Mandalla Farms.



FOR MORE INFORMATION:

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AMERICORPS STATE PROGRAM
MAINE CONSERVATION CORPS
GRANTEE: ME DEPT. OF AGRICULTURE,
CONSERVATION, & FORESTRY



BACKGROUND

- ★ Operating since 1994 (as AmeriCorps; Maine Conservation Corps was established in 1983)
- ★ Focus Area : Conservation
- ★ Service Activity Categories: Trail construction and rehabilitation, environmental education, volunteer management, leadership development, veteran employment
- ★ Serving these areas of Maine: Androscoggin, Aroostook, Cumberland, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington, and York Counties
- ★ Mission of this National Service program: The mission and mandate of the MCC is "...to improve public property for the increased use and enjoyment of the public, to provide conservation education, to promote and manage volunteer opportunities related to natural resources, and to assist public and non-profit organizations with projects that serve a valid public purpose."
- ★ Why a National Service program is the best response: National Service offers opportunities for our members to gain work experience while instilling an ethic of volunteerism. The MCC's Veteran Community Leader program provides employment and community involvement to veterans and at the same time allows them to continue serving their country. The MCC also supports Maine's economy with jobs and helps bring prosperity to rural areas through nature-based tourism and quality of place. In their capacity as AmeriCorps members, our members are able to promote the engagement of volunteers to community members and help create sustainable systems. This community involvement will ultimately lead our partners to be more sustainable.

COMMENT FROM THE COMMUNITY

"The MCC taught us how to design and build trails that are safe and sustainable while preserving the natural environment. It enabled us to recruit volunteers and stir a great deal of enthusiasm which increased donations to the project. ... The trails have increased access to the shore for the local community at a time when shorelines are being bought up by private owners; and the integration of materials on ornithology, marine biology, botany, and geology found on the site in the Swan's Island School curriculum is increasing environmental interest and awareness in the local community."

- Fern Burns, Chairman, Swan's Island Town Lighthouse Subcommittee

"Having MCC come in to blaze our new trail section jump started our all-volunteer trail building efforts this fall. It felt like magic for the volunteers to realize that they'd built 1.25 miles of trail in less than 4 weeks. Without the prep work that the MCC crew did before we started it would not have been possible to finish this section of trail this year. It clearly demonstrates the value of bringing in MCC crews."

- Dan Ostrye, Chairman, Yarmouth Bicycle and Pedestrian Committee

From a veteran now serving in AmeriCorps:

"This is the first time I feel my job has made a positive impact on the world. I am thankful the Maine Conservation Corps has given me this opportunity."

- Dylan Cookson, MCC Veteran Community Leader, Penobscot River Restoration Trust

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2012	FFY2013
How many participants	92	86
Total hours of service	72,733	63,752
Average hours/participant	791	741

Note: Average of hours reflects the fact that this program has a significant number of part-time members

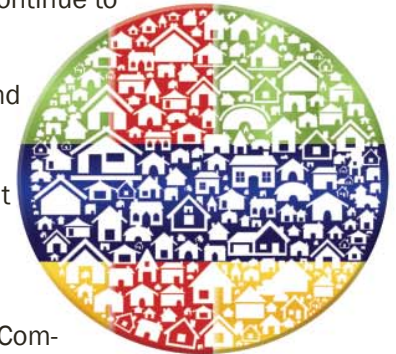
★ Community volunteers who serve alongside National Service participants:

In some cases, the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2012	FFY 2013
How many volunteers	673	380
Total hours of service	3,127	1,805
Average hours/volunteer	5	5

★ Status of requests for service or unmet need: Many organizations that the MCC works with do not have the funding or resources to complete conservation projects on their own. This past year the MCC re-recruited 15+ interested host sites that were unable to participate due to inability to raise the funds in their local community. It is extremely important to maintain our natural resources and continue to educate the public about environmental and conservation issues.

★ The role of National Service Program funds: National Service Program funds expand employment opportunities throughout Maine and provide the means for increasing community involvement through volunteerism, training and coordination. The MCC helps many organizations obtain these goals and provides the foundation that helps them move toward sustainability within their local community.



★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$390,068	\$351,583
State public funds	\$0	\$0
Other federal funds	\$128,000	\$100,500
Local public funds	\$464,669	\$801,861
Private donations/fundraising	35,000	\$0
Private grants (including United Way)	\$0	\$13,200
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$1,017,737	\$1,267,144

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: The MCC completed the inaugural year of the Veteran Community Leader Program, providing Maine veterans with conservation work throughout the state of Maine.

★ What it took to do this

- ◆ Recruitment of host sites throughout Maine with conservation focus
- ◆ Enrollment of Maine veterans and pairing with partners for service terms
- ◆ Development of an eleven week training program before service at host site begins
- ◆ Securing the approval for veterans to utilize GI Bill benefits during their term of service
- ◆ Implemented a consistent monitoring program to track member progress

★ Major partners in the work: Belgrade Regional Conservation Alliance, Belgrade Youth Conservation Corps, Penobscot River Restoration Trust, Penobscot Nation, Bradbury Mountain State Park, Cumberland County Correctional Facility, Androscoggin Riverlands State Park, Turner Timberland ATV Club, Turner Ridge Riders, New England Mountain Bike Association and Mount Blue State Park.

Second Accomplishment: MCC members worked in teams and with volunteers to build 23.64 miles of new trail and improve 154.8 miles of existing trail while focusing on reducing environmental degradation by human and natural causes. These publicly accessible trails are used for hiking, walking, running, biking, horseback riding and skiing, and allow access to some of Maine's most beautiful areas.

★ What it took to do this:

46,612	Completed units of service (hours volunteered)
73	National Service participants involved in this effort
1.1 million	Number of citizens effected
\$9.50/hr	Program cost per unit of service due to National Service volunteer effort
\$19.50/hr	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: National partners: National Park Service for the Appalachian Trail. State partners: Aroostook State Park, Androscoggin State Park, Baxter State Park, Vaughan Woods State Park, Deboullie, Nahmakanta and Cutler Public Lands. Land Trusts: Kennebec Estuary Land Trust, Mahoosuc Land Trust, and Rangeley Lakes Heritage Trust. Community partners: Town of China, Town of Camden, Town of Yarmouth, City of Ellsworth and Swan's Island, IDEXX Laboratories, Maine Outdoor Heritage Fund, Bowdoin College, and Central Maine Power.

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AMERICORPS STATE PROGRAM MULTILINGUAL LEADERSHIP CORPS GRANTEE: GOODWILL INDUSTRIES OF NORTHERN NEW ENGLAND

BACKGROUND

- ★ Operating since August 2012
- ★ Primary Area of Need: Education (English Language Learners)
- ★ Service Activity Categories: Mentoring, Student Engagement
- ★ Serving these areas of Maine: Greater Portland and Lewiston/Auburn
- ★ Mission of this National Service program: The Multilingual Leadership Corps AmeriCorps Program places AmeriCorps members in Maine schools and nonprofit organizations serving K-12 English Language Learners, concentrating on the areas of greater Portland and Lewiston/Auburn. This program increases academic engagement among English Language Learners through School Skills Support, Mentoring, Aspirations (high school and college prep), and Community Engagement programs.
- ★ Why National Service program is the best response: The issue cannot be met by simply supplying more staffing for the schools and after school programs. It involves letting students know that someone cares about their success in school. AmeriCorps members' passionate concern for the students and creative approach to meet the needs of students is one of the strongest ways to meet this need. The network of services provided to each student from a variety of programming in nonprofits, schools, and housing communities also better meets the needs of the ELL students who face a complexity of needs in the learning environment. The Multilingual Leadership Corps also links a network of services for ELL students, providing opportunities through a variety of after school and in school supports.



COMMENT FROM THE COMMUNITY:

Ahmed Hassan was born in Kenya, where he lived with his grandparents after falling sick. For much of his youth, he travelled from village to village and only saw his parents during the holidays.

At the age of 14, he came to the United States with his parents. Although in Kenya he was learning in a 3rd grade class, he was placed in an 8th grade class at Lewiston Middle School and didn't know a single word of English.

Through ELL (English Language Learner) classes and after school participation at Tree Street Youth, Ahmed has transitioned into mainstream classes, achieved honors, and become an active citizen in his community. He serves as a peer mentor StreetLeader through Tree Street Youth and enjoys being involved in dance.

Ahmed reflects on his goals: "I will be the first person in my family to graduate and go to college. I want to inspire my younger siblings to be successful in life and encourage them to finish high school and go to college as well. I have a dream that when I finish college I will be able to help my family. I want to study business. My family is poor. My dad is the only person that works and my mother takes care of my little siblings and goes to school to learn English."

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2012	FFY2013
How many participants	37	40
Total hours of service	7,468	34,585
Average hours/participant	201	865

Note: Average of hours reflects the fact that this program has part-time members

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2012	FFY 2013
How many volunteers	244	737
Total hours of service	1,198	12,443
Average hours/volunteer	5	17

★ Status of requests for service or unmet need: The Multilingual Leadership Corps estimates about a 20% greater need than the program can fund.

★ The role of National Service Program funds: Federal dollars provide a portion of the funds needed while encouraging match to come from local communities. Through a partnership of funds it is possible to increase impact on community needs. Commitment of federal dollars leverages local support to meet English Language Learner needs that are not already being met.

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$59,168	\$260,000
State public funds	\$0	\$0
Other federal funds	\$0	\$0
Local public funds	\$16,574	\$75,000
Private donations/fundraising	\$12,892	\$51,000
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$45,981	\$234,000
TOTAL	\$134,615	\$620,000

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 40 AmeriCorps Members provided 381 ELL (English Language Learner) students with about 19,182 hours of student engagement support. These activities include mentoring, school skills support, aspirations, and community engagement activities.

★ What it took to do this

19,182	Completed units of service (hours of services to support students)
40	National Service participants involved in this effort
381	Number of citizens effected
\$14.72	Program cost per unit of service due to National Service volunteer effort
\$35.00	Comparable commercial or market unit cost without volunteers

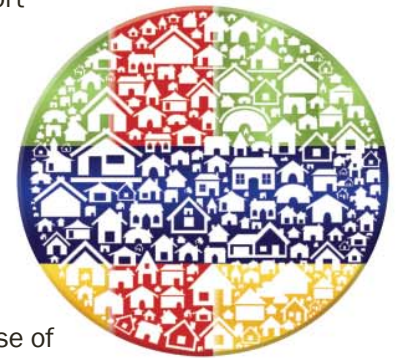
★ Major partners in the work: Host Site Partners, ABS Consulting, The Telling Room, Tree Street Youth, The REAL School, Catholic Charities, Center for Grieving Children.

Second Accomplishment: 40 AmeriCorps Members were provided 1284 total hours of training, increasing skills, knowledge, and abilities through their services assignment and extra-curricular service leadership.

★ What it took to do this

32	Completed units of service (hours of training per member)
40	National Service participants involved in this effort
40	Number of AmeriCorps members effected
\$188	Program cost per unit of service due to National Service volunteer effort
\$646	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: ABS Consulting, Ideactive Solutions, The Community School, Maine Commission for Community Service, Thomas College, United Way of Greater Portland, COAD, The Telling Room, Tree Street Center, Lewiston Public Schools, Multilingual Multicultural Center, Portland Housing Authority, The REAL School, Catholic Charities, AmeriCorps Alums, Center for Grieving Children, Camp Beech Cliff, People's United Bank, Institute for Created Future, Cornerstone HR



Third Accomplishment: 11 Multilingual Leadership Corps Host Sites increased use of volunteer management essential practices over the course of the member terms.

★ What it took to do this

11	Completed units of service (hours of training and resources on volunteer management essential practices)
17	National Service participants involved in this effort
737	Number of citizens effected
\$50	Program cost per unit of service due to National Service volunteer effort
\$715	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: ABS Consulting, Lewiston Housing Authority, Lewiston School District, The Caleb Group, Tree Street Youth, Avesta Housing, Big Brothers Big Sisters of Southern Maine, Catholic Charities of Maine, Multilingual Multicultural Center, Portland Housing Authority, The Telling Room, Westbrook School District.

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AMERICORPS STATE PROGRAM

THE REAL SCHOOL

GRANTEE: RSU 14



BACKGROUND

- ★ Operating since August 2012
- ★ Focus Area : Education
- ★ Service Activity Categories: Service-Learning
- ★ Serving these areas of Maine: Southern Maine towns served include: Auburn, Bath, Brunswick, Biddeford, Cumberland, Falmouth, Fryeburg, Norway, Poland, Portland, Raymond, South Portland, Windham.
- ★ Mission of this National Service program: To engage low-income, At-Risk 7-12 grade students in active, ongoing, community-oriented evidence-based service-learning projects.
- ★ Why National Service program is the best response: AmeriCorps members are the ideal partners to engage hard-to-reach students in need of direction. Our students need role models who demonstrate a deep commitment to community and national service. AmeriCorps members come with the training needed and passion-fueled desire to make a change. Given the intense and multi-faceted needs that our student's possess, a strong and resilient force of volunteers is required. AmeriCorps are the only corps of volunteers who have ever been able to make a significant impact at our school due to their deep commitment to national service and a strong network of support and professional training that accompanies them.

COMMENT FROM THE COMMUNITY:

"The Real School AmeriCorps Service Learning Program is the most dynamic educational program that I have encountered in my many years as a classroom teacher! Their Service-Learning Facilitators worked brilliantly with my class of introductory English Language Learner students at King Middle School. They facilitated a day of action, learning, and real growth for my students on their High Ropes Course on Mackworth Island. Brilliant!"

--Jane Armstrong King Middle School Teacher and ELL Department Chair

DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2012	FFY2013
How many participants	14	15
Total hours of service	5,819	19,066
Average hours/participant	416	1,271

Note: Average of hours reflects the fact that this program has part-time members

- ★ Community volunteers who serve alongside National Service participants:

	FFY 2012	FFY 2013
How many volunteers	7	20
Total hours of service	1,875	1,998
Average hours/volunteer	267	100

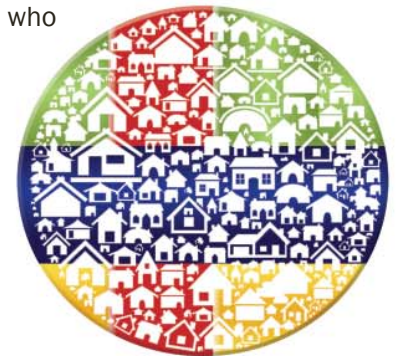
★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$130,115	\$132,000
State/local public funds	\$130,492	\$192,501
Private donations/fundraising	\$30,000	\$52,950
Private grants (including United Way)	\$5,000	\$13,370
Fee-for-service revenue	\$4,000	\$8,855
In-kind materials	\$1,000	\$5,025
In-kind (pro bono) time or services	\$5,000	\$5,000
TOTAL	\$305,607	\$409,251

★ Status of requests for service or unmet need: The students who attend the REAL School have had long and often traumatic histories with school failure. Before a student walks in the door at the REAL school it is likely that they have attended as many as 5 other high schools and/or middle schools prior to their arrival at REAL. Given this level of school disruption, their academic and social/emotional needs are extreme. Our AmeriCorps members meet these students each day with enthusiasm, passion, and expertise in engaging these youth in high quality service-learning programming. Given the climate of economic hardship that has existed during recent years, the need to support these students, who often come from families in poverty, is greater than ever.

★ The role of National Service Program funds: National Service Funding allows REAL School AmeriCorps members to meet their basic living expenses so that they can serve our most needy and challenging students. Given the depth of the training necessary to meet our students needs, there is no way that community based volunteers alone could commit the time, or energy necessary to meet this most pressing need.



MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Summer STEM Camp for Girls

In June of 2013, the REAL School AmeriCorps Service-Learning Program hosted a 3-week intensive summer STEM (Science, Technology, Engineering, and Math) Camp for High School Girls. Participants came from 5 different area high schools.

The majority of the girls were selected based on their strong interest in pursuing a career in the STEM fields. Many of the participants were from Portland’s immigrant and refugee community.

The program featured presentations from 15 prominent women in STEM fields from Southern Maine. Guests included Meg Baxter from the George Mitchell Foundation and Neuroscientist Dr. Amy Davidoff who is doing groundbreaking research in genetics at the University of New England.

The curriculum used both the Service-Learning model as well as design challenges. Girls worked in small research teams which targeted the following subjects, and engaged the following community partners: environmental sustainability with the SIERRA Club, engineering and bridge design with CPM Construction, census data analysis with Preble Street Resource Center, and Permaculture with Resilient Roots.

The program exposed aspiring girls to a wide array of opportunities in the STEM Fields and gave real challenges for them to explore with the guidance of community STEM partners.

★ What it took to do this

2,400	Completed units of service
16	National Service participants involved in this effort
50	Number of citizens effected
\$6.50	Program cost per unit of service due to National Service volunteer effort
\$40	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Maine Women’s Fund, University of New England, the George Mitchell Foundation.

Second Accomplishment: Dr. Howard Stone “A Medical Tour of Duty in Vietnam”.

As part of the Veteran’s Living History Project, AmeriCorps member Kristin Rogers identified a Medical Doctor, Dr. Howard Stone, who served in Vietnam with a remarkable story to tell. Together with Veteran REAL School Teacher Rich Meserve, Kristin taught her class of 12 highly at-risk students how to conceive of, edit, and produce a high-quality video which would tell Dr. Stone’s story about his experience in Vietnam.

The class not only learned how to produce this video but would eventually save enough through class fundraising efforts to drive their video to Washington, DC. where they submitted it to the Library of Congress. Once in the archives, it will be preserved for posterity as a completely unique artifact of American history as captured by a class at the REAL School. While the students learned about video production, they also learned bigger lessons about history, valor, and selfless service to one’s country.

★ What it took to do this

800	Completed units of service
4	National Service participants involved in this effort
unknown	Number of citizens effected
\$6.50	Program cost per unit of service due to National Service volunteer effort
\$50	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Dr. Howard Stone, The United States Library of Congress, Lowe’s toolbox for Education.

Third Accomplishment: “The Art of Service-Learning” Public Awareness campaign

The REAL School AmeriCorps Service-Learning program not only practices Service-Learning as the driver of our school-wide curriculum but we also seek to raise awareness about Service-Learning as a relevant, authentic, and evidence-based program which has significant educational and civic merit.

To highlight Service-Learning initiatives to the broader community we hosted an event titled “The Art of Service-Learning” at Local Spouts Cafe in downtown Portland in December of 2013. The event featured seven Service-Learning projects which were depicted in still photos, student writing and via student-generated videos and multi-media presentation. In attendance were a variety of National Service members, school administrators, school board members, parents, politicians, and students. This event represented yet another step in promoting the work of National Service in our community and had the added benefit of highlighting Service-Learning as an evidence-based curriculum that engages the community and can be tied to Common Core State and National Educational Standards.

★ What it took to do this

- 206 Completed units of service
- 16 National Service participants involved in this effort
- 100 Number of citizens effected
- \$5 Program cost per unit of service due to National Service volunteer effort
- \$35 Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Local Sprouts Cooperative, Lowe’s Toolbox for education.

FOR MORE INFORMATION:

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AMERICORPS NATIONAL DIRECT OPERATING IN MAINE STUDENT CONSERVATION ASSOCIATION GRANTEE: STUDENT CONSERVATION ASSOCIATION (NH)



BACKGROUND

- ★ Operating since 1993
- ★ Focus Area: Environmental Stewardship
- ★ Service Activity Categories: Restoration, invasive removal, trail building
- ★ Serving these areas of Maine: Statewide
- ★ Mission of this National Service program: The mission of SCA is to build the next generation of conservation leaders through hands-on service to the land.
- ★ Why National Service program is the best response: SCA AmeriCorps members complete critical conservation projects that meet the restoration and protection needs of our partners while developing their skills in the field of natural and cultural resource conservation.

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2012	FFY2013
How many participants	19	18
Total hours of service	9,524	8,523
Average hours/participant	501	474

Note: SCA operates in a number of states including Maine and, therefore, receives its AmeriCorps funding directly from the federal agency. It does not keep records of accomplishments by state.

CALL TO SERVICE CORPS (VISTA) AMERICAN LEGION AUXILIARY



BACKGROUND

- ★ Operating since 2013
- ★ Focus Area: Capacity-building; services to Veterans, military servicemembers, and their families
- ★ Service Activity Categories: Poverty Alleviation, Capacity Building, Volunteer Management, Volunteer Mobilization, Volunteer Recruitment, Training Implementation, Mission Outreach
- ★ Serving these areas of Maine: Statewide
- ★ Mission of this National Service program: With nearly 1,000,000 members nationwide, The American Legion Auxiliary is the world's largest women's patriotic organization dedicated to advocating for and meeting the needs of our veterans, servicemembers, their families, our community, state, and nation. The 116 American Legion Auxiliary Units located in communities throughout Maine work tirelessly to meet these needs in our Communities and this State.
- ★ Why National Service program is the best response: VISTA members assigned to the American Legion Auxiliary Call to Service Corps VISTA project across the country are developing and implementing training, technical assistance strategies, tools and resources to mobilize volunteers in service targeted to poverty alleviation by and for military servicemembers, veterans and their families, thus helping our organization of volunteers to increase our capacity to serve. The Maine American Legion Auxiliary is benefiting from the service of one of the VISTA members working under this National project.

DATA SNAPSHOTS

- ★ National Service Participants who do the work: 1
- ★ Status of requests for service or unmet need: The service needs of the aging of the WWII, Korean and Viet Nam veterans are ever increasing. At the same time systems are being stretched by a large influx of new veterans from the Iraq and Afghan conflicts. Continued deployments of active duty servicemembers leaves young families at home. Significant unemployment and economic downturn puts many in this target population on the edge of, or living in poverty.
- ★ The role of National Service Program funds: As an all-volunteer organization, the Maine American Legion Auxiliary is benefitting from the full-time focus of our VISTA member to help us build our capacity to meet this service need in new and more effective ways.

★ Program Budget

National Service fund are from appropriations to the Corporation for National and Community Service.

The Maine American Legion Auxiliary receives no direct funds. The National Call to Service Corp grant provides a living stipend directly to our VISTA member. The Maine ALA provides in-kind match through the provision of office space, supplies and equipment, as well as local travel reimbursement.

MAJOR ACCOMPLISHMENTS [Due to the starting date of this VISTA Project, this is a mid-year report.]

First Accomplishment: Veterans were invited to participate in the First Maine Veterans Creative Arts Festival. The festival was an opportunity for Maine Veterans who were being treated at VA facilities to showcase their artistic achievements while assisting in their healing from both physical and psychological

wounds. The Festival was a rousing success and one of the Veterans from Maine even went on to win First Place in the National competition.

What it took to do this



★ What it took to do this

54	Completed units of service (veterans and military families received service/assistance)
1	National Service participants involved in this effort
300	Number of citizens effected
\$13	Program cost per unit of service due to National Service volunteer effort
\$2,624	Comparable commercial or market unit cost without volunteers

★ Major Partners in the work: Sue Pattershall, Music Instructor, as Stage Director, Gary Crocker, Maine Humorist, as MC, Isamax Snacks and Shelby's Deli, backstage refreshments, Veterans Administration Togus, American Legion Auxiliary Units and American Legion Posts statewide.

Second Accomplishment: Developed and hosted a statewide Day of Service initiative called "Boots on the Ground". The goal of this event was to focus community attention on the needs of local Veterans, Servicemembers and their families, seeking them out and providing service to aid them in whatever way was needed.

★ What it took to do this

91	Completed units of service (veterans, active duty military family members and community volunteers participating)
1	National Service participants involved in this effort
610	Number of citizens effected
\$6.95	Program cost per unit of service due to National Service volunteer effort
\$211.56	Comparable commercial or market unit cost without volunteers

★ Major Partners in the work: Maine American Legion Auxiliary Units

FOR MORE INFORMATION:

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Maine American Legion Auxiliary Call to Service Corp Project
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AMERICORPS VISTA MAINE CAMPUS COMPACT

SPONSOR: NORTHERN NEW ENGLAND CAMPUS COMPACT



BACKGROUND

- ★ Operating since 2000
- ★ Focus Area : Education
- ★ Service Activity Categories: College Access and Success, Service-Learning
- ★ Serving these areas of Maine: Androscoggin, Aroostook, Cumberland, Kennebec, York
- ★ Mission of this National Service program: Our goal is to develop strong and sustainable partnerships among higher education institutions and low-income communities that will increase access and retention to higher education for low income individuals by providing programming focused on improving college aspirations, increasing the belief that college is an option and increasing access to higher education for low income individuals seeking higher education.
- ★ Why National Service program is the best response: VISTA is designed to build capacity for nonprofits to address poverty. Our VISTAs mobilize the volunteer resources of higher education in Maine to reduce poverty in the long and short terms.

DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2012	FFY2013
How many participants	8	8
Total hours of service	16,640	16,640
Average hours/participant	2,000	2,000

- ★ Community volunteers who serve alongside National Service participants:

	FFY 2012	FFY 2013
How many volunteers	Not available	278
Total hours of service	Not available	4,423
Average hours/volunteer	Not available	16

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 8 Maine Campus Compact VISTAs were placed on 7 different college/university campuses across the state. They contributed 16,640 hours of service focused on increasing access and retention to higher education for low income individuals, including:

- ◆ working in partnership with three schools in the Biddeford area to raise literacy rates by third grade and improve math skills by ninth;
- ◆ recruiting USM students to serve in the Portland area on academic success and college access programs;



- ♦ coordinating an after-school academic success program and plan youth enrichment activities at the Lewiston Public Library;
 - ♦ developing and coordinating the College Access Initiative (CAVE) program in partnership with the Augusta Boys & Girls Club and Cony High School;
 - ♦ recruiting, training, and matching college student mentors with middle school and high school students in Portland;
 - ♦ coordinating the Black Bear Mentor Program at the University of Maine, matching university student mentors with elementary and middle school-aged children in the local community;
 - ♦ coordinating four financial literacy programs while partnering with Acadia Federal Credit Union; and
 - ♦ providing pre-college preparedness services to 10 area high school students before they reach college through the Apply Yourself program in the Bangor area.

★ Major partners in the work:

- ♦ Acadia Federal Credit Union
- ♦ Madawaska Community Schools
- ♦ Maine School Administrative District #27
- ♦ Old Town Elementary School
- ♦ Leonard Middle School
- ♦ Dr. Lewiston S. Libby School
- ♦ Old Town Recreation Department
- ♦ Veazie Recreation Department
- ♦ Big Brothers Big Sisters of Mid-Maine
- ♦ College for Every Student
- ♦ Brewer High School,
- ♦ Deer Isle Stonington HS
- ♦ Ellsworth HS
- ♦ Hancock County Technical Center
- ♦ Mattanawcook Academy
- ♦ Penquis Valley High School
- ♦ Piscataquis Community Secondary School
- ♦ Schenck HS
- ♦ Tri-County Technical Center
- ♦ Cony HS
- ♦ America Reads/America Counts
- ♦ CK Burns School
- ♦ Biddeford Middle School
- ♦ Biddeford Primary School
- ♦ Loranger Middle School
- ♦ The Middle School of the Kennebunks
- ♦ Old Orchard Beach HS
- ♦ The Boys and Girls Club
- ♦ Portland Housing Authority
- ♦ KPAC
- ♦ LearningWorks
- ♦ Gorham Food Pantry
- ♦ Gorham Parks and Rec
- ♦ Gorham Middle School
- ♦ Lewiston Public Library
- ♦ Lewiston Middle School
- ♦ Lewiston High School
- ♦ Tree Street Youth
- ♦ Portland Mentoring Alliance
- ♦ Kind Middle School
- ♦ Catholic Charities Refugee and Immigrant Services

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AMERICORPS VISTA MAINE VISTA PROJECT

SPONSOR: MAINE COMMISSION FOR COMMUNITY SERVICE



BACKGROUND

- ★ Operating since 2011
- ★ Focus Area: Veterans, Education, Healthy Futures
- ★ Service Activity Categories: Veterans and military families services, service-learning & extended learning opportunities, obesity prevention
- ★ Serving these areas of Maine: Androscoggin, Cumberland, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Somerset, Waldo, York counties
- ★ Mission of this National Service program: The Maine VISTA Project builds capacity in organizations serving low income Mainers and creates sustainable strategies to bring individuals and communities out of poverty. Through the service of VISTA members, veterans and their families access the services and benefits they have earned through service to our country; at-risk students are engaged in service-learning activities or extended learning opportunities that improve academic engagement or achievement; and children avoid the negative health consequences of obesity through an active lifestyle and access to nutritious food.
- ★ Why National Service program is the best response: AmeriCorps*VISTA members provide a “human resource” that focuses on increasing organizational capacity through development of new or expansion of existing programs. Members volunteer in intensive assignments– full time for one year– which allows them to contribute in a meaningful and impactful way and engage the community to ensure long-term sustainability.

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2012	FFY2013
How many participants	27	30
Total hours of service	54,000	45,898
Average hours/participant	2,000	1,800

★ Community volunteers who serve alongside National Service participants:

	FFY 2012	FFY 2013
How many volunteers	4,603	3,382
Total hours of service	46,030	39,594
Average hours/volunteer	10	12

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Increased programming to serve Maine’s most vulnerable youth. Members linked schools with communities to engage youth in extended- and service-learning activities that lead to better school attendance, higher grades, and more. They helped institutionalize service-learning by supporting leadership teams, developing resources for projects, conducting research and developing curricula, and coordinating training for educators. They also worked with schools, early childcare providers, pediatricians,

and local businesses to drive community obesity-prevention campaigns through outreach and education.



★ What it took to do this

- 1,440 Completed units of service (low income students participating in service-learning or extended learning activities)
- 9 National Service participants involved in this effort
- 1,440 Number of citizens effected
- \$9.92 Program cost per unit of service due to National Service volunteer effort
- \$21.94 Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Penquis RSVP, MaineGeneral RSVP, Rockland Area Food Systems Workgroup, MDI Nonprofit Alliance, SCORE, Robert’s Farm Preserve, RSU #13, Community Concepts, GenerationOn, Maine Department of Education, Maine Math and Science Alliance, Bates College, local Workforce Development Teams, Many Flags/One Community Foundation, College of the Atlantic, Portland Public Library, UMaine Orono, Rockland Area Food Workgroup, Center for an Ecology Based Economy, Maine School Garden Network.

Second Accomplishment: Community behavioral health providers received specialized training to treat veterans with PTSD and TBI and their family members; attorneys volunteered to assist veterans at benefits clinics; and colleges strengthened support to student veterans with resource centers and campus-wide outreach to keep them on the path to graduation. Over 250 military kids participated in service-learning through in- or out-of school time activities or were matched with mentors for science, technology, engineering, and math projects.


★ What it took to do this

- 652 Completed units of service (low income veterans and military families received services/assistance)
- 11 National Service participants involved in this effort
- 652 Number of citizens effected
- \$9.29 Program cost per unit of service due to National Service volunteer effort
- \$16.70 Comparable commercial or market unit cost without volunteers

★ Major partners in the work: University of Maine Law School Veteran Student Organization, private attorneys, Maine Military and Community Network, Maine Department of Labor Career Centers, Maine’s Vet Centers, Veteran’s Service Organizations (VFW, DAV, American Legion, AmVets), University of Maine Bodwell Center for Volunteerism, Homeless Veterans Networking Group, CADCA VetCorps, Colby College, Maine Infantry Foundation, Easter Seals Maine, Maine Army National Guard, US VA Office of General Counsel, Maine State Bar Association, Maine Pretrial Services, the Maine Co-occurring Disorders Court, Maine Bureau of Veterans’ Services, Maine Homeless Veterans’ Alliance, Farmer Veteran Coalition, and Army One Source, Androscoggin County Bar Association.

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AMERICORPS NATIONAL CIVILIAN COMMUNITY CORPS

PERRY POINT (MD) CAMPUS

SPONSOR: CORPORATION FOR NATIONAL AND COMMUNITY SERVICE

BACKGROUND

- ★ Focus Area : Disaster Response and Recovery, Environmental Stewardship, and more
- ★ Mission of this National Service program: AmeriCorps NCCC engages teams of members in projects in communities across the United States. Service projects, which typically last from six to eight weeks, address critical needs related to natural and other disasters, infrastructure improvement, environmental stewardship and conservation, energy conservation, and urban and rural development.

NCCC supports faith-based and other community-based organizations; national nonprofits; schools; local municipalities; state governments; federal agencies; national and state parks; and Indian tribes.

Projects must be capable of using at least one full team of 8 to 12 members effectively. Transportation and some basic tools are provided by the NCCC; however, project sponsors are required to provide materials, specialized tools, orientation, training, and technical supervision. The project sponsor is responsible for arranging housing for the team, and works with the NCCC to arrange for meals, and other logistical needs.

Sponsoring organizations request the assistance of AmeriCorps NCCC teams by submitting a project application to the regional campus that covers that organization's state. The campuses provide assistance in completing the application, developing a work plan, and preparing the project sponsor for the arrival of the AmeriCorps NCCC team.

- ★ Sent teams to these areas of Maine: Bath, Wells, Rockport, Augusta, Saco, Sanford, Wells, Lincolnville, Rockport, Bryant Pond

PROJECTS COMPLETED IN MAINE

- ★ Team Deployed (# of Members): Buffalo 1 (9)
 - ◆ Base location during time in Maine: Bath
 - ◆ Date of project: 29-Apr-2013 to 31-May-2013
 - ◆ Local agency requesting assistance: Habitat for Humanity-Seven Rivers
 - ◆ Agency description: Habitat for Humanity-7 Rivers created successful homeownership opportunities for low-income families by building sustainable housing and repairing, weatherizing and winterizing existing homes. Traditionally, Habitat has helped many families leave dangerous and energy inefficient homes and become homeowners of safe, reliable, and efficient homes. The support provided by NCCC allowed more people to increase the energy efficiency of their home and reduce dependency on oil. The NCCC team supported this community improvement by performing basic carpentry, weatherization and winterization tasks, include caulking, insulation retrofitting, and constructing winter storm windows. The members acquired new skills, a better understanding of energy efficiency and an acute awareness of the unique needs of rural towns in Maine where the housing stock is among the oldest in the nation.
 - ◆ Project tasks: Conducted home energy audits, installed vapor barriers, caulked, applied foam and vent pipe sealing, constructed winter storm windows, replaced appliances and fenestration to increase home efficiency and reduce finance energy costs for home owners.

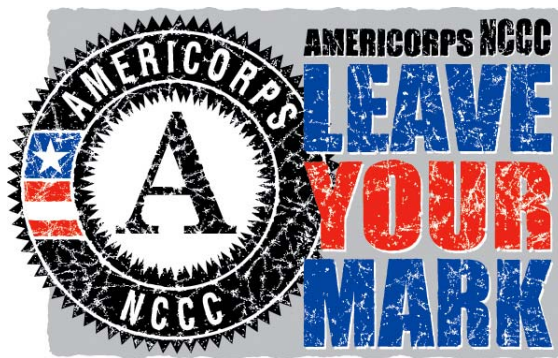
★ Team Deployed (# of Members): Buffalo 3 (7)

- ◆ Base location during time in Maine: Wells
- ◆ Date of project: 06-May-2013 to 31-May-2013
- ◆ Local agency requesting assistance: Wells National Estuarine Research Reserve
- ◆ Agency description: Wells is one of 28 Reserves in the National Estuarine Research Reserve (NERR) System established to improve the health of the nation's estuaries and coastal habitats. The mission of Wells NERR is dedicated to protecting and restoring coastal ecosystems of the Gulf of Maine through integrated research, stewardship, environmental learning, and community partnerships. The NCCC team supported this mission by performing invasive species management and removal, transplanted bushes and trees to create a visual buffer along entryway road, rototilled a larger Master Gardener garden, and supported the efforts of the rabbit habitat restoration project identified by the Reserve and the Rachel Carson National Wildlife Center. These activities benefited the local community and those who travel from around the world to view the sites and follow rare species of birds and other wildlife by ensuring a safe and accessible environment. The members of NCCC gained an awareness of our environment and efforts taken to preserve rare species of animal life. Each member developed their skill in maintaining public spaces, and how to safeguard the environment in a manner that is friendly to the ecosystem and natural wildlife.
- ◆ Project tasks: Removed invasive species, planted native shrubs, transplanted bushes and trees to create a visual buffer along entryway roads, rototilled a garden, and supported the efforts of the rabbit habitat restoration project

★ Team Deployed (# of Members): Buffalo 4 (9)

- ◆ Base location during time in Maine: Rockport
- ◆ Date of project: 22-Oct-2013 to 06-Nov-2013
- ◆ Local agency requesting assistance: Midcoast Habitat for Humanity
- ◆ Agency description: The mission of Midcoast Habitat for Humanity is to work in cooperation with the vision and principles of Habitat for Humanity International to end poverty housing in Knox County, Maine, and to enable an expanding number of persons from all walks of life to participate in this effort.
- ◆ Midcoast Habitat preserved existing housing and homeownership by improving the conditions of current homes and diminishing monthly utility costs. AmeriCorps NCCC members helped increase the capacity of this affiliate to achieve its mission by increasing the size of the existing ReStore. Members laid out perimeter walls, cut/installed still seal, cut/installed wall plates, framed gable end walls, lifted walls into place, cut overhang of existing structure, sheet/trimmed out roof, and installed siding, and performed all other steps necessary to build the new facility. Members involved with this project gained skills in building, basic carpentry, roofing, and installation of a new structure.
- ◆ Project tasks: Cut and installed still seal, wall plates, framed walls, roofed, and installed siding to construct new facility to increase capacity for Midcoast Habitat to meet the needs of families in Knox County, Maine.





★ Team Deployed (# of Members): Composite 3 (11)

- ◆ Base location during time in Maine: Augusta
- ◆ Date of project: 21-Jun-2013 to 22-Jul-2013
- ◆ Local agency requesting assistance: Appalachian Trail Conservancy
- ◆ Agency description: The mission of the Appalachian Trail Conservancy (ATC) is to preserve and manage the Appalachian Trail (AT) - ensuring that its vast natural beauty and priceless cultural heritage can be shared and enjoyed today, tomorrow and for centuries to come. An NCCC team was invited to support ATC's Boundary Program. The purpose was to protect the public's investment in the lands that surround the Appalachian Trail. The ATC with support from volunteers monitored and maintained more than 1,500 miles of the corridor's exterior boundary, from Tennessee to Maine. The best way to ensure that these lands remain conserved and to prevent encroachment upon them is to maintain a clear boundary line. NCCC members helped to protect the trail by repainting blazes and brushed out the line, keeping it well-marked and easy for our neighbors to identify. Members developed skill in navigating by compass, plant identification, reading surveys and deeds.
- ◆ Project tasks: Reclaimed trails, defined trail boundary, marked treeline, and cleared a safe passage for hikers on the Appalachian Trail and to prevent encroaching from residents and loggers.

★ Team Deployed (# of Members): Moose 1 (9)

- ◆ Base location during time in Maine: Saco
- ◆ Date of project: 21-Jun-2013 to 22-Jul-2013
- ◆ Local agency requesting assistance: Nature Conservancy - Maine Chapter
- ◆ Agency description: The Nature Conservancy's (TNC) mission statement is: "to conserve the lands and waters on which all life depends. The Saco Heath Preserve is a 1,200 acre preserve owned and managed by TNC in Saco, ME. The Saco Heath is a raised coalesced domed bog, a natural community type uncommon in southern Maine and home to two endangered species. At the southern end it features a mile-long boardwalk that has fallen into disrepair and become a safety concern. This site is heavily used by the public and despite the closure, visitors continue to hike the old boardwalk through the heath and trample sensitive vegetation in the process.
- ◆ Project tasks: With support from NCCC the boardwalk at the Saco Heath Preserve was repaired and opened once again for safe public use. Members dismantled old boardwalk, transported boardwalk and materials to the impacted area, precut decking boards and stringers, installed new boardwalk and re-vegetated any impacted areas along the trail with leaf litter and organic woody debris. Members gained skills in basic carpentry, hand and power tool use, trail building maintenance and construction, trail tool use and safety, and habitat restoration.

★ Team Deployed (# of Members): Moose 3 (6)

- ◆ Base location during time in Maine: Sanford
- ◆ Date of project: 03-Aug-2013 to 13-Sep-2013
- ◆ Local agency requesting assistance: City of Sanford
- ◆ Agency description: The City of Sanford's mission is to promote an improved quality of life for residents and increase visitor attractions to increase business retention and expansion. The NCCC members will mentor three (3) groups of junior high school/high school aged youth enrolled in one the towns programs designed to support at-risk youth. In addition to mentoring, members will build wooden benches, repair disc golf course, construct one acre dog park, and assist in maintaining several identified parks throughout the town. The completion of these tasks will improve the aesthetics of the city and promote service as a means for helping local youth to improve their quality of life. Members participating with this project will acquire knowledge of proper erosion control, basic carpentry and effective practices for mentoring youth.
- ◆ Project tasks: Mentoring youth, building wooden benches, repairing disc golf course, and constructing one acre Dog Park to aid in improving the overall quality of life for residents of the Town of Sanford

★ Team Deployed (# of Members): Phoenix (9)

- ◆ Base location during time in Maine: Wells
- ◆ Date of project: 13-Sep-2013 to 06-Nov-2013
- ◆ Local agency requesting assistance: Nature Conservancy - Maine Chapter
- ◆ Agency description: The Nature Conservancy's (TNC) mission statement is: "to conserve the lands and waters on which all life depends. The Saco Heath Preserve is a 1,200 acre preserve owned and managed by TNC in Saco, ME. The Saco Heath is a raised coalesced domed bog, a natural community type uncommon in southern Maine and home to two endangered species. The use of the NCCC fire team will help to conduct control burns in the area. Fire suppression is a way to manage overgrowth in the heath and to increase the resiliency of certain tree species that grow in the area. Members of the fire team will have an opportunity to conduct control burns and to learn more about the use of fire as a tool to help nature and the environment to develop in positive ways.
- ◆ Project tasks: Fire management to include prescribed burns and fire suppression. Support federal, state and local natural resource management in preserve valuable open spaces for local wildlife.

★ Team Deployed (# of Members): Raven 4 (8)

- ◆ Base location during time in Maine: Lincolnville
- ◆ Date of project: 21-Jun-2013 to 22-Jul-2013
- ◆ Local agency requesting assistance: Tanglewood, University of Maine
- ◆ Agency description: The mission of Tanglewood Learning Center is to teach Maine youth and adults to be effective and caring citizens of the earth through affordable environmental education and nature-based experiences. The Tanglewood camp facilities, which are used by camp, school and adult programs, and various community groups, was built in the 1930's by the Civilian Conservation Corps and is used formally by over 3,000 young people each year. Its trails are open to the public for year round hiking and skiing. The NCCC team will harvest 14 vegetable gardens, coded trails and bridges, and remove hazardous trees and process them for firewood. These tasks will allow Tanglewood



to continue offering affordable programs for youth at Tanglewood's beautiful 900 acre site, and facility improvements ensure a healthy and safe environment as well as historic preservation to some 47 camp buildings and 14 miles of wooded trails. The skills that NCCC members will gain include gardening, historical building preservation and recreational planning for youth.

- ◆ Project tasks: Gardening, firewood processing, pruning trees, trail and bridge coding, painting and minor facility repair to increase the capacity of the facilities for future programming

★ Team Deployed (# of Members): Raven 4 (7)

- ◆ Base location during time in Maine: Rockport
- ◆ Date of project: 23-Aug-2013 to 12-Sep-2013
- ◆ Local agency requesting assistance: Midcoast Habitat for Humanity
- ◆ Agency description: The mission of Midcoast Habitat for Humanity is to work in cooperation with the vision and principles of Habitat for Humanity International to end poverty housing in Knox County, Maine, and to enable an expanding number of persons from all walks of life to participate in this effort. Midcoast Habitat preserves existing housing and homeownership by improving the conditions of current homes and diminishing monthly utility costs.
- ◆ Project tasks: AmeriCorps NCCC members helped increase the capacity of this affiliate to achieve its mission by increasing the size of the existing ReStore. Members cutting and installing still seal, wall plates, framing walls, roofing, and installing siding to construct new facility to increase capacity for Midcoast Habitat to meet the needs of families in Knox County, Maine. Members involved with this project gained skill in building, basic carpentry, roofing, and installation of a new structure.

★ Team Deployed (# of Members): Raven 5 (9)

- ◆ Base location during time in Maine: Bryant Pond
- ◆ Date of project: 21-Jun-2013 to 22-Jul-2013
- ◆ Local agency requesting assistance: University of Maine: Bryant Pond
- ◆ Agency description: The mission of the University of Maine 4-H Camp and Learning Center at Bryant Pond is to educate and inspire people of all ages and backgrounds to value social, economic, and environmental sustainability and conservation through affordable, experiential learning.
- ◆ Project tasks: AmeriCorps NCCC members created trails within 172 acres of forest, develop raised beds, expand existing greenhouses, split and store firewood, repair and resurface ropes course, paint and stain cabins to increase access, the safety and aesthetics for students attending camp. Members increased their skills in trail blazing and maintenance, gardening, harvesting, planting, and increase their knowledge of effective ways to be positive environmental stewards.

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VOLUNTEER GENERATION FUND

OVERVIEW

The Volunteer Generation Fund (VGF) is a relatively new grant program under the a Corporation for National & Community Service. It was authorized by the 2009 Serve America Act and aims to increase the number of people who serve in meaningful volunteer roles addressing local critical needs.

The Fund supports efforts that expand the capacity of volunteer connector organizations to recruit, manage, support and retain individuals to serve in high quality volunteer assignments, including those that are aligned with special days of service such as Martin Luther King Jr, Day and the 9-11 Day of Service and Remembrance.

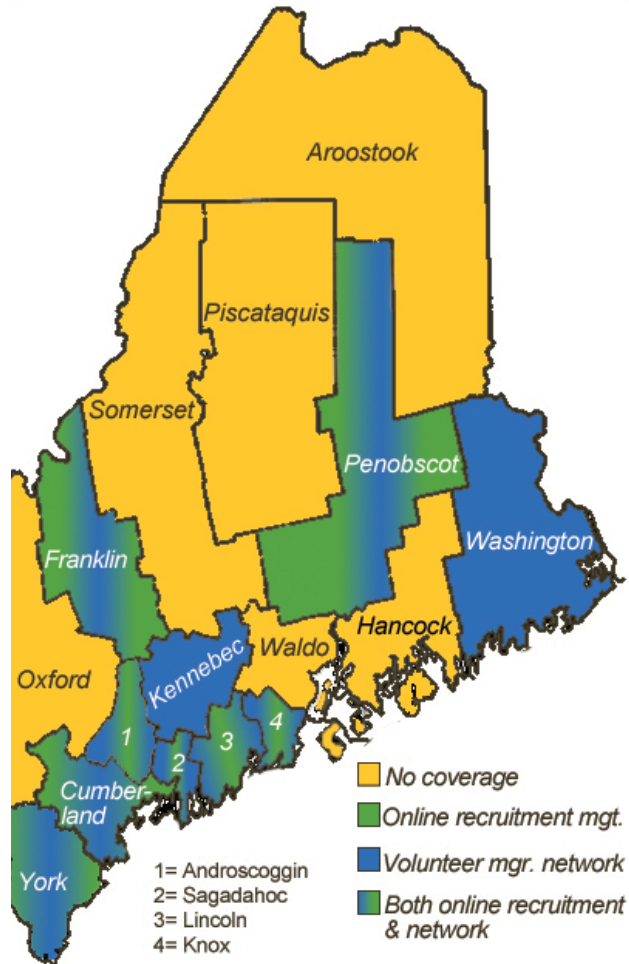
2013 MAINE HIGHLIGHTS

VOLUNTEER GENERATION FUND

- ★ 5 Volunteer centers supported
- ★ 2,611 volunteers were recruited to work on education, energy conservation, and health issues
 - ◆ 16,438 hours contributed to the local work by these volunteers
- ★ 8 Networks of Volunteer Managers funded to support coordination, organizing training, peer advising/networking
 - ◆ 426 managers of volunteers attended regional sessions (unduplicated count). On average, each network met 6 times during the year.
- ★ \$275,000 Federal Funding
- ★ \$183,783 Non-Federal Funds

In Maine, Volunteer Generation Fund grants help volunteer centers increase engagement of youth, young adults, and individuals 55+ in volunteer opportunities focused on education, energy, and health.

The Fund also promotes professional development of managers of volunteers through the support of peer networks and increasing training opportunities.



Organizations funded to establish or expand a regional volunteer center and peer network:

- ◆ United Way of Eastern Maine, Bangor
- ◆ United Way of Greater Portland, Portland
- ◆ United Way of Mid Coast Maine Bath
- ◆ United Way of the Tri-Valley Area, Farmington
- ◆ United Way of York County, Kennebunk

Organizations funded to support either a peer network of managers of volunteers or the online tool at VolunteerMaine.org for recruiting and managing volunteers:

- ◆ United Way of Androscoggin County, Lewiston
- ◆ MaineGeneral RSVP, Waterville
- ◆ Downeast Resource Conservation & Development Council, Cherryfield



VOLUNTEER GENERATION

UNITED WAY OF GREATER PORTLAND



BACKGROUND

- ★ Focus Area: Education
- ★ Service Activity Categories: Capacity Building, Increase Literacy Rates
- ★ Serving these areas of Maine: Cumberland County
- ★ Mission of this National Service program: Our mission is to build capacity in agencies that focus on education throughout the Cumberland County area. Our work is two-pronged: with a focus on increasing volunteers within specific demographics, as well as provide monitoring of best practices in volunteer management, through administration of Essential Volunteer Management Practices. By helping agencies to strengthen their internal volunteer policies and procedures, we ensure that each volunteer experience is of high quality and value to the individual. We are also coordinating with education agencies around increasing early grade reading rates.
- ★ Why National Service program is the best response: A majority of nonprofits rely heavily on volunteer assistance, but have little infrastructure to support these volunteers. Research shows many volunteers only stay with a nonprofit if they feel their time is well spent and that their work has made an impact, otherwise, they move on or, worse, simply stop volunteering. In addition to hiring part-time staff to assist with technical assistance, VGF funds, have allowed us to provide capacity building training (including training on volunteer management best practices) in multiple education organizations as well as several professional development trainings through our local Peer-to-Peer network,. In most schools in our area, the money is simply not there to support a strong internal volunteer structure. These funds allow us to assist part time or volunteer, volunteer coordinators by providing training, tools, scholarships, resources, and materials to more effectively meet the community need. In addition, we've been able to introduce a Workplace Volunteer Council in our area. Based on the model for the peer-to-peer network for agencies, we have held quarterly meetings with staff in for-profit organizations to facilitate networking and sharing best practices for employee volunteer programs.

COMMENTS FROM THE COMMUNITY:

Literacy Kits and Kindergarten Welcome Nights: "My daughter was SO excited to get her backpack with all the wonderful items inside. She took it with her everywhere and had to show everyone. It was a wonderful surprise and such a great program. Thank you!"
- Parent, Westbrook School District

"Devlyn is from a family that loves to read so although some of the backpack items were things we already had for him, the gift itself did help him get excited for Kindergarten. He was apprehensive about school, so everything positive surrounding this project helped generate excitement about learning."
- Parent, Westbrook School District

Workplace Volunteer Council of Greater Portland: "I just wanted to share with you how happy I am to have been a part of this morning's (WVCGP) meeting. I really soaked up all of the great ideas and I'm excited to share them with our Community Involvement Committee! Thanks for officially welcoming Roxanne and myself into your group! "
- Danielle,
MaineHealth

Portland Area Volunteer Administrators (PAVA): In response to the question - What have you found most helpful about attending PAVA meetings and/or trainings? "Working/sharing with other non-profits. Networking. Learning extremely useful information. Insightful trainings."

DATA SNAPSHOTS

★ Community volunteers recruited and engaged in the work:

	FFY 2012	FFY 2013
How many volunteers	1,941	2,861
Total hours of service	9,220	11,444
Average hours/volunteer	5	4

*Reflects data for Jan-Sept 2013.

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$33,000	\$33,000
State/local public funds and other federal funds	\$0	
Private donations/fundraising	\$0	
Private grants (including United Way)	\$27,792	\$35,898
Fee-for-service revenue	\$0	
In-kind materials and (pro bono) time or services	\$0	
TOTAL	\$60,792	\$63,898

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Training/ Capacity Building for Peer-to-Peer network

Because of CNCS funding, we were able to host, free of charge, four professional development trainings for members of our peer-to-peer network, Portland Area Volunteer Administrators (PAVA). PAVA is made up of volunteer managers and educators throughout Cumberland County. The group meets monthly for professional networking, trainings, and conversation around best practices for using volunteers to build capacity.


This year we have had 118 volunteer administrators participate in 10 meetings. Two trainings fell on our regularly scheduled monthly meeting times, while two required an additional meeting. The trainings included: a panel discussion on working with volunteers from different cultural backgrounds; Enhancing your Volunteer Orientation; Dealing with Sabotage and Personal/ Professional Conflict; and How to Calculate the ROI of your Volunteer Program.

We were fortunate to bring in a nationally-known trainer, Tony Goodrow, for the ROI training. We received very positive feedback from administrators using this new skill for sharing the successes of their volunteer programs with internal and external stakeholders.

★ Major partners in the work: University of Maine Cooperative Extension, Catholic Charities, Volunteer2, ABS Consulting, Institute for a Created Future

Second Accomplishment: Workplace Volunteer Council of Greater Portland (WVCGP)

The Workplace Volunteer Council of Greater Portland was developed by a request of several major companies in the area that were looking for an opportunity to get together and share ideas, challenges and learnings specific to employee volunteering.



The purpose of the council is to promote and strengthen workplace volunteerism and community involvement. Meetings are an opportunity to share best practices and network with others with similar responsibilities with community involvement and volunteering. We meet on a quarterly basis and have had meetings to discuss topics such as: collaborations and partnerships, Back to School, PTO policies, how to match community need to workplace volunteer's availability, etc.

We also held a meeting at Idexx so members could see, first hand, the Community Garden project designed by Idexx employees and learn more about how to develop a similar project and partnership at their own site.

As we move forward we are talking about projects that will work for collaboration and specific trainings. We have held six meetings since we started. Meeting attendance has been small, but interest is high, based on feedback (about 25 responded that they were interested in participating and keeping up-to-date). Through our meetings, we've been able to share ideas about program structure, back to school volunteer ideas, and connect companies to each other to share ideas about program design, volunteer recognition and agency contacts. In addition, we recently reached out to our members to participate on a panel for the annual Blaine House Conference on Service and Volunteerism.

★ Major partners in the work: Unum, Idexx, MaineHealth, Dead River

Third Accomplishment: Kindergarten Welcome Nights

This year, we added a new component to our annual Literacy Kit Project, Kindergarten Welcome Nights. Incoming Kindergartners in the Westbrook school system received their literacy kits (backpacks with a book, crayons, literacy games, pencils, etc.) when they attended their screenings in April.

In June, we held three Kindergarten Welcome Nights as a follow-up to these screenings, offering parents and students an opportunity to visit the school, meet teachers and classmates and receive a new book and literacy game. We also viewed as an opportunity to increase parent engagement by talking to families about the importance of engaging kids in learning activities throughout the summer.

Guests received a welcome from the superintendent and principal, information about additional resources in the community (summer reading challenge, library cards, etc.) then the school's literacy specialist the read book (giving parents tips on reading to their children) and showed them how to play their new literacy game.

In addition, one of the AmeriCorps volunteers developed a calendar of reading tips and things to do with your little ones over the summer, which we also distributed. The books for these nights as well as the printing for the calendars were purchased through VGF funds.

We leveraged the time and resources of some of our corporate partners by having them sponsor and assemble the literacy games through a team-building activity for their staff. We received very positive feedback from these nights and, going forward, we hope to hold similar nights with topics such as parent/teacher conferences, testing, etc.

★ Major partners in the work: Westbrook Elementary Schools, TD Bank, Robert W. Baird

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VOLUNTEER GENERATION UNITED WAY OF EASTERN MAINE



BACKGROUND

- ★ Focus Area : Education
- ★ Service Activity Categories: Mentoring for Educational Success, Student Engagement, School Readiness/ Head Start/Early Childhood Education, Food Security, Workforce Development
- ★ Serving these areas of Maine: Penobscot County
- ★ Mission of this National Service program: United Way of Eastern Maine's mission is to improve life through the caring power of people and communities. Our new Volunteer Center carries the same mission, with a focus on people as unparalleled and powerful resources toward solving community problems.
- ★ Why National Service program is the best response: Human capital is the one resource that is under-utilized and always available. To harness that resource, engaged leaders are necessary. By engaging one or more National Service staff or volunteers, it is possible to meet greater need with volunteers from the community.

COMMENTS FROM THE COMMUNITY:

DATA SNAPSHOTS

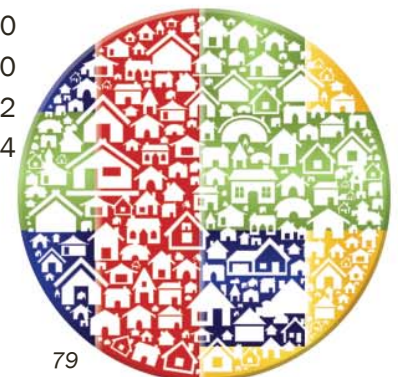
- ★ Community volunteers recruited and engaged in the work:

	FFY 2012	FFY 2013
How many volunteers	363	284
Total hours of service	10,902	13,176
Average hours/volunteer	3/month	4/month

- ★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$23,836	\$23,595
State public funds	\$0	\$0
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$21,246	\$21,246
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$3,742	\$3,742
TOTAL	\$49,824	\$48,584





MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: A major accomplishment of the United Way of Eastern Maine has been the ongoing support and coordination of the Eastern Maine Volunteer Coordinators (EMVC) Peer 2 Peer Network. Monthly meetings have included volunteer management training, sharing of best practices, as well as resource sharing and problem-solving assistance has sought to engender a culture of support and equip volunteer coordinators in Penobscot County in their positions.

The EMVC Peer 2 Peer network currently partners with 69 volunteer managers from 48 different agencies in Penobscot County. During 2013, monthly meetings utilized Betty Stalling's Training Busy Staff to Succeed with Volunteers: The 55-Minute Training Series. This training series was well received by network participants and in addition to providing valuable tools to volunteer coordinators, the series also sparked productive dialogue to troubleshoot current challenges.

Second Accomplishment: 2013 has been an exciting year of transition for the United Way of Eastern Maine Volunteer Center. The appointment of a new full-time Volunteer Center Coordinator has provided an exciting new perspective on our goals and trajectory for the future. Over the past six months in particular our own capacity has been significantly increased, thereby raising our ability to impact our service area. During this time, we have bolstered our visibility in the community by presenting at local schools, the Kiwanis Club, event centers, and volunteer fairs. Additionally, our annual Days of Caring saw great success in leveraging over 80 volunteers to clean up an unsafe and unusable area of land in Bangor. Through their efforts, 20-acres of land that had previously been a hot-bed of substance abuse and violence now has hope of being a safe recreational area in the coming year.

★ Major partners in the work: Bangor Area Homeless Shelter, Bodwell Center for Volunteerism

Third Accomplishment: This year has been an exciting time for the United Way of Eastern Maine Volunteer Center, most especially in regards to student volunteerism. We have established relationships with two local high schools in Penobscot County.

Hampden Academy hosted the First Annual Student Days of Caring which resulted in raising over 70 activities and games for the Big Brothers Big Sisters school based mentoring program. This event marks the beginning of what is sure to be a mutually beneficial relationship with UWEM: education to students on the value and importance of civic engagement and the leveraging of a rich volunteer population to raise non-profit capacity and impact.

★ Major partners in the work: Hampden Academy, John Bapst Memorial High School

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VOLUNTEER GENERATION FUND MAINE GENERAL RSVP



BACKGROUND:

- ★ Primary Focus Area: Peer to Peer Network
- ★ Service Activity Categories: Volunteer Management
- ★ Serving these areas of Maine: Kennebec County
- ★ Mission of this National Service program: Support the establishment of a peer to peer network for Kennebec County volunteer managers as well as provide regional administration and technical assistance to VolunteerMaine.org.
- ★ Why National Service program is the best response. Non-profit organizations rely on volunteers to help meet their mission and goals. Volunteer managers and their organizations have not had the support or education on best practices that a peer network offers to develop the infrastructure to support and grow this valuable resource.

The CNCS funding allowed for peer support networks, provided training, as well as technical/administrative support for VolunteerMaine.org to local nonprofit organizations.

DATA SNAPSHOTS:

★ Participants in the Peer Network:

In some cases, the purpose of the National Service grant is to be a catalyst for a strong infrastructure to support greater community volunteering.

	FFY 2012	FFY2013
How many participants	N/A	23
Total hours of service		152
Average hours/participant	Project did not exist	7

★ The Role of National Service Program Funds:

The funds to support the establishment of a peer to peer network for Kennebec County volunteer managers as well as provide regional administration and technical assistance to VolunteerMaine.org is important. It communicates the importance of strong volunteer programs that are essential in building strong communities and meeting local needs.

★ Program budget:

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2013
National Service Funds	\$13,484
Local public funds	\$2,019
In-kind (pro bono) time or services	\$6,142
TOTAL	\$21,645





MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Through the coordination and organizational effort of the Kennebec Peer to Peer Managers group, facilitated by MaineGeneral RSVP and Spectrum Generations, twenty three (unduplicated) volunteer managers, representing 16 organizations, attended five meetings during the 2013 calendar year.

This Peer to Peer network group provides an opportunity for volunteer managers to network, collaborate, share resources and best practices and enhance their professional development in the presence of their colleagues.

In addition, a mini-conference was held in December with 13 participants in attendance. The theme of the conference was “The Secrets to Marketing Your Volunteer Program”. Industry insiders from radio and print media shared with the attendees how to get the media coverage they’re looking for. The event was held at the Maine Children’s Home for Little Wanderers in Waterville.

★ Major partners in the work: Spectrum Generations; Maine Children’s Home and the organizations represented by the participants.

Second Accomplishment: In addition to the successful Peer to Peer group that was established that allows opportunities for volunteer managers to network, collaborate, share resources and best practices and enhance their professional development, technical assistance was provided for VolunteerMaine.org, the statewide volunteer recruitment and management web platform for Kennebec County.

A pro-bono consultant managed the Volunteer Maine website for Kennebec County. A manual was developed for the web site along with hands-on trainings and shared with individuals involved in volunteer recruitment and management; several informational mailings to non-profit organizations were completed; and information was passed out at Farmer’s Markets, local volunteer fairs, at events, conferences and workshops.

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VOLUNTEER GENERATION UNITED WAY OF MID COAST MAINE



BACKGROUND

- ★ Focus Area : Education
- ★ Service Activity Categories: Volunteer Recruitment, Volunteer Management
- ★ Serving these areas of Maine: Sagadahoc, Knox, and Lincoln Counties, Brunswick and Harpswell
- ★ Mission of this National Service program: To support and increase volunteerism throughout Knox, Lincoln and Sagadahoc counties, and Brunswick and Harpswell, among youth and young adults (ages 11-25) and adults age 55 and over to serve in programs that address local needs related to high school dropout prevention, increased high school graduation rates, and pursuit of post-secondary education.
- ★ Why National Service program is the best response: Volunteer engagement demonstrates that community members are invested in solutions that address local educational needs. Involving volunteers brings a diversity of experiences and knowledge to bear on issues that affect us all: the education of our children and the future of our country and world. This diversity can create partnerships with other organizations, businesses, and government agencies.

Maintaining a focus on education also allows the United Way of Mid Coast Maine to be more intentional with partner agencies that work exclusively on youth development. We can support volunteer engagement coordinators with professional development trainings, networking opportunities, and guidance around implementing best practices of the field.

Connecting with volunteers allows our program to make the case about why increasing high school graduation rates, decreasing dropout rates and increasing opportunities for post-secondary education and training is important. Volunteers can then go on to educate friends, family, and lawmakers about the importance of education and volunteerism.

DATA SNAPSHOTS

- ★ Community volunteers recruited and engaged in the work:

	FFY 2012	FFY 2013
How many volunteers	250	245
Total hours of service	300	294
Average hours/volunteer	1.2	1.2

- ★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$33,000	\$29,000
Private donations/fundraising	\$21,246	\$21,246
Private grants (including United Way)	\$21,016	\$25,411
In-kind (pro bono) time or services	\$3,919	\$3,7630
TOTAL	\$57,935	\$58,041





MAJOR ACCOMPLISHMENTS THIS YEAR

First accomplishment: The Bath Area Peer to Peer Network group has met for 2 years and continues to be a source of inspiration, help, and support for area volunteer administrators. They have met at least 6 times a year and each meeting has been centered around a topic. The Rockland Area Peer to Peer Network group has met for 9 meetings over the past year and has also been centered around a topic. A total of 27 organizations have attended the two groups' meetings. People who attend the meetings report that it is a valuable opportunity to connect with peers, share successes and obstacles, promote closer ties among organizations which can lead to collaboration and partnerships.

Professional development is a hallmark of the VGF grant. Because of the grant, our United Way was able to offer free workshops to area volunteer administrators on a variety of topics, such as writing effective service descriptions; creating a volunteer program; and recruitment of volunteers. Low-cost trainings were offered in Bath and Rockland where participants learned how to be effective leaders (Bath) and new ways to use social media to engage their volunteers (Rockland).

Comments from Bath conference: "Very emotional and enlightening. Love the positive attitudes." "I gained more from this conference than can be explained with words. It was emotional but not in a bad way." "Thank you for the knowledge and leadership tools you've given me today."

Comments from Rockland conference: "A helpful overview of all the social media sites—good reminders and helpful tips/tricks." "Better understanding of social media—my organization is not there yet so this was very informative." "I know more about how social media sites work so now I can use them better for my agency."

Second accomplishment: As a volunteer center, we have the pleasure of communicating the importance of community service/volunteerism to a wider audience. This year, once again during National Volunteer Week and in collaboration with the Volunteer Administrators of Midcoast Maine group, United Way contributed to the creation of a full page ad in the Times Record featuring 5 area non-profits that thanked their volunteers for their service. The United Way also worked with 5 different non-profits to showcase photos of their volunteers at work in the Times Record during National Volunteer Week. We also celebrate volunteerism in our annual report which goes out to about 1,000 people and in our annual Campaign video.

Our Community Read Aloud, celebrated on Dr. Seuss's birthday, brings together over 200 volunteer readers to read in area classrooms in Brunswick, Harpswell, Sagadahoc and Lincoln counties. The kids have really enjoyed having different folks come and read to them: "Thank you for coming to our school and reading about lobsters. I never knew how they fished in the olden days." "I loved the books you read. I liked your cool uniform." "It was really nice having you here to read to us. I hope you can do it again sometime."

Our other community service project culminated in the establishment of a Born Learning Trail on the campus of the new Waldoboro YMCA. A local high school student, a Big Brother Little Brother match, a local mother and son and other volunteers from youth serving organizations worked over two separate days to clear the trail area and build and install the trail for the use of parents, caregivers and kids to play and learn outside.

Third accomplishment: Our 18 month-long Reader Tutor Mentor Initiative worked in partnership with 6 non-profits: Girl Scouts of Maine; Big Brothers Big Sisters of Bath/Brunswick, Big Brothers Big Sisters of Mid-Maine; McKeen Center for the Common Good at Bowdoin College; Tri-County Literacy; and Volunteer Reader Network.

The goal was to help increase awareness about the need for volunteers as readers, tutors and mentors for youth. We had a goal of 400 volunteer readers, tutors and mentors by the end of December 2013. We surpassed the goal and had a total of 734 new volunteers commit to these organizations.

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VOLUNTEER GENERATION UNITED WAY OF ANDROSCOGGIN COUNTY



BACKGROUND

- ★ Focus Area: Education, Energy, Health
- ★ Service Activity Categories: Volunteer Generation/Education/Peer Network
- ★ Serving these areas of Maine: Androscoggin and Oxford County
- ★ Mission of this National Service program: United Way of Androscoggin County (UWAC) strives to increase the organized capacity of people in Androscoggin County to care for one another.
- ★ Why National Service program is the best response: Receiving CNCS funding is extremely important in building volunteer capacity for Androscoggin and Oxford County. Volunteer programs require support to be effective and support largely comes in the form of human capital. In order to provide human capital, an individual needs funding.

Without the CNCS funding, the peer networks and technical/administrative support for VolunteerMaine would not be available and therefore, be able to provide trainings for local nonprofit organizations, scholarships for professional development and more.

COMMENT FROM THE COMMUNITY

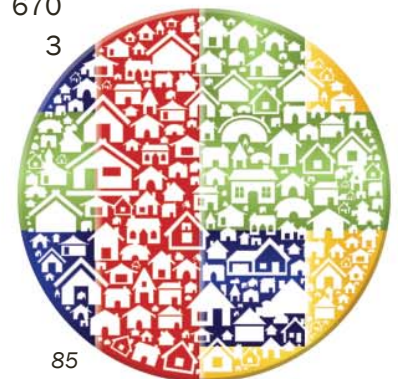
“Thanks to the VGF I was able to sit for the CAVS (Certified Administrator of Volunteer Services) exam in 2012. This exam is created by the AHVRP (Administration of Healthcare Volunteer Resource Professionals) and is highly recommended for hospital volunteer directors. Education budgets had been reduced or cut at my organization at the time and the VGF professional development fund was able to fund the exam fee which was \$275.”

The Androscoggin Volunteer Association (AVA) was able to successfully move forward with educational programs as well as help sponsor a spring 2013 volunteer leader conference for peer to peer networking among all of the state networks. The AVA is a great resource for Androscoggin volunteer leaders to meet once a month and share ideas, resources and experiences in our profession. (Sue Hedrich, DVS - Central Maine Medical Center)

DATA SNAPSHOTS

- ★ Community volunteers recruited and engaged in service through VolunteerMaine.org:

	FFY 2012	FFY 2013
How many volunteers	30	220
Total hours of service	540	670
Average hours/volunteer	18	3





★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$8,411	\$7,575
Private donations/fundraising	\$6,685	&7,837
Private grants (including United Way)	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$15,096	\$15,412

MAJOR ACCOMPLISHMENTS THIS YEAR

1. Peer to Peer Networks – Approximately 14 agencies participated in Peer Network meetings. 10 meetings were held and provided support and trainings to peer network members.
2. Trainings and Technical Assistance – Technical support provided to agencies for VolunteerMaine. Community outreach for VolunteerMaine site and importance of volunteerism in the community.
3. First Statewide Peer to Peer Networks Conference held at Dempsey Center - Statewide Volunteer Administrators Conference held in Lewiston hosted by AVA. Approximately 60 attended and all left with new resources and connections to help with their volunteer administrative efforts. New members have joined the AVA due to this conference and have recruited others.

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VOLUNTEER GENERATION

UNITED WAY OF THE TRI-VALLEY AREA



BACKGROUND

- ★ Focus Area : Education, Energy
- ★ Service Activity Categories: Mentoring for Educational Success, Energy Use Reduction, Volunteer Recruitment, Volunteer Management
- ★ Serving these areas of Maine: Franklin County and Androscoggin County towns of Livermore and Livermore Falls
- ★ Mission of this National Service program: United Way of the Tri-Valley Area supports a wide variety of volunteer activities including building the capacity of volunteers in Greater Franklin County through the Franklin Volunteer Network; increasing mentoring opportunities through Girls Talk/Teen Voices and the Lunch Buddy program; and supporting weatherization initiatives such as The Community Energy Challenge.
- ★ Why National Service program is the best response: Volunteerism is the heartbeat of a community. Creative, grassroots efforts and large-scale national service initiatives empower individuals to make a difference, improving the health of a community and increasingly research shows, the health of the volunteer.

Volunteers stretch the limited resources of communities and organizations; and a coordinated approach to volunteerism through National Service programs builds long-term community capacity. National Service programs help communities become increasingly resilient in the face of economic challenges and natural disasters as well. Lastly National Service programs help appropriately train and support eager volunteers, and help ensure that volunteer managers achieve core competencies thereby ensuring a professional field with well-trained stewards of volunteers and the impactful programs they support.

COMMENTS FROM THE COMMUNITY

I work for a state entitlement program and working with volunteers building interior storm window panels renews my faith in people. I see a lot of people challenging the system but these volunteers who receive fuel assistance have been asked to give back and they definitely are, and they are proud of it.

–Community Energy Challenge volunteer

Volunteering changed my life. In today’s crazy society, it is hard to ‘teach’ something as great as this in the classroom, and still have everyone understand that it has a purpose. It does. This is a more valuable experience than anything that you will ever get in a book, pamphlet, or educational website. That is how caring for one another was brought into a classroom. It has made, and will be making, a humungous influence on so many students’ lives. That is how the Katahdin Philanthropy Project was born.

– Andrea Jones, Mt. Blue Middle School student on her coordination of Mt. Blue Cares for the Community, a United Way Days of Caring event

“I love my grandparents very much. {Volunteering at Pinewood Terrace Assisted Living Facility} was my opportunity to talk to other people’s grandparents, a lot of who don’t have much family to visit them.”

-UMF student volunteer

“I love getting to know these girls while encouraging them to read. The best part about this program is listening to the proactive, intelligent and caring conversations that are fostered through our volunteers, the literature and the activities.”

-Girls Talk/Teen Voices Mentor



DATA SNAPSHOTS

★ Community volunteers recruited and engaged in service

	FFY 2012	FFY 2013
How many volunteers	4,300	4,186
Total hours of service	205,300	178,667
Average hours/volunteer	45	42

★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$33,000	\$33,000
State public funds	\$0	\$0
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$0	\$8,350
Private grants (including United Way)	\$10,134	\$2,000
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$34,166	\$30,349
TOTAL	\$77,300	\$73,699

MAJOR ACCOMPLISHMENTS THIS YEAR

Peer Network: The Franklin Volunteer Network (FVN) was reinvigorated in 2008 when the UWTVA Area received seed money from the Maine Commission for Community Service. During that year, the membership was 23. In 2013, 103 volunteer coordinators and managers have participated in the offerings of our peer-to-peer network: trainings, meetings, recognition events, and volunteer opportunities listings. Over the last two years, those attending meetings at least once annually has held somewhat steady at 38 while 50 members are in active communication with the Volunteer Center Coordinator.

Distance and time are critical factors in limiting participation at monthly meetings. After two years of planning and coordination with regional partners, Tandberg video-conferencing technology is up and running in 2013 at the Rangeley Public Library, Phillips Library, and Farmington Adult and Community Education office. Additional collaborative efforts have connected Jay, Orono, and Rockland. This connectivity will allow members to attend both trainings and meetings virtually at their local library, school, or Adult Ed office throughout Greater Franklin County.

★ **Major partners in the work:** Androscoggin Home Care and Hospice, Franklin Community Health Network, EnCorps Leadership Program, Mount Blue School District, University of Maine at Farmington, Western Maine Community Action, Literacy Volunteers, Sexual Assault Prevention and Response Services, and Safe Voices.

Volunteer Center: While we have used technology to engage volunteers, our effort at the United Way of the Tri-Valley Area in establishing a successful Volunteer Center has been achieved primarily by building face to face relationships.

It may take a bit of time to connect community members, recruit volunteers, and build sustainable pro-

grams based on human interaction, but we have demonstrated success. Our location as a United Way is rather unique in that it is on “Main St” in downtown Farmington. This gives us visibility and accessibility for individuals seeking volunteer opportunities and services. We are finding often these intersect, once a conversation is begun, individual needs surface: economically, psychologically, and socially.

In three short years, volunteerism has become part of UWTVA’s culture. UWTVA is excited with the vast potential we see as a result of our “out of the box” creative thoughts and actions to engage people from all walks of life and with varying abilities. Our Volunteer Center is increasingly seen as a one-stop shop for connecting to volunteer opportunities throughout the community, and our robust volunteer-based programs include The Community Energy Challenge, Buttons for Babes, and Days of Caring. These programs coordinated by the UWTVA are creative and fluid yet impactful. We are engaging skilled volunteers; many are under-employed, unemployed, or retired, some of these folks have varying abilities or disabilities.

★ What it took to do this

34	Hours per week for Volunteer Center Coordinator
824	Volunteers engaged through the UWTVA (This does not include Franklin Volunteer Network member volunteers which is reported on later)
10,313	Volunteer hours
\$33,000	Cost to support this National Service volunteer effort
\$173,671	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Many volunteers including UWTVA’s Board of Directors, Allocations Committee, Campaign Cabinet, office support staff, program coordinators, householders, students, older adults, people with varying abilities and/or disabilities, and Franklin Volunteer Network members.

Days Of Caring: For a third year in a row, and due to funding from the VGF, the United Way of the Tri-Valley Area engaged volunteers in multiple “Days of Caring.” offering 10 opportunities over the course of 17 days from June until November.

Projects included painting, building interior storm window panels, stuffing backpacks, supporting local festivals, and a food drive/food sculpture building contest. Projects supported our local animal shelter and food pantries, historic landmarks, annual festivals and events, older adults, those with disability and those less fortunate. Of the 171 volunteers, 150 were new volunteers serving 647 hours, 99 are youth and young adults while 37 are older adults. Positive community impact spread far and wide as volunteers did things they liked to do when they could do it!

★ What it took to do this

10	Completed units of service (projects)
171	Volunteers involved in this effort
760	Volunteer hours
\$6,389	In-kind value of materials and professional work donated
\$19,187	Comparable commercial or market unit cost without volunteers

★ Major partners in the work: Many local groups were involved including Farmington Rotary and Interact, University of Maine at Farmington, Farmington Historical Society, the Franklin County Animal Shelter, Big Lots, TD Bank, Foothills Management, the American Lung Association, Crossroads International Celtic Festival, Franklin County EMA, Mount Blue Middle School Philanthropy Group, and the Community Energy Challenge.



The Community Energy Challenge: The Community Energy Challenge (CEC) is a Greater Franklin County volunteer-based winterization initiative.

A simple, low-cost strategy of interior storm window panels keeps heat inside homes during the harsh winter months and encourages homeowners to make positive changes in their energy consumption. Homeowners participate in workshops when possible, and become more proactive in their homes and lives.

In 2013, the major focus was on installing window panels in multiple subsidized housing in southern Franklin County and engaging the primarily older adult and disabled population who live in these units to volunteer. Since the program's inception in 2009, 405 volunteers have served a total of 9,966 hours building and installing 1803 interior storm window panels for 307 households and 16 public buildings for an estimated energy savings of \$71,940 annually. This number will grow exponentially as panels we are currently building are installed and another season is realized on panels already built and installed.

★ What it took to do this

386	Completed units of service (window panels) in 2013
109	Volunteers involved in this effort
2,126	Volunteer hours
\$8,373	Cost of materials
\$15,440	Comparable commercial or market unit cost without volunteers
\$16,012	Annual energy savings

★ Major partners in the work: Many individuals, groups and businesses are involved including the Maine Commission for Community Service, the Corporation for National and Community Service, the Maine Community Foundation, Western Maine Community Action, Foster Technology Center, Foothills Management, Hammond Lumber, Farmington Rotary's Interact and Rotaract groups, Madison Ave Associates, Bob Behre, Aubuchon Hardware, the Farmington Historical Society, and Window Dressers of Maine, Mount Blue School District, the Philanthropy Group at Mount Blue Middle School, and the University of Maine at Farmington.

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VOLUNTEER GENERATION UNITED WAY OF YORK COUNTY



BACKGROUND

- ★ Focus Area : Education, Environment
- ★ Service Activity Categories: School Readiness/Education/Volunteer Generation/Energy Use Reduction
- ★ Serving these areas of Maine: York County
- ★ Mission of this National Service program: United Way of York County (UWYC) strengthens community by bringing people and resources to effect long lasting changes in community conditions that improve lives.
- ★ Why National Service program is the best response: Receiving Corporation for National and Community Service (CNCS) funding is extremely important in building volunteer capacity for York County programs.
- ★ Without the CNCS funding, the Volunteer Center staff position at UWYC would be part-time and would not provide trainings for local nonprofit organizations, scholarships for professional development and more. Nonprofits throughout the county have indicated the importance of support from the Volunteer Center. Most nonprofits are busy accomplishing their missions and do not have the time and resources to recruit and maintain volunteers that are so vital to supporting their work.

COMMENTS FROM THE COMMUNITY:

“Thank you to York County United Way; we could not have asked for better volunteers, weather, and overall volunteer day. Looking forward to next year already.”

“United Way always does a great job organizing this event. We always have great volunteers who do an excellent job.”

“United Way staff was great to work with and were very thorough. The kids from Biddeford HS were great and may contact me for future volunteer opportunities with the Caleb Groups summer youth program.”

DATA SNAPSHOTS

- ★ Total York County Volunteers who do the work:

	FFY 2012	FFY 2013
How many volunteers	7,702	7,110
Total hours of service	56,797	40,329
Average hours/volunteer	7	5.67

- ★ Status of requests for service or unmet need: Currently, York County agencies are facing tough economic times and are regularly cutting positions. The lack of staff capacity requires more volunteers to meet those needs and better volunteer management is the key to success.
- ★ The role of National Service Program Funds: Donations and foundation funding do not typically support volunteer center work and capacity building is not easy to communicate to the general public. Communicating the message and importance of strong volunteer programs does not generate funding. National Service funding allows us to provide innovative solutions to engagement. In 2013, UWYC started the Service Enterprise Initiative that provides training and consulting to nonprofit organizations on how to effectively engage community members to achieve mission.



★ Program Budget

National Service grants come from appropriations to the Corporation for National and Community Service.

	FFY 2012	FFY 2013
National Service Funds	\$23,574	\$34,161
State public funds	\$0	\$0
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$16,487	\$59,092
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$2,034	\$3,064
TOTAL	\$42,095	\$96,317

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: In 2013, UWYC held seven (7) peer network meetings with 72 unique attendees from area organizations that included nonprofits, schools, local businesses, local chambers, and local towns.

In addition to the seven peer network meetings, UWYC's Volunteer Center provided five (5) scholarships to York County peer network members to attend the Blaine House Conference in October and held four (4) trainings for managers of volunteers and volunteer leaders.

The peer network meetings serve as a time for volunteer coordinators to share best practices and learn from each other. The trainings serve as a time for volunteer leaders and coordinators to learn from experts.

★ What it took to do this

- 68 Hours Completed to prepare and conduct trainings and meetings
- 72 Number of organizations effected
- \$18.35 Program cost per unit of service due (per meeting/training): no cost to participants since this was funded by Volunteer Generation Fund
- \$194.94 Comparable commercial or market unit cost without volunteers

★ Major partners in the work: HandsOn Network, Southern Maine Community Organizations Active in Disaster, the Kennebunk, Kennebunkport and Arundel Chamber of Commerce, the University of New England, Big Brothers Big Sisters of Southern Maine, the MSAD 60 Community Engagement Center, Heart of Biddeford, Volunteers of Northern New England, United Way of Androscoggin, Androscoggin Volunteer Administrators, members of York County DOVIA (Directors of Volunteers in Agencies), Volunteer Administrators of Midcoast Maine, Maine Commission for Community Service, and the Corporation for National and Community Service.

Second Accomplishment: The United Way of York County (UWYC) was able to expand upon our already successful days of service. In 2013, we held three (3) days of service.

Prior to funding, UWYC held our annual Day of Caring in June, but this year, we held our Day of Caring, a county-wide volunteer food drive on 9/11 Day of Remembrance, and a day of service for Keep York County Warm on Family Volunteer Day in November.

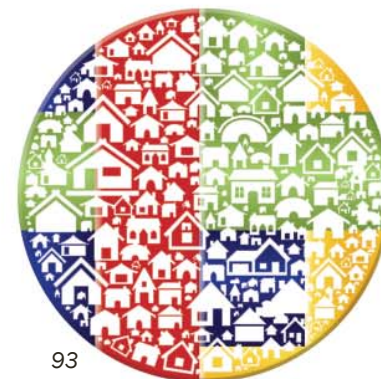
- ◆ On June 5th, 1,005 volunteers came out to complete 89 projects throughout York County on our annual Day of Caring.
- ◆ On September 11th, approximately 50 volunteers supported food distribution sites at each of our local chambers.
- ◆ On November 23rd (National Family Volunteer Day), 35 volunteers helped build custom-fit window inserts for low-income and disabled homeowners to have their homes weatherized for the cold months. Throughout the course of the Keep York County Warm weatherization project, 116 volunteers supported the effort.


✦ What it took to do this

68	Completed units of service
44	Number of homeowners who were affected (beneficiaries of Keep York County Warm)
48	Number of organizations who were effected (beneficiaries of Days of Service)
\$93.50	Program cost per unit of service due (per meeting/training): no cost to participants since this was funded by Volunteer Generation Fund
\$3,000	Comparable commercial or market unit cost without volunteers

✦ Major partners in the work:

Unum	Community Partners, Inc.	the Caleb Foundation
Bonanza	Ethel's Tree of Life	The Kennebunkport Historical Society
Cummings	Ever After Mustang Rescue	the New School
Lamont and McNamee	Goodall Hospital	The Pines
Evonik	Heart of Biddeford	Town of Wells
Hussey Seating	HomeHealth Visiting Nurses	Truslow Adult Day Center
Jagger Brothers	KBIA	Rachel Carson Wildlife Refuge
Nestle Water	Kennebunk Land Trust	Waban
Pratt and Whitney	Kennebunkport Parks and Recreation	Wells Activity Center
Southern Maine Medical Center	LeDawn Therapeutic Riding Center	Wells Reserve at Laudholm Farms
Wasco	Lebanon Schools	York County Shelter Programs
Saco and Biddeford Savings	Middle School of the Kennebunks	York Land Trust
Biddeford Savings	Mt. Agamenticus Conservation Program	York County Chambers of Commerce
Habitat for Humanity York County	Northern York County YMCA	Maine Commission for Community Service, and
Deering Lumber	Ocean Park Association	Corporation for National and Community Service
Biddeford Regional Center for Technology	River Tree Arts	
Saco Universalist Unitarian Church	Saco Bay Trails	
Thornton Academy	Sanford Parks and Recreation	
Avesta Housing	Sanford YMCA	
Biddeford Parks and Recreation	Seashore Trolley Museum	
Biddeford 50+ Club	Springvale Public Library	
Camp Laughing Loon	St. Louis Child Development Center	
Caring Unlimited	Strategies for a Stronger Sanford Sweetser	
Child Care Services York County		
Community Bike Center		
Day One		





Third Accomplishment: United Way of York County (UWYC) in partnership with the Maine Commission for Community Service (MCCS) was selected to administer the Service Enterprise Initiative by Points of Light.

The Service Enterprise Initiative gives UWYC and the MCCS access to curriculum, assessment, and training tools that will help area nonprofit organizations become certified Service Enterprises, which means those organizations will become effective in engaging community members to achieve mission. Service Enterprises are proven to have stronger leadership and management, engage and manage volunteers well, and engage more skilled volunteers. This is a national pilot initiative that puts Maine on the cutting edge of volunteer engagement. UWYC selected nine (9) area nonprofit organizations to participate in the coming year.

★ *Major partners in the work:* The Maine Commission for Community Service, Points of Light, HandsOn Network, and the Corporation for National and Community Service

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